

CURRICULUM VITAE

A. PERSONAL

NAME Alberta Eveline Pos, Phd, C. Psych.
Associate Professor – Tenured

CONTACT Department of Psychology, 108B Behavioural Sciences Building
Faculty of Health, York University
4700 Keele Street, Toronto, ON M3J 1P3
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DEGREES, LICENSURES, AND COLLABORATIVE PROGRAMS

- 2007- COLLEGE OF PSYCHOLOGISTS OF ONTARIO (REGISTRATION #4414)
Areas of Practice: Adult Clinical, psychotherapy and assessment (adults, couples)
- 2000-2006 Ph.D. (Psychology; Adult Clinical Stream)
York University
Thesis: Experiential treatment for depression: A test of the experiential theory of change, differential effectiveness and predictors of maintenance of gains.
- 1996-1999 M.A. (Psychology)
York University
Thesis: Depth of Experiencing during emotion episodes and its relationship to core themes and outcome.
- 1993-1996 B.Sc., Honours (Psychology)
University of Toronto, ON
Thesis: Posture and Temperament.

EMPLOYMENT HISTORY

- July 2012-present **Associate Professor of Clinical Psychology, (Tenured)**
Department of Psychology
York University
- Jly 2007-12 Assistant Professor of Clinical Psychology, (Tenure Track Stream)
Department of Psychology
York University
- 2006-07 Post Doctoral Fellowship Researcher, Centre for Addiction and Mental Health
Toronto. Supervisor: Dr. Shelley McMain, Phd, C.Psych. Clinic Head, Borderline Personality Disorder Clinic.
- 2007 Sessional Lecturer, Department of Psychology, University of Toronto.

- 1994-1996 Research Assistant, for Dr. C Morf, Department of Psychology, University of Toronto, ON
- 1985-1992 Alternative Health Practitioner in private practice:
Soma Neuromuscular Integration
Feldenkrais Functional Integration/Awareness Thru Movement®.

SCHOLARSHIPS

- 2006–2007 Postdoctoral Fellowship, Centre for Addiction and Mental Health)
- 2004-2005 APPIC Internship- Center for Addiction and Mental Health, Toronto
- 2002-2003 Ontario Graduate Scholarship, Province of Ontario
2000-2002 Social Sciences and Humanities Research Council, Doctoral Fellowship.
Government of Canada
- 1998-1999 Ontario Graduate Scholarship, Province of Ontario
1996-1997 York University Entry Scholarship, York University
1996 Woodsworth College Graduation Prize for overall GPA, University of Toronto
1996 Association of Part-time Students Scholastic Award, University of Toronto.
Dean's list, Faculty of Art's and Science, University of Toronto
1995 J. W. Biles Undergraduate Fund Award, Woodsworth College, University of Toronto
1973 Ontario Scholar, Province of Ontario

ACADEMIC HONOURS & AWARDS

- 2017 January YUPC Supervisor Award for the year for outstanding clinical supervision.**
- 2015 Leadership Award, Society for the Exploration of Psychotherapy Integration.
- 2012 Dean's Catalyst Award , Faculty Of Health, York University
Course release
- 2011 New Researcher Award, Society for the Exploration of Psychotherapy Integration.
- 2007 Canadian Psychological Association award of excellence in doctoral research. Canadian Psychological Association
-

B. SCHOLARLY AND PROFESSIONAL CONTRIBUTIONS

1. PUBLICATIONS

BOOK CHAPTERS

1. Pos, A. E. & Choi, B. (in press). Relating Process to Outcome in Emotion-Focused Therapy. Rhonda Goldman & Leslie Greenberg (Eds.). The clinical handbook of Emotion-focused therapy. Publication

ETA 2017, DC, APA

2. Pos, A. E. & Paolone (in press) EFT for Personality Disorders (submitted). Rhonda Goldman & Leslie Greenberg (Eds.). *The clinical handbook of Emotion-focused therapy*. Publication ETA 2017, DC, APA
3. Watson, J. K & Pos, A. E. (2017). Humanistic and Experiential perspectives on depression. In R. DeRubeis and D. Strunk (editors) *The Oxford handbook of mood disorders*. Oxford University Press. Online publication (2016) .DOI:10.1093/oxfordhb/9780199973965.013.39
4. Pos, A. E., Greenberg, L. S., Auszra, L., & Ellison, J., (2013). Das Arrive at Peace Training für emotionale Kompetenz für Frauen in Führungsposition: Überblick und Pilotstudie. In H. Breuninger & A. Sellschopp: *Von der Kunst der guten Führung [The Art of Good Leadership]*, pp. 83- 100, Stuttgart, Germany: Breuninger Stiftung.
5. Mortl, K., Kinoha, H., Pos, A. E. (2013). Fuhrings-Positionen von Frauen. Eine qualitativ-empirische Typenbildung zu emotionalen Dilemmata. In H. Breuninger & A. Sellschopp: *Von der Kunst der guten Führung [Female Leaders: A qualitative analysis of faced emotional dilemmas]*, pp. 101- 124., Stuttgart, Germany: Breuninger Stiftung.
6. Rennie, D., Bohart, A. & Pos, A. E. (2010). Eugene Gendlin. In L. G. Castonguay, C. Muran, L. Angus, J. Hayes & T. Anderson (Eds.) *Understanding change through the work of leading clinical researchers: Legacies from the Society for Psychotherapy Research*. American Psychological Association Press: Washington D.C., USA.
(Involved in writing and editing the chapter, making it more accessible to the intended audience-both D Rennie and A Bohart can address my contribution.)
7. Pos, A. E., Greenberg, L., & Elliott, R., (2008). Experiential therapy. In J. Lebow (Ed). *Twenty-First Century Psychotherapies* (pp 80-122). NY: Wiley.
(75% Main author, wrote all sections of the chapter except research review (Dr. Elliott), Dr. Greenberg's contribution was mainly in the clarification of some concepts and editing Process, Dr Greenberg is the most likely to be able to address my contribution.)
8. Pos, A. E. & Greenberg, L. S. (2007). Emotion-Focused Therapy. In K. Jordan, (Ed.) *The Theory Reference Guide: A Quick Reference for Expert and Novice Mental Health Professionals* (pp. 285-298). Hauppauge, NY: Nova Science Publishers.
(Structured and wrote the chapter- 85% contribution, Dr Greenberg's contribution was in the editing phase)

ARTICLES IN REFEREED JOURNALS

Underlined authors are students of Dr. A Pos

1. Colosimo, K., Nissim, R., Pos, A. E., Hales, S., Zimmermann, C., & Rodin, G. (2017). "Double Awareness" in Psychotherapy for Patients Living With Advanced Cancer. *Journal of Psychotherapy Integration*. Advance online publication.
2. Pos, A. E., Paolone, D. A., Smith, C.E. & Warwar, S. H. (2017) How does client expressed emotional arousal relate to outcome in experiential therapy for depression? *Person-centered and Experiential Psychotherapies*, 16(2), 173 – 190.
3. Ianakieva, I., Fergus, K., Ahmad, S., Pos, A. E., & Pereira, A. (2016). A Model of Engagement Promotion in a Professionally Facilitated Online Intervention for Couples Affected by Breast Cancer. *Journal of Marital and Family Therapy*. DOI: 10.1111/jmft.12172
4. Choi, B., Pos A. E. & Magnusson, M. (2015). Emotional Change Process in Resolving Self-criticism during Experiential Treatment of Depression. *Psychotherapy Research*, 26(4), 484-99
DOI: 10.1080/10503307.2015.1041433T

5. Colosimo, K & Pos, A. E. (2014). A Rational Model of Expressed Therapeutic Presence. *Journal of Psychotherapy Integration*, 25(2), 100-114. doi.org/10.1037/a0038879
6. Malin, A. & Pos, A. E. (2014). The impact of early empathy on alliance building emotional processing and outcome during experiential treatment of depression. *Psychotherapy Research*, 25(4), 445-459. DOI:10.1080/10503307.2014.901572
7. Wong, K. & Pos, A. E. (2014) Interpersonal processes affecting early alliance formation in experiential therapy for depression. *Psychotherapy Research* , 24(1),1-11. DOI: 10.1080/10503307.2012.708794
8. Pos A. E. (2013). Emotion focused therapy for avoidant personality disorder: Pragmatic considerations for working with experientially avoidant clients. *Journal of Contemporary Psychotherapy*, 44, 127-139. DOI 10.1007/s10879-013-9256-6
9. Pos, A. E. (2012). Bootstrapping a program of research by learning to follow loose ends. *Journal of Psychotherapy Integration*, 22(3), 171-186. DOI: 10.1037/a0029574
10. Geller, S., Pos, A. E., & Colosimo, K. (2012). Therapeutic Presence: A fundamental common factor in the provision of effective psychotherapy for *Psychotherapy*. *Psychotherapy Bulletin*, 47(3), 6-13.
11. Pos, A. E. & Greenberg, L. S. (2012). Organizing awareness and increasing emotion regulation: Revising chair work in Emotion-focused therapy for borderline personality disorder J Livesley & G. DiMaggio (Eds). (Special Issue) *Journal of Personality Disorders*, 26(1), 84-107.
12. McMMain, S., Pos, A. E. & Iwakabe, S. (2010). Facilitating Emotion Regulation: General Principles for Psychotherapy. *Psychotherapy Bulletin*, 45(3), 17-21
13. Pos, A. E. & Greenberg, L. S. & Warwar, S.H. (2009). Testing a Model of Change for Experiential Treatment of Depression. *Journal of Consulting and Clinical Psychology*, 77(6), 1055-1066.
14. Greenberg, L. S., Elliott, R., Pos, A. E. (2008). Emotion-focused therapy: An overview. *European Journal of Experiential Psychotherapy*, 7, 19-40.
15. McMMain, S., Wnuk, S., Pos, A. E. (2008). Enhancing emotion regulation: An implicit common factor among psychotherapies for Borderline Personality Disorder. *Psychotherapy Bulletin*, 43(3), 29-35
16. Pos, A. E. & Greenberg, L. S. (2007). Emotion-focused therapy: The transforming power of affect. In D. Cain & J. Seeman (Eds), Special Issue: Contributions of humanistic psychotherapies to the field of psychotherapy. *Journal of Contemporary Psychotherapy*, 37(1), 25-31.
17. McMMain, S. & Pos, A. E. (2006). Advances in Psychotherapy for Personality Disorders: A research update. *Current Psychiatry Reports*, Personality Disorders Section, 9 (1), 46-52. (Section Editor: Michael Paul Links, MD.)
18. Goldman, R., Greenberg, L. S. & Pos, A. E. (2005). Depth of Emotional Experience and Outcome. *Psychotherapy Research*, 15(3), 248-260.
19. Pos, A. E., Greenberg, L. S., Goldman, R. & Korman, L. (2003). Emotional processing during experiential treatment of depression. *Journal of Consulting and Clinical Psychology*, 71 (6), 1007-1016.

PUBLISHED ABSTRACTS

1. Pos, A. E., Bassel, C. & Schiff, B. (2000). Standing Posture: Its measurement and relationship to emotional processes. In A. Kappas (Ed.) *Proceedings of the XI Conference of the International Society for Research on Emotion*, Quebec City: Laval University.
(95%- designed the study, ran subjects, developed coding system, trained coders, data analysis-write-up; Dr. B Schiff – University of Toronto- retired, would be most able to address my contribution.)
2. Pos, A. E. & Greenberg, L.S. (2000). Emotional processing in experiential treatment for depression. In A. Kappas (Ed). *Proceedings of the XI Conference of the International Society for Research on Emotion*, Quebec City; Laval University.
(95% Related to Masters 2003 publication- see above)

BOOK REVIEWS

1. Pos, A. E. (2016). Requested reviewer of S. Geller's *A Practical Guide to Cultivating Therapeutic Presence*. Washington, DC. APA.
2. Pos, A. E. (2010). Requested reviewer of Paivio, S.& Pascual-Leone, A. *Emotion-focused therapy for complex trauma*, Washington, DC: APA. (published on cover)
- 3.. Pos, A. E. (2007). Review of Miller "Dialectical Behavior Therapy with Suicidal Adolescents." *Cross Currents: The Journal of Addiction and Mental Health*, online publication, Centre for Addiction and Mental Health. Autumn, Vol. 11:1.

PEER REVIEWED PAPERS READ AT SCIENTIFIC MEETINGS (underlined =students of A. Pos)

1. Choi, B. & Pos A. E. (2017). Emotional change processes in self-critical subtypes of depression during experiential treatment. Paper in panel session presented at the 48th annual meeting for the Society for Psychotherapy Research in Toronto, June 21-24, 2017.
2. Ferreira, N, & Pos A. E. An examination of need expression during the resolution of major depression: A mixed method study. Paper in panel session presented at the 48th annual meeting for the Society for Psychotherapy Research in Toronto, June 21-24, 2017.
3. Rinaldi, G. & Pos, A. E. The importance of emotion schematic change to long-term outcomes after experiential treatment for depression. Paper in Panel session presented at the 48th annual meeting for the Society for Psychotherapy Research in Toronto, June 21-24, 2017.
4. Pos, A. E. Wong, K. (2016). CAMS versus Experiencing : Which emotional processing measure best predicts resilient long term change and for whom during experiential therapy for depression. June 25, 2016. Jerusalem, Israel.
5. Pos.A. (2016). The client drives the integration bus. Paper in panel. Annual Meeting of the Society for Psychotherapy Research, Jerusalem, Israel, June 23, 2016).
6. Pos A. E. (2015) *Mindfulness in Emotion-focused Therapy*. Paper in panel. Annual Meeting of the Society for the Exploration of Psychotherapy Integration, June 2015, Baltimore, Maryland, USA.

7. Pos A. E. (2015). Paper in panel. *Emotion-focused Therapy for PDs- Integrating dynamic, systemic and behavioral principles into the ground of EFT*. Annual Meeting of the Society for the Exploration of Psychotherapy Integration, June 2015, Baltimore, Maryland, USA.
8. Ianakieva, I., Fergus, K. D., Ahmad, S., Pereira, A., Pos, A., Stephen, J., McLeod, D., Panchaud, J., & Carter, W. (2015, April). *Comparing Rational Versus Empirical Models of the Therapeutic Alliance in a Professionally Facilitated Online Intervention for Couples* J., & Carter, W. (2015, April). *Comparing Rational Versus Empirical Models of the Therapeutic Alliance in a Professionally Facilitated Online Intervention for Couples Affected by Breast Cancer*. Poster presented at the 2015 Canadian Association of Psychosocial Oncology Conference.
9. Pos, A. E. & Ferreira, N. (2014). A Qualitative Analysis of Expressed Needs in the Early Treatment of Depression. Paper delivered at Annual Meeting of the American Psychological Association. Washington DC, August 7-10, 2014.
10. Choi, B. & Pos, A. E. (2014). Emotional Change Process in Resolving Self-criticism during Experiential Treatment of Depression. Paper Annual Meeting of the Society for the Exploration of Psychotherapy Integration, Montreal, CA, April 12, 2014.
11. Wong, K. & Pos, A. E. (2014.) *Examining Processes of Change for Experientially Distant and Non-Distant Client Subgroups in Experiential Therapy for Depression*, Conference Paper Annual Meeting of the Society for the Exploration of Psychotherapy Integration, Montreal, CA, April 12, 2014.
12. Colosimo, K. & Pos, A. E. (2013). Task analysis of therapist presence: Informing an Observer based Measure of Therapist Presence Paper in panel Presented at the Bi-Annual Meeting of the Society for Psychotherapy Research North American Chapter, Memphis, TN, USA, Oct 17-19.
13. Malin, A. & Pos, A. E. (2013). Variance in therapist empathy across first sessions and its impact on facilitating client change during experiential therapy for depression. Presence Paper in panel Presented at the Bi-Annual Meeting of the Society for Psychotherapy Research North American Chapter, Memphis, TN, USA, Oct 17-19.
14. Pos, A. E., McMMain, S., Monette, G. Links, P., Striener, D. (2012). Subtyping borderline personality disorder: Searching for construct and predictive validity. The 2nd International Congress on Borderline Personality Disorder 2012, September 27-29, 2012, Amsterdam, the Netherlands.
15. Pos, A. E. *Six women presidents of SPR discuss the case for gender diversity in leadership, and mentoring the next generation of women leaders*. 43rd Annual Meeting for the Society for Psychotherapy Research, June 20-23, 2012, Virginia Beach, Virginia, USA.
16. Choi, B. & Pos, A. E. (2012) *Emotional change process in self-critical depression during experiential treatment*. 43rd Annual Meeting for the Society for Psychotherapy Research, June 20-23, 2012, Virginia Beach, Virginia, USA.
17. Pos, A. E., Monette, G, & Thomson, M. (2012) *The relationship between alliance patterns during experiential treatment for depression and the benefit of additional sessions on long term outcomes*. 43rd Annual Meeting for the Society for Psychotherapy Research, June 20-23, 2012, Virginia Beach, Virginia, USA.
18. Spigelman, A. & Pos, A. E. (2012) *The influence of clients' interpersonal problems on their capacity to utilize therapist empathy during experiential psychotherapy for depression*. 43rd Annual Meeting for the Society for Psychotherapy Research, June 20-23, 2012, Virginia Beach, Virginia, USA.

19. Wong, K. & Pos, A. E. (2012) Interpersonal processes and therapist empathy: Achieving a productive alliance and good outcome in experiential therapy for depression. 43rd Annual Meeting for the Society for Psychotherapy Research, June 20-23, 2012, Virginia Beach, Virginia, USA.
20. Colosimo, K., & Pos, A. E. (2012) *The importance of self-compassion to optimizing the mindfulness–wellbeing relationship, resilience, and reports of trait emotion.* XXVIII Annual Meeting for the Society for Psychotherapy Integration, Evanston, IL, USA, May 17-20.
21. Choi, B., & Pos, A. E. (2012) *Self acceptance: Antidote to self-critical depression?* XXVIII Annual Meeting for the Society for Psychotherapy Integration, Evanston, IL, USA, May 17-20.
22. Spigelman, A. & Pos, A. E. (2012) *How early in first sessions does therapist empathy impact other change processes during experiential therapy for depression.* XXVIII Annual Meeting for the Society for Psychotherapy Integration, Evanston, IL, USA, May 17-20.
23. Alberta E. Pos (2012). *Bootstrapping a program of research from following loose ends.* New Researcher award address, XXVIII Annual Meeting for the Society for Psychotherapy Integration, Evanston, IL, USA, May 17-20.
24. Pos, A. E., McMain, S., Monette, G. Links, P., Striner, D. (2011) Subtyping BPD: Searching for Construct and predictive validity. 45th Annual Convention of the Association of Behavioral and Cognitive Therapists, Toronto, Canada, November 10-13.
25. Pos, A. E., Geller, S., & Oghene, J. (2011). Therapist presence and empathy, distinct variables effecting the Alliance in Experiential treatment for Depression. 42nd Annual Meeting for the Society for Psychotherapy Research, June 29- July 1, 2011, Bern, Switzerland.
26. Spigelman, A & Pos, A. E. (2011). *The role of empathy in alliance and emotional processing during experiential treatment for depression.* 27th Annual Meeting of the Society for the Exploration of Psychotherapy Integration, May 20-22, Washington DC.
27. Wong, K. K. & Pos, A. E. (2011). *Patterns of Interaction in High versus Low-Alliance Dyads in Experiential Therapy for Depression.* 27th Annual Meeting of the Society for the Exploration of Psychotherapy Integration, May 20-22, Washington DC.
28. Pos, A. E., Geller, S., Oghene, J. (2011). "Therapist Presence, Empathy, and the Working Alliance in Experiential Treatment for Depression". 27th Annual Meeting of the Society for the Exploration of Psychotherapy Integration, May 20-22, Washington DC.
29. Pos, A. E. & Escobar, M. (2011) "Early Individual Differences in Therapy Processes and Outcome for Experiential Therapy for Depression", 27th Annual Meeting of the Society for the Exploration of Psychotherapy Integration, May 20-22, Washington DC.
30. Pos, A. E. (2011) "Emotion-Focused Chair-Work with Clients with Borderline Personality Disorder: Scaffolding Safety and Effectiveness with Psychodynamic, DBT, and Systems Theory". Invited Panel "Working From the Outside In: Integrating Principles, Tactics, and Techniques from Outside One's Home Orientation: Part II. 27th Annual Meeting of the Society for the Exploration of Psychotherapy Integration, May 20-22, Washington DC.
31. Stricker, G., Wolfe, B., Pos, A. E., Messer, S., Lambert, M., McMain, S. " Next Steps for Integrating Science and Practice: A Discussion" Invited participant, Closing Plenary, 27th Annual Meeting of the Society for the Exploration of Psychotherapy Integration, May 20-22, Washington DC.
32. Arnow, B., Barber, J. Caspar, F., Levenson, H., Pos, A. E., Westra, H. (2010) "Advancing the Field of Evidence-Based Treatment through Psychotherapy Integration". Discussion Group Panel Invitee, 41st Annual Meeting of the Society for Psychotherapy Exploration. June 23-27.

33. Pos Alberta E. & Thompson, M. (2010). Exploring patterns of alliance development during experiential therapy of depression: A Comparison of Methods. 41st Annual Meeting of the Society for Psychotherapy Exploration. June 23-27.
34. Wong, K. K. & Pos, A. E. (2010). The Relationship Between Interpersonal Process and Early Alliance Formation in First Sessions of Experiential Treatment of Depression 41st Annual Meeting of the Society for Psychotherapy Exploration. June 23-27.
35. Pos. Alberta E. (2010). Working with emotion dysregulation: Comparing Dialectic Behavior Therapy Emotion-Focused Therapy. XXVI Annual Meeting for the Society for Psychotherapy Integration, Florence, Italy, May 27-30.
36. Pos, A. E. (May 2009). Opening Plenary participant. SEPI's Contributions & Challenges. Co-participants: Dr. M. Goldfried, Dr. B. Wolfe, Dr. F. Caspar, D. C. Glass. XXV Annual Meeting for the Society for Psychotherapy Integration, Seattle, May 15.
37. Pos, A. E. (May 2009). Closing Plenary participant. The Future of Psychotherapy Integration. Co-participants: Dr. B. Wolfe, Dr. J. Brooks-Harris. XXV Annual Meeting for the Society for Psychotherapy Integration, Seattle, May 17.
38. Pos. Alberta E. (Aug. 2009). Modeling change processes during experiential treatment of depression. Panel presentation at the Annual Meeting of the American Psychological Association, Aug 6-9, Toronto.
39. Pos, A. E. & McMains S., Links, P., Streiner, D. (Nov, 2008). Searching for subtypes of patients diagnosed with borderline personality disorder. Panel Presentation at the 39th Annual Meeting of the Association for the Advancement of Behavioral and Cognitive Therapy, Nov 15-19, Orlando Florida, USA.
40. Pos, A. E. & Greenberg, L. S. (September, 2008). The changing role of the alliance during experiential treatment of depression? Panel Presentation at the Bi-Annual Meeting of the Society for Psychotherapy Research- North American Chapter, Sept 25-28, New Haven, CN, USA.
41. Pos, A. E. & McMains S., Links, P., Streiner, D. (June, 2008). Searching for subtypes of patients diagnosed with borderline personality disorder. Panel Presentation at the 39th Annual Meeting of the Society for Psychotherapy Research, June 18-21, Barcelona, Spain.
42. Pos, A. E. & McMains S., Links, P., Streiner, D. (July, 2007). Borderline personality disorder subtypes and treatment drop-out in a Canadian randomized controlled effectiveness trial of dialectical behaviour therapy and dynamically-informed general psychiatric management. Panel Presentation at the XXIII Annual Meeting of the Society for the Exploration of Psychotherapy Integration, July 5-8, Lisbon, Portugal.
43. Pos, A. E. & McMains, S. (June, 2007). Identification of subtypes of patients with borderline personality disorder. Panel Presentation at the XXIII Annual Meeting of the Society for Psychotherapy Research, June 23-27, Madison, WI.
44. Pos A. E. & McMains, S. (Oct, 2006). Dialectical behaviour therapy approaches to chronic suicidal behaviour. Panel presentation at the Annual meeting of the Canadian Association of Suicide Prevention, October 25-27th, Toronto Canada.
45. Pos Alberta E. & Greenberg, L.S. (June, 2006). Predicting maintenance of gains in experiential treatment of depression. Panel session at the annual meeting of The Society for Psychotherapy Research, June 21st- 25th, Edinburgh, Scotland.

46. Pos Alberta E. & Greenberg, L.S. (2005). Early differences in alliance building and emotional processing affecting therapy process and outcome. Panel session at the 36th annual meeting of The Society for Psychotherapy Research, June 22-25, Montreal, Canada.
47. Pos, A. E. & Greenberg, L.S. (May, 2005). Early differences in alliance building and emotional processing affecting therapy process and outcome. Panel session at the annual meeting of The Society for the Exploration of Psychotherapy Integration , May 5-9, Toronto, Canada.
48. Greenberg, L.S., Kagan, F., Forbes, J., Savard, M., Pos, A.E. (June, 2004). Intensive Analysis of Depression Therapies. Panel session at the 35th Annual Meeting for the Society for Psychotherapy Research, June 16-19, Rome, Italy.m
49. Pos, A. E. & Greenberg, L.S. (1999, June). Experiencing during emotion episodes and its relationship to outcome. Panel presentation at the Annual meeting for the Society for Psychotherapy Research, June 16-21, Braga, Portugal.

POSTER PRESENTATIONS

- 1 Khanjani, M. & Pos A. E. (2017) Differentiating empathic processes responsible for change in experiential therapy for depression. Poster session presented at the 48th annual meeting for the Society for Psychotherapy Research in Toronto, June 21-24, 2017.
2. Pos, A. E., Basel, C., & Schiff, B. (2000, August). Standing Posture: Its measurement and relationship to emotional processes. Poster session presented at the XI Conference of the International Society for Research on Emotion, Quebec City, Canada.
3. Pos, A. E. & Greenberg, L.S (2000, August). Emotional processing in experiential treatment for depression. Poster session presented at the XI Conference of the International Society for Research on Emotion, Quebec City, Canada.
4. Paolone, D. & Pos, A. E. Clients' expressed emotional arousal in therapy; Does it help resolve depression ? Poster Presented at the Bi-Annual Meeting of the Society for Psychotherapy Research North American Chapter, Oct 17-19, Memphis, TN, USA..
5. Feirrer, N. & Pos, A. E. (2014). A Qualitative Analysis of Expressed Needs in the Early Treatment of Depression. Poster presented at the Annual Meeting of the Society for the Exploration of Psychotherapy Integration. Montreal, QB, Canada, April 11-13.

INVITED CONFERENCE PANEL PARTICIPATION- INVITED DISCUSSANT, MODERATED DISCUSSION

1. Barry Farber (Columbia University) Laurie Heatherington (Williams College), Alberta Pos (York University) (2013) Toward a Potential Mentoring Program within NASPR. A discussion group at the Bi-Annual Meeting of the Society for Psychotherapy Research North American Chapter, Memphis, TN, USA, Oct 17-19.
2. Pos A. E. & Barrett, M. (2012). *Six women presidents of SPR discuss the case for gender diversity in leadership and mentoring the next generation of women leaders.* Moderated Discussion, Annual Meeting of the Society of Psychotherapy Research, Virginia Beach, VA, USA, June 20-23.
2. Pos. Alberta E. (June, 2012). Symposium: Facilitating emotional change process: Toward a more differentiated model of change. 43rd Annual Meeting for the Society for Psychotherapy Research, June 20-23, 2012, Virginia Beach, Virginia, USA
3. Pos, A. E. (June, 2010). Symposium: *Recent Findings from a Canadian RCT Comparing*

Dialectical Behavior Therapy versus General Psychiatric Management for BPD. The Annual Meeting of the Society for Psychotherapy Research, June 23-27, 2010, Asilomar, CA.

4. Pos, A. E. (June, 2010). Symposium: *Tying together interpersonal characteristics, interpersonal process, interpersonal change, and psychotherapy outcome.* The Annual Meeting of the Society for Psychotherapy Research, June 23-27, 2010, Asilomar, CA. For Dr. Michael Constantino.
5. Pos, A. E. (September, 2008). Symposium: *New directions in process research in cognitive therapy for generalized anxiety disorder.* The Bi-Annual Meeting of the Society for Psychotherapy Research- North American Chapter, Sept 25-28, New Haven, CN, USA.

UNPUBLISHED PROFESSIONAL REPORTS

1. Pos, A. E. & Angus, L.(2016) Report of the Psychotherapy Task Force, Department of Psychology, faculty of Health. (response to changes in provincial legislation relating to the practice of psychotherapy).
2. Pos, A. E. (2014). Report on qualitative research exploring Emotional Dilemmas of Female Leaders , reported to the Brueninger Foundation, Helga Breuninger funder.
3. Pos, A. E. (2006). Experiential treatment for depression: A test of the experiential theory of change, differential effectiveness and predictors of maintenance of gains. [Dissertation, York University]
4. Pos, A. E. (1998). Depth of Experiencing during emotion episodes and its relationship to core themes and outcome. [Masters Thesis], York University
5. Pos, A. E. (1996). Posture and Temperament. [Honours thesis], University of Toronto.

WORK-IN-PROGRESS Underlined names are my students. (1 resubmission in progress (*Journal of Psychotherapy Research*),

1. Pos, A. E., Escobar, M. & Wong, K. "The role of subtypes of depressed clients in predicting outcome for experiential treatment." To be submitted to *Journal of Consulting and Clinical Psychology*, Summer 2016. – I am the first author- my contribution is in the conceptual design, analysis and write-up. HLM analysis complete. Write-up beginning.

PROFESSIONAL SERVICE

EDITORIAL POSITIONS

- 2013-2017** *Journal of Psychotherapy Integration; Action/Assistant Editor.* [Golan Shahaar-editor]
- 2008-2011** *Journal of Person-Centered and Experiential Psychotherapies- Associate Editor*

RESEARCH MANUSCRIPT REVIEW

- 2016-** *Journal of Consulting and Clinical Psychology.* Associate Editor Adele Hayes .
- 2016-** *Counselling and Psychotherapy Research*

- 2006-** *Journal of Person-Centered and Experiential Psychotherapies.* [Co-editors: D. Mearns, Scotland, P. F. Schmid, Austria, W. B. Stiles, USA, J. C. Watson, Canada]
- 2009-** *Journal of Psychotherapy Research,*[Editors: Jeff Hayes, Wolfgang Lutz, action editors, C. Fluckiger, Lynne, Knobach - Fedders Andrew Page , Heidi Levitt].
- 2010-** *Journal of Clinical Psychology* [James Overholser- editor]
- 2011-** *Journal of Psychotherapy Integration* [Jennifer Callahan -editor]

OFFICES IN PROFESSIONAL ORGANIZATIONS

- 2015- Advisory Board, Society for the Exploration of Psychotherapy Integration.
- 2014- Communications committee Society for the Exploration of Psychotherapy Integration
- 2010- Steering committee of the Society for the Exploration of Psychotherapy Integration
- 2014 (SEPI; other SC members are M. Goldfried, P. Wachtel, G. Stricker, B. Wolfe, D. Arnkoff, C. Glass, F. Caspar, L. Castonguay, S. McMain) SC disbanded April 2014 infavour of an Executive Committee being established
- 2005- Ongoing Chair of the conference committee Society for the Exploration of
- 2013 Psychotherapy Integration.
- 2012- Communications committee , Society for Psychotherapy research
- 2013

COUNCIL MEMBER OR GRANTING AGENCY-

- Fall Reviewer for Social Sciences and Humanities Council of Canada, Standard Grant
- 2010 Competition, Standard Grant.

CONFERENCE COMMITTEES

- 2016-17 Local Arrangements Committee. Annual Meeting of the Society for Psychotherapy Research to be held in Toronto, June 2017.
- 2010 Program Committee for the Annual Meeting of the Society for Psychotherapy Research, June 27-30, Asilomar, CA, USA (Program Chair Lynne Angus)
- 2008-10 Program committee for the Annual Meeting of the Society for the Exploration of Psychotherapy Integration, Seattle, May 17-20, 2009 and Florence May 27-30, 2010
- 2007-08 Society for the Exploration of Psychotherapy Integration, May 2-5, 2008, Boston. Program and Locale Arrangements
- 2004-05 Local Arrangements Chair and Program Committee for the XXI Annual Conference for the Society for the Exploration of Psychotherapy Integration, Toronto, Canada.
- 1994-95 Conference coordination assistant for the IX Annual Meeting for the International Society for Research on Emotion (ISRE), Toronto. (for Dr. Ketih Oatley)

CONFERENCE SUBMISSION REVIEW

- Fall 2008 Reviewer for the Clinical psychology area under chair Dr. Mark Lau for the Annual meeting of the Canadian Psychology Association, Summer 2009.

PROFESSIONAL WORKSHOPS GIVEN:

April 2017	Graduate 3 day WORKSHOP LEVEL 1 EFT with Dr. Sandra Paivio- 25+ participants
August 2017	3 Day co- facilitator with Dr Les Greenberg Level 1 EFT Public professional workshop
January- March 2017	Lead an 8 week workshop on Emotional Intelligence in the YUPC Observed by 4 graduate students, and co-lead by one graduate student participants
December 2016	One day workshop Hong Kong on EFT for clients with personality disorders- 100+ participants
December 2016	3 day Unfinished business workshop segment and supervision taught in Hong Kong for the Catholic Marriage council of Hong Kong or CMAK
Dec 16-18, 2015	3 day Workshop Unfinished Business, Module 2 training in resolving UFB. Given for the Hong Kong Catholic Marriage and Advisory Council in Hong Kong, China
Dec 14, 2015	EFT for Emotion Dysregulation Difficulties. Given for the Hong Kong Catholic Marriage and Advisory Council in Hong Kong, China. All day
April 26,27, 2014	2 afternoon workshops on Working with self-criticism and personality disorders. Given for the Hong Kong Catholic Marriage and Advisory Council in Hong Kong, China.
October, 2013	4 day Emotion-focused therapy Level 1 Workshop for Graduate students in the International Program at Sigmund Freud University, Vienna, Austria (12 students, solo presenter)
November 2013	4 day Emotion-focused therapy Level 1 Workshop for Graduate students in the International Program at Sigmund Freud University, Vienna, Austria (12 students, solo presenter)
April 2013	4- day Emotion-focused therapy Level 1 Workshop for International and York Graduate Students, co-facilitated with Dr. Rhonda Goldman
April 2012	4- Day Emotion-focused therapy Level 1 Workshop for International and York Graduate Students, co-facilitated with Dr. Sandra Paivio
December 5-7 2012	Primary Faculty. Hong Kong Catholic Family Services EFT Certification training. Module-Two Skills Training Focus: UFB Intervention
August, 2012	Increasing Emotional Competence in Female Leaders Invited Workshop- 3 Day workshop for York Female Leaders, 4 Day workshop for German Female Leaders (overlapped), took place at Wasan Island, Muskoka, Canada.
April 26, 2012	Emotion- focused therapy: An introduction to principles and split work. Full day workshop-University of Western Ontario, London, Ontario
June 2-4,2011	Increasing Emotional Literacy in Female German business women, Stuttgart, Germany
May 2-5, 2011	Level One Training for Emotion-focused therapy for graduate students, 4 day training with didactics and skill supervision
Nov 5, 2010	One-day workshop: Emotion focused therapy principles for the treatment of concurrent disorders and substance abuse. Mental Health and Addictions program within Lakeridge Health
Sept 6-9, 2010	Increasing Emotional Literacy in Female German business women
July 6-8, 2009	Primary Faculty. Hong Kong Catholic Family Services EFT Certification training. Module-Two Skills Training Focus: Two-Chair Intervention
Dec 10-13, 2007	Co-faculty: Emotion-focused therapy certification training, Hong Kong, China
2000- 2012	Trainer for Summer Emotions Institute in Emotion-Focused Therapy – with Dr. L. Greenberg, Ph. D. Workshop for professional practitioners

2000- 2001 taking place annually. Level 1 and Level 2
 Guest Lecture on Neuropsychological Assessment of Brain Disease.
 Naturopathic College, Toronto Ontario

PROFESSIONAL INVITED TALKS

Feb 26 2014 The ABCs about working competently with anger in the workplace. Talk given to York Managers for Organizational Development Learning Series.
 Feb 27, 2013 Research Colloquium Ontario Institute for Studies in Education (OISE- U of Toronto) "Process Research in Experiential Treatment for Depression".
 Nov 17 2012 "Why we need emotional intelligence and how we can get more of it". Talk given to York Managers for Organizational Development Learning Series.

OTHER

SUPERVISION FOR REGISTRATION WITH THE COLLEGE OF PSYCHOLOGISTS OF ONTARIO:

2008-2009 Lisa Burckell (Alternate supervisor)

MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

2007-PRESENT American Psychological Association
 2007-PRESENT Canadian Psychological Association
 2007-PRESENT Ontario Psychological Association
 2007-2009 Society for Psychotherapy Research
 2005-PRESENT Society for the Exploration of Psychotherapy Integration
 2003-PRESENT Association of Behavioral and Cognitive therapy

1. FUNDING

PEER-REVIEWED EXTERNAL RESEARCH GRANTS (P.I.)

2009- 2011 FUNDED
 Pos, A. E. "Emotional Processing differences for Depressive Subgroups During Experiential Psychotherapy"
 (Principal/Sole Investigator)
Social Sciences and Humanities Council of Canada
 Total Amount :\$ 125,575.00 over three years

EXTERNAL GRANTS

2012-2014 FUNDED
 Pos, A. E., & Mortl, K. "Emotional competence in female leaders."
 (Principal Investigator)
Breuninger Foundation
 Total Amount 90,000 over 2 years

2007-2008 FUNDED
 McMain, S. & Pos, A. E. "Self Harm Behaviour in Adult Survivors of Childhood Sexual Assault: An Evaluation of a Skills Training Intervention"
 (listed as a collaborator)
Ontario Ministry of the Attorney General, Ontario Victim Services Secretariat

Total Amount: \$ 75,000 over 1 year

EXTERNAL GRANTS (RECENTLY UNDER REVIEW)

- 2014- 2015 (Not Funded)
Pos, A. E. & Waller, M. J. Investigating adaptive anger in women leaders. Submitted to the INSIGHT grant program of Social Sciences and Humanities Council of Canada
Budget Requested ; \$ 282,622,00
- 2009-2010 Not Funded
Watson, J. K., Pos, A. E. & Goldstein, A. "An examination of the role of patients' emotional processing, early attachment experiences, and interpersonal style in the treatment of anxiety"
(PI: Jeanne Watson, Co-Investigators: Alberta Pos and Abbey Goldstein)
Canadian Institute of Health Research.
Total amount: \$ 400,000
Unsuccessful- to be resubmitted Fall of 2011.
- 2010 (competition cancelled)
A. E. Pos "Patient responsiveness to and termination readiness in EFT for Major Depression" .
Ontario Mental Health (New Investigator Award Program)
Total Amount: \$ 105,000.

INTERNAL GRANTS

- 2017 FUNDED
Pos, A. E.
" Training individuals in emotional competence for increased wellbeing"
SSHRC Small Grants Program York University
Total amount : \$3000
- 2016 (Not Funded)
Pos, A.E, Westra, H. & Fergus, K. Perceiving between the Lines: Enhancing Psychotherapist Perceptual Acuity and Responsivity Across Levels of Training.
Application to York University AIF Competition.
Budget requested 200,00 over two years.
- 2015 FUNDED
Pos, A. E. "Client predictors of treatment lengths required to achieve resilient change during experiential treatment for depression" A pilot.
Faculty of Health, York U, Minor Research Grant.
Total amount: \$3000.00
- 2014 FUNDED
Pos. A. E. " Marker driven termination: Searching for empirically validated treatment protocols in the treatment of depression- a pilot"
SSHRC Small grants Program; York University
Funded Total Amount : \$ 2000.00
- 2007 FUNDED
Pos A. E. "Subtypes of Depressed Clients and their Differential Improvement on Interpersonal Problems"
Faculty of Health, York U, Junior Faculty Fund.
Total amount: \$2500.00

2007 FUNDED
 Pos, A. E. "Subtypes of depressed clients and their differential improvement on interpersonal problems".
Faculty of Health, York U, Minor Research Grant.
 Total amount: \$3500.00

RAY PROGRAM FUNDING FOR UNDERGRAD RESEARCH ASSISTANTS

2009-2010 Bryan Choi
 David Bach
 Total Amount: \$ 6000.00 (3000.00 per student)

SUMMER 2010 Bryan Choi
 Natalie Ferreria
 Total: \$ 4000.00 (2000.00 per student)

2010-2011 Bryan Choi
 David Bach
 Total Amount: \$ 6000.00 (3000.00 per student)

TRAVEL GRANTS

2016 Conference Travel Funds Competition. Faculty of Health, York U. \$1000
 2015 SSHRC Funds in Aid of Travel, York University \$600
 2015 Conference Travel Funds Competition. Faculty of Health, York U. \$1000
 2010 Conference Travel Funds Competition. Faculty of Health, York U. \$1000
 2009 Conference Travel Funds Competition. Faculty of Health, York U. \$1000
 2008 Conference Travel Funds Competition. Faculty of Health, York U. \$1000

C. TEACHING

1.SUMMARY OF TEACHING AND TEACHING CONTRIBUTIONS

Contribution - Undergraduate	Number Taught (career total)	Number of Students (career total)
Courses Taught		
<i>Second year course</i>		
<i>Third year course*</i>	2 (U of T)*	70 (2 X35)
<i>Fourth year course</i>	4 York	55 (2 X 26)
Independent Reading Courses Directed	2	2
Honours Thesis Supervisions	12	12
Guest Lectures	6	77

Contribution – Graduate level	Number Taught (career total)	Number of Students (career total)
Courses Taught	12	63 (approx.10 students per year)

Guest Lectures	3	(10/ 10/10)
MA Thesis Committees		
Primary supervisor	6	
Committee member	6	
PhD Thesis Committees		
Primary supervisor	6	
Committee member	7	
Minor Area Paper		
Primary supervisor	5	
Committee member	5	
External Committee member (e.g. Dean's Representative)	8	
Clinical Supervision of Trainees in York University Psychology Clinic	22	

**Taught at other university*

2. YORK UNDERGRADUATE TEACHING

COURSES TAUGHT

2009-10	PSY 4060 6.0 Counselling Psychology (York University, 25 students)
2010-11	PSY 4060 6.0 Counselling Psychology (York University, 25 students)
2011-12	PSY 4060 6.0 Counselling Psychology (York University, 27 students)
2013 Winter	PSY 4061 3.0 Theories of Counselling and Psychotherapy (York University, 30 students)
2015 Winter	PSY 4061 3.0 Theories of Counselling and Psychotherapy (York University, 30 students)
2017 Winter	PSY 4061 3.0 Theories of Counselling and Psychotherapy (York University, 30 students)

INDEPENDENT READING COURSES DIRECTED

2009-2010	Natalie Ferrira, "Generalized Anxiety Disorder: Foundations, Development, Treatment and Research"
2009-2010	Mathew Ridley, "Experiential psychotherapy: Theoretical and empirical bases of human change through experience."

HONOURS THESIS SUPERVISIONS

2017-2018	Amanda Picirilli "Parsing Global Distress in Experiential Treatment of Depression"
2016-2017	Marjan Khajani "Differentiating Empathic Processes Responsible for Change in Experiential Therapy for Depression"
2015-2016	Eric Sapi "Does therapist empathy mediate the impact of client self-disclosure on the early alliance?"
2014-15	Giulia Rinaldi "Can we determine what predicts maintenance of treatment gains after experiential treatment for depression? A task analytic pilot."
2014-15	Shevaugn Johnson "Predictors of Body Dysmorphic Disorder".
2012-13	Danielle Paolone "Relationship between Emotional Arousal and Experiencing in Experiential Treatment of Depression"
2012-13	Natalie Ferreira. "The expressions of needs in early session of experiential therapy: A qualitative analysis".
2011-12	David Bach: "Validating early therapy process subgroups: Different

- 2010-11 interpersonal problems before and during experiential treatment for depression”
Bryan Choi: “Emotional change in self-critical depression after experiential therapy.”
- 2009-10 John Oghene: “Therapist Presence, Empathy, and the Working alliance in Experiential Treatment for Depression-“ (*One of two winners of the undergraduate poster prize*).
- 2008-09 Mark Thompson: “Alliance development in Experiential treatment of depression.”
- 2007-08 Lisa Bennett: “Latent class analysis of early therapy processes to determine subtypes of depressed clients”. (Co-supervisor with Dr. David Flora)

GUEST LECTURES IN UNDERGRADUATE COURSES

2007 SUMMER PSYC 4020 3.0 Skills and Techniques in Counselling and Psychotherapy. Course Director: Dr. Sharon Armstrong, 3 Guest Lectures.

3. YORK GRADUATE TEACHING

COURSES TAUGHT

- Fall 2017** PSYCH 6445 P.06 Advanced Interventions Internal Practicum
- Winter 2018** PSYCH 6437 P. 03 Approaches to Psychotherapy: Advanced Study
- Fall 2017** PSYCH 6436 P. 03 Evidence Based Principles of Psychotherapy
- Winter 2017** PSYCH 6437 P. 03 Approaches to Psychotherapy: Advanced Study
- Fall 2016** PSYCH 6436 P. 03 Evidence Based Principles of Psychotherapy
- FW 2015-16 PSYCH 6445 P .06 Advanced Interventions Practicum In house Fall & Winter
- F 2015 PSYCH 6436 P. 03 Evidence Based Principles of Psychotherapy (Fall Term)
- W 2015 PSYCH 6437 P. 03 Approaches to Psychotherapy: Advanced Study (Winter T)
- F 2014 PSYCH 6436 P. 03 Evidence Based Principles of Psychotherapy (Fall Term)
- W 2013 PSYC 6435 P 6.0 Introduction to Psychotherapy (Winter Term)
- W2012 PSYC 6435 P 6.0 Introduction to Psychotherapy (Winter Term)
- W 2011 PSYC 6435 P 6.0 Introduction to Psychotherapy (Winter Term)
- W 2010 PSYC 6435 P 6.0 Introduction to Psychotherapy (Winter Term)
- W 2009 PSYC 6435 P 6.0 Introduction to Psychotherapy (Winter Term)
- W 2008 PSYC 6435 P 6.0 Introduction to Psychotherapy (Winter Term)
- F 2007 PSYC 6445 P 6.0 Advanced Interventions (Fall Term)
- 2008-09 PSYC 6445 P 6.0 Advanced Interventions (Fall and Winter Term)

GRADUATE STUDENT MASTERS THESIS SUPERVISION – PRIMARY SUPERVISOR

- 2016-2018** NATALIE FERREIRA **An examination of changes in need expression during the resolution of major depression: A qualitative study.**
- 2016-2018** GIULIA RINALDI **The Importance Of Emotion Schematic Change To Long Term Outcomes After Experiential Treatment For Depression**
- 2011-13 Brian Choi- MA Candidate: “Emotional processing markers in the resolution of self critical depression.” Completed Aug 2013
- 2011-13 Ken Colosimo- MA Candidate: “Task analysis of therapist presence informs an observational measure of therapist presence.” Aug 2013
- 2009-11 Ashley Spigelman/Malin, MA defended, “The contribution of empathy to early alliance building and emotional processing during experiential treatment for depression.” Completed Aug 2011

2008-10 Karen Wong, MA defended "Early alliance formation in Experiential therapy for depression: The influence of interpersonal processes" Completed Aug 2010

MASTERS THESIS SUPERVISION - COMMITTEE MEMBER

2014-2008- Iana Ianakieva-Qualitative analysis of alliance in Couple Links program
 James Watson-Gaze, Masters defended winter 2011. "Therapeutic Alliance and Autobiographical Memory Specificity in Emotion-Focused and Client-Centred Treatments for Depression: A Process-Outcome Analysis." Defended.
 2008- Genvieve Vrana- Masters- "Changing Emotion with Emotion versus Changing Emotion with Cognition: A Therapy-Analogue Study." Defended.
 2009- Rachel Siegal- MA2- "Mapping Therapist Emotional Reactions in Cognitive Behavioural Therapy" Defended.

GRADUATE STUDENTS ORAL EXAMINATION COMMITTEE ROLES

2007 Lisa Held: "Symptoms in search of a disease: Neurasthenia, chronic fatigue syndrome, and the meaning of illness from modernity to postmodernity. Defended Jan. 2008.
 2008 Jacqueline McKinnon "Revealing underlying vulnerable emotion in couple therapy: impact on session outcome" Defended Sept 2, 2008.
 2014 Leah Litvin "Using a Resilience Framework to Understand Aboriginal Parenting of Infants in an Urban Aboriginal Community" Masters Defended July 23
 2014 Golchehreh Sohrab Gol "Patterns of Team Interaction Under Asymmetric Information Distribution Conditions", Schulich Dissertation (defended March 11)
 2014 Golnaz Tajeddin, "The Timing of Discrepant Interruptions and its Influence on Team Performance" Schulich Dissertation Defended Nov 11, 2014
 2015 Angela Kertes "The Impact of Motivational Interviewing on Interpersonal Processes within Cognitive Behavioural Therapy for Generalized Anxiety" Defended March 9, 2015.
 2015 Sarah Rependa
 2017, August **Dresher, I. (Nursing) RN's Experience of Enactment of Psychotherapy Act 2007: A Mixed Methods Study- PhD**
 2017, August **Yufe, S. J. Storying New Meanings of Health: A Narrative Analysis of Lifestyle Modification Among Breast Cancer Survivors- MA**
 2017 Spring **Hogue, J. V. The Effects of Active Social Media Engagement on Eating Disorder Risk Factors in Young Women- MA**

DOCTORAL THESIS SUPERVISION – SUPERVISOR

2011- 2016 ASHLEY MALIN (SPIGELMAN)- therapist expressed empathy across experiential treatment for depression: its growth and relationship to other psychotherapy processes- TB Defended May 5th, 2016
 2010- 2016 Karen Wong; Predicting emotional processing outcomes for subtypes of depressed clients. TB DEFENDED MAY 4TH, 2016
 2013- **Choi, Bryan Emotional change processes in self critical subtypes of depressed clients undergoing experiential therapy.**
 2013 **COLOSIMO, K. "A phenomenological-psychological investigation of novice therapist presence"**

DOCTORAL THESIS SUPERVISION - COMMITTEE MEMBER

2017 Mamedova, Khurman. " Resistance and outcome expectations in CBT for GAD.

- 2012 Carol Cavaliere “ A meta-synthesis of qualitative research on the alliance”.
- 2012 Kimberley Mercer “Opening the “black box” of the therapeutic alliance: An exploration of client affect as a dynamic micro-process in “good” alliance versus “poor” alliance sessions of cognitive-behavioural and emotion-focused therapy”
- 2011 Susan Seargent- Do Online Positive Psychology Interventions Work Equally Well in Distressed and Non-Distressed Users? Defended Aug 27,2013
- 2011 Jacqueline McKinnon. “Revealing vulnerable emotion during emotion-focused therapy for couples: Impact on final therapy outcome for Emotion-focused therapy. Defended Sept. 2013.
- 2011 Angela Kertes. PhD, 3rd year- “The Impact of Motivational Interviewing on Interpersonal Processes within Cognitive Behavioural Therapy for Generalized Anxiety”
- 2010 Jennifer Hilborn- Examining the Contributions of Autobiographical Memory, Expressed Emotional Arousal and Client Experiencing in the York I and II Depression Studies: A Process Outcome Approach- Defended Oct 3, 2014
- 2009 Mariyam Ahmed. “Therapist Responses to Resistance and Cooperation Associated with High versus Low Client Outcome Expectations: A Micro Process Analysis” Defended.

MINOR AREA PAPER SUPERVISION - PRIMARY SUPERVISOR

- 2016 Sarah Atkey “Predictors of employment in individuals in treatment for Borderline Personality Disorder”
- 2012 Emily Bryntwick. A “Touchy” Subject: A Critical Review of the Touch Taboo within Traditional Psychotherapeutic Practice.
- 2012 Karen Wong Starting Off on the Wrong Foot in Experiential Therapy for Depression: Who Gets Back on Track?

MINOR AREA PAPER SUPERVISION – COMMITTEE MEMBER

- 2017 Janice Weston. “A review of the dialectical behavior therapy literature on treatment for family members of loved ones with borderline personality disorder”
- 2016 Dana Male. “Sexual identity after breast cancer: sexuality, body image, and relationship repercussions”
- 2011 Laurie Hollis Walker. “Dr. Joanna Macy, meet Dr. Leslie Greenberg: Description and comparison of Work That Reconnects and Emotion-Focused Therapy as complimentary helping models for times of global ecological crisis” Spring 2011.
- 2011 Laura Conners. “Resistance and Outcome Expectations in Cognitive Behavioral Therapy”. Completed
- 2010 Lili Tarba. “A theoretical model of supervision in emotion-focused therapy.”

CLINICAL SUPERVISION IN YORK UNIVERSITY PSYCHOLOGY CLINIC (YUPC)

(Includes session review, supervision and notes.)

- 2017 Erkki Heinonnen- Post doctoral intern- 2 cases EFT case formulation.
- 2017 Teresa Marin- practicum student 2 cases EFT case formulation for 3 weeks.
- 2017 Gahthamie Poolokisingham- Intern on 6 cases EFT case formulation for 3 weeks
- 2017- Jennifer Jeong - Client with BPD and trauma history with EFT
- 2016- Bryan Choi- Client with BPD and trauma history with EFT
- 2016- Jennifer Hunter EFT with one client- trauma, interpersonal issues- perfectionism

2015 Spring	Jason Sharbanee, YUPC Clinic, EFT for anxiety and depression (2 hr per week)
2012-	Louise Hartley, YUPC clinic head, Supervision of EFT chair interventions, several cases, 2 hours per month)
2012-	Karen Wong (EFT for anxiety and trauma- individual case 2 hrs per week)
2012-	Genevieve Vrana (EFT for anxiety- individual case 2 hrs per week)
2010-11	Laura Connors (EFT for anxiety- 1 individual case 2 hrs per week)
2009-10	Jacqueline McKinnon (EFT individual case) 2 hours per wk
2008-10	Leah Shapiro (DBT/EFT individual case) 2 hours per wk
2007-08	Kim Mercer (EFT, individual case) 2 hours per week,

CLINICAL COMPETENCY EXAMINATION COMMITTEE MEMBER:

Summer 2012	Rachel Vella-Zarb
Fall 2010	Jennifer Hilborn
Fall 2010	Cory Gerritsen
Summer 2009	David Gold
Fall 2007	Shelley Fahlman

GUEST LECTURER IN GRADUATE COURSES

2014	PSYCH 6445 Advanced Interventions Emotion-focused therapy: Two chair Work for Dr John Eastwood and Dr Lynne Angus.
2013	PSYCH 6445 Advanced Interventions Emotion-focused therapy: Two chair Work for Dr John Eastwood and Dr Lynne Angus.
2013	PSYCH 6435 Emotion focused therapy principles
2012	PSYCH 6435 Emotion focused therapy principles.
2012	PSYCH 6445 Advanced Interventions Emotion-focused therapy: Two chair Work for Dr John Eastwood and Dr Lynne Angus.
2011	PSYC 6445 Advanced Interventions Emotion-focused therapy: Two chair work and self soothing, Two lectures for Dr John Eastwood and Dr Lynne Angus.
2010	PSYC 6445 Advanced Interventions Emotion-focused therapy: Two lectures for Dr John Eastwood and Dr Lynne Angus.
2007	PSYC 6445 Advanced Interventions- Two chair intervention for self-critical splits.

4. COURSES TAUGHT AT OTHER UNIVERSITIES

Winter 2007	Psychotherapy and psychopathology (University of Toronto, PSY343H,50 students)
Summer 2007	Psychotherapy and psychopathology (University of Toronto, PSY343H, 25 students)

5. COURSE / CURRICULUM DEVELOPMENT

2012- 2011-	Curriculum restructuring of MA2 year of Clinical program- ongoing Clinical, Committee member York
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D. SERVICE

1. YORK UNIVERSITY

2012-2014 **Member of York Senate:** representative of psychology.

2. FACULTY OF HEALTH, YORK UNIVERSITY

2014- **Academic Petitions Committee**

Two year appointment bi monthly meetings, Panel B, Review petitions for Faculty of Health Students. Chair Cynthia Goodfellow

2010-2013 **Member CEAS- Committee for Ethics and Academic Standards,** Faculty of Health. 2 year appointment, domain of ethics, panels to adjudicate academic penalties, grade anomaly issues at York Faculty of Health at large, establishing standard for academic honesty and promoting such. Lesley Beagrie, associate dean is on this committee and she was with me on the Faculty of Health Exec and Planning Committee with me as well before she became associate dean. Lauren Sergio, School of Kinesiology & Health Science is the present chair.

WINTER 2010 **Guiding Coalition for the York Health System Faculty Wide Dialogue,** Special committee of the Dean of Faculty of Health. Planning meetings with other engaged faculty interested in promoting dialogue and collaboration with hospital setting researchers and clinicians for the purposes of promoting community health and health research. Invited by Dean Skinner.

2008-2010 **Member at large, Faculty of Health Executive and Planning Committee.** Voted in member, two year appointment. Issue relating to white papers for planning of York mandates and goals. Dean Skinner chaired these meetings with Sue Vail.

3. DEPARTMENT OF PSYCHOLOGY, YORK UNIVERSITY

2012 **Scholarship Ranking Committee, Department level:** SSHRC Masters

2008-09 **Scholarship Ranking Committee, Department level:** OGS-PhD Awards, Endler Award

2010 **Undergraduate Psychology Students' Association (UPSA),** Annual Meet & Greet the professors. Susan Murtha- organizer

2009 **Scholarship Ranking Committee, Department level:** SSHRC, OGS.

2008-09 **Procedures Committee for York University Psychology Clinic** area representative. For the first year of the clinic reviewed other university clinic policies and procedures and established protocol for the new clinic.

2009-10 **Research Procedure Committee for the York University Psychology Clinic.** Adult clinical representative. Met month to establish research. Dr. Lynn Angus Chair.

4. CLINICAL AREA, DEPT. OF PSYCHOLOGY, YORK UNIVERSITY

- 2010- **Adult Clinical Curriculum Committee:** Chair John Eastwood.
- 2009-13 **YUPC Clinical supervisor** for students seeking extra supervised practice in EFT and DBT. Contributed the most hours of any faculty year 2010-11. Fr. Louise Hartely, YUPC Clinic Head.
- 2007-10 **Coordinator, Professional Development Brown Bags** for Clinical-Developmental and Clinical area students, York University. Organized special topics seminars with external and internal faculty for both academic and clinical development (ie, grant writing, APPIC application process preparedness, supervision, meaning of becoming becoming a member College of Psychologists of Ontario, etc) Dr. Joel Goldberg- DCT involvement/ Dr. Jonathen Weiss co-coordinator.
- 2007-2008 **Admissions Committee:** Under chair Dr. Myriam Mongrain, prepared and coded files of applicants for admission to graduate program in clinical psychology.

Last updated: March, 2013