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2-Aug-18

## TABLE OF CONTENTS

Office Addresses.....	1
APPOINTMENTS.....	4
EMPLOYMENT HISTORY .....	4
AREAS OF INTEREST .....	5
ACADEMIC HISTORY .....	5
AWARDS.....	5
GRANT FUNDING .....	7
Peer-Reviewed Grants Currently Held .....	7
Peer-Reviewed Grants Previously Held .....	8
Non Peer-Reviewed Grants .....	10
Internal Grants.....	11
Contracts .....	11
Proposals Under Consideration.....	11
Total Funding Dollars .....	12
PUBLICATIONS.....	12
Peer-Reviewed Papers .....	12
Manuscripts In Press.....	31
Letters to the Editor, Commentaries & Invited Editorials .....	31
Reports .....	32
Clinical Practice Guidelines.....	33
Book Chapters.....	33
Reviews and Editorials of S.L. Grace Publications.....	33
Articles for Professional Association Newsletters .....	34
Manuscripts Under Review.....	35
Manuscripts in Preparation.....	37
PRESENTATIONS .....	38
Symposia / Workshops .....	38
Peer-Reviewed Oral Presentations.....	40
Peer-Reviewed Poster Presentations .....	45
Invited Presentations .....	58
WORK IN PROGRESS.....	63
TEACHING .....	63
York University Undergraduate Teaching .....	63
York University Graduate Teaching .....	64
Other Teaching.....	64
TRAINEES AND SUPERVISION .....	64
Sabbatical Visitors .....	64
Post-doctoral Fellows .....	64
Visiting Trainees.....	64
Graduate Students - Primary Supervisor .....	64
Thesis Committees .....	68
Oral Examinations.....	69
External Examinations.....	70
Primary Supervisor - Undergraduate .....	71
Primary Supervisor – Other.....	72
SERVICE.....	72
Service Within York University.....	72
Service to the Larger Community .....	73
Editorial Board Member .....	75
Grant Reviews.....	75
Conference Service / Committees.....	75
KNOWLEDGE TRANSFER.....	76
Policy Transfer.....	76
Clinical Transfer .....	76

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Lay Transfer.....	76
Television .....	76
Print.....	77
Radio.....	78
Web (Selection).....	78
Social Media .....	80
MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS .....	81
BIOGRAPHICAL SKETCH .....	81
LAY RESEARCH SUMMARY .....	81

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**APPOINTMENTS**

- 2016- **Member**, Dahdaleh Global Health Research Institute, York University
- 2015- **Member**, Centre for Mental Health, University Health Network
- 2014- **Full Professor**, Kinesiology and Health Science, Faculty of Health, York University
- 2013- **Senior Scientist**, Cardiorespiratory Fitness Team, Toronto Rehabilitation Institute – University Health Network
- 2012-2018 **Affiliate Scientist**, Cardiovascular Group, Support, Systems & Outcomes Division, Toronto General Research Institute, University Health Network (name change)
- 2010- **Member**, Division of Cardiology, University Health Network & Mount Sinai Hospital
- 2010- **Research Director**, Peter Munk Cardiac Centre Cardiovascular Rehabilitation & Prevention, University Health Network
- 2009-2013 **Adjunct Scientist**, Cardiorespiratory Fitness Team, Toronto Rehabilitation Institute - UHN
- 2009-2013 **Research Scientist**, Chronic Disease Management, MacKenzie Health – York University Collaborative <http://www.yorkregion.com/news/article/960518--new-research-will-improve-patient-care>
- 2008-2014 **Associate Professor**, Kinesiology and Health Science, Faculty of Health, York University
- 2007-2012 **Scientist**, Behavioural Sciences & Health Division, Toronto General Research Institute, University Health Network (name change)
- 2006-2008 **Assistant Professor**, Kinesiology and Health Science, Faculty of Health, York University
- 2005- **Assistant Professor (Status-Only)**, Psychiatry, Health, & Disease Program, Department of Psychiatry, Faculty of Medicine, University of Toronto
- 2005- **Member**, Women's College Research Institute (formerly Centre for Research in Women's Health), Faculty of Medicine, University of Toronto
- 2004-2007 **Affiliate Scientist**, Women's Health Program, Behavioural Sciences and Health Division, Toronto General Research Institute, University Health Network
- 2004-2017 **Associate Member**, Rehabilitation Sciences Unit (formerly Graduate Department of Rehabilitation Sciences), Faculty of Medicine, University of Toronto
- 2004- **Member**, Heart & Stroke / Richard Lewar Centre of Excellence in Cardiovascular Research, University of Toronto  
[http://www.hsrlce.on.ca/show\\_content.asp?Member\\_id=186](http://www.hsrlce.on.ca/show_content.asp?Member_id=186)
- 2004- **Member**, Faculty of Graduate Studies, York University
- 2004-2006 **Assistant Professor**, Kinesiology and Health Science (KaHS), Faculty of Arts, York University

**EMPLOYMENT HISTORY**

- 2014- **Full Professor**, Kinesiology and Health Science, Faculty of Health, York University
- 2013- **Senior Scientist**, Cardiorespiratory Fitness Team, Toronto Rehabilitation Institute – University Health Network
- 2010-2013 **Director of Research** UNIVERSITY HEALTH NETWORK GoodLife Fitness Cardiovascular Rehabilitation Unit, Toronto, ON

2007-2013	<b>Scientist</b> TORONTO GENERAL RESEARCH INSTITUTE Behavioural Sciences and Health Division, Women's Health Program, Toronto, ON
2004-2007	<b>Affiliate Scientist</b> TORONTO GENERAL RESEARCH INSTITUTE Behavioural Sciences and Health Division, Women's Health Program, Toronto, ON
2008-2014	<b>Associate Professor</b> YORK UNIVERSITY SCHOOL OF KINESIOLOGY AND HEALTH SCIENCE, Toronto, ON
2004-2008	<b>Assistant Professor</b> YORK UNIVERSITY SCHOOL OF KINESIOLOGY AND HEALTH SCIENCE, Toronto, ON
2003	<b>Sessional Instructor</b> UNIVERSITY OF TORONTO Department of Psychology, Toronto, ON
2000-2004	<b>Research Fellow</b> WOMEN'S HEALTH PROGRAM, TORONTO GENERAL HOSPITAL (UHN), Toronto, ON
1999	<b>Sessional Instructor</b> UNIVERSITY OF WINDSOR, Windsor, ON
1999-2000	<b>Evaluation Consultant</b> AIDS COMMITTEE OF WINDSOR, Windsor, ON
1997-1998	<b>Counselor</b> KA-NA-CHI-HIH SOLVENT ABUSE TREATMENT CENTRE FOR FIRST NATION AND INUIT YOUTH, Thunder Bay, ON

### AREAS OF INTEREST

Global Cardiovascular Health Services, Cardiac Rehabilitation Referral, Cardiac Psychology, Secondary Prevention of Cardiovascular Disease, Sex Differences, Marginalized Groups, Continuity of Care, Inter-provider Communication, Cardiac Rehabilitation Program Models.

### ACADEMIC HISTORY

<b>Ph.D.</b>	Applied Social Psychology - University of Windsor, Windsor, ON Graduation: 2001
<b>M.A.</b>	Experimental Psychology - Lakehead University, Thunder Bay, ON Graduation: 1997
<b>H.B.A.</b>	Honours Psychology - University of Waterloo, Waterloo, ON Dean's Honours Standing Graduation: 1995
	<ul style="list-style-type: none"> <li>• French Immersion</li> </ul>

### AWARDS

<b>Canadian Association of Cardiovascular Prevention &amp; Rehabilitation</b>	Terry Kavanagh Lecture Award Date: October 2018
<b>American Association of Cardiovascular and Pulmonary Rehabilitation</b>	Michael L. Pollock Established Investigator Award Date: September 2018
<b>Canadian Cardiovascular Society</b>	Fellow Date: July 2016

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<b>York University</b>	Dean's Research Award (Established Career) Faculty of Health Date: 2012-13
<b>Canadian Association of Cardiovascular Prevention &amp; Rehabilitation</b>	Leadership Award, Knowledge Transfer Date: October 2012
<b>American Psychological Association, Division 38</b>	Outstanding Contributions to Health Psychology (Junior Award) Date: 2010
<b>Academy of Psychosomatic Medicine, Dorfman Journal Paper Award</b>	"A Prospective Examination of Antidepressant Use and Its Correlates among Acute Coronary Syndrome Patients" for best original research article published annually in <u>Journal Psychosomatics</u> Date: November 2008 <a href="http://www.apm.org/awards/">http://www.apm.org/awards/</a>
<b>Ontario Ministry of Research and Innovation, Early Researcher Award</b>	"Access to Cardiac Rehabilitation: Understanding and Addressing Disparities using eReferrals" \$150,000 Date: 2007-2012
<b>CIHR IGH &amp; IHSPR New Investigator Award</b>	"Contribution of Patient and Physician Factors to Cardiac Rehabilitation Referral and Participation: A Prospective, Multi-Level Study" \$275,000 MSH-80489 Date: March 2007-October 2013
<b>Ontario Women's Health Council Career Scientist Award</b>	Health Research Personnel Development Program, Ontario Ministry of Health and Long-Term Care Open Provincial Competition "Women's access to cardiovascular secondary prevention: Understanding and addressing disparities using eHealth Systems" \$300,000 (\$60,000 per year) Date: July 2005-2010 (declined after March 2007)
<b>Young Investigator Award</b>	Gender and Sex Determinants of Cardiovascular Disease: From Bench to Beyond (GENESIS), Scholars Award CIHR Interdisciplinary Capacity Enhancement Grant 2006-2009 \$50,000 per annum Declined
<b>Charles E. Gibbs Leadership Prize, Jacob's Institute of Women's Health</b>	For Best Manuscript published in Journal <u>Women's Health Issues</u> "Presentation, delay, and contraindication to thrombolytic treatment in females and males with myocardial infarction" \$1,000.00USD

2003

<http://www.jiwh.org/content.cfm?sectionid=110>**Post-Doctoral Fellowship**

Canadian Institutes of Health Research, Institute of Gender and Health #60094

“Referral to cardiac rehabilitation“

\$80,000

Supervisor: Donna E. Stewart, MD, FRCPC

Date: August 2002-July 2004

**Doctoral Fellowship**

Eli Lilly-UHN Women’s Mental Health Fellowship

“Gender differences in recovery from ischemic heart disease with regard to symptoms, treatment, depression, and cardiac rehabilitation”

\$42,000

Supervisor: Donna E. Stewart, MD, FRCPC

Date: December 2000- December 2001

**GRANT FUNDING**Peer-Reviewed Grants Currently Held

1. Reid, R.D., **Grace, S.L.**, Blanchard, C.M., Chessex, C., Manuel, D., Krahn, M., Mullen, K-A. Mark, A., Kingsbury, K., & Pipe, A. (2014). Ecologically optimizing exercise maintenance in men and women following cardiac rehabilitation: A randomized controlled trial of efficacy with economics (ECO-PCR, Renewal). HSFC Grant-in-Aid. 4 years. *Role: co-PI*. \$274,825. #G-14-0006126.
2. Britto, R., & **Grace, S.L.** (2015). Effects of comprehensive cardiac rehabilitation on functional capacity and cardiovascular risk factors in Brazilian patients assisted by public health care. Ministry of Science, Technology and Innovation (CNPq, Brazil # 305786/2014-8). *Role: co-investigator*. 4 years. R\$48,000.
3. Tomczak, C., Brawley, L., Thompson, R., Paterson, I., Eurich, D., **Grace, S.L.** & Walsh, R. (2016). Early Versus standard Access cardiac rehabilitation to counter ventricular remodeling post-MI (EVADE). Heart and Stroke Foundation of Canada. \$236,206 for 3 years. *Role: co-investigator*. #G-16-00014255.
4. Sanchez Delgado, J.C., Jacome Hortua, A.M., Martinez Marin, R. dP., Villamizar Jaimes, C.J., & **Grace, S.L.** (2017). Validation of the Spanish-Language Cardiac Rehabilitation Barriers Scale in Colombia. Universidad de Santander. *Role: co-investigator*. 62,401,840 Colombian pesos for 1 year.
5. Gagliardi, A., Mason, R., Wright, F., Miller, F., **Grace, S.L.** Dunn, S., Vigod, S., & Stewart, D.E. (2018). Implementing Patient-Centred Care for Women Across the Lifespan. Ministry of Health and Long-Term Care Health Services Research Fund. \$1,500,000 over 4 years. *Role: co-investigator*.
6. Seron Silva, P., & **Grace, S.L.** (2018). Effectiveness of a hybrid exercise-based cardiac rehabilitation program: Multicenter, non-inferiority clinical trial. Concurso Fondecyt Regular 2018. Chile. *Role: co-investigator*. CL\$217,060,000 (CAD\$444,780) for 4 years.

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Peer-Reviewed Grants Previously Held

7. Franche, R-L., Minore, B., Mustard, C., Feldberg, G., Stewart, D., Tang, T., Kurm, M.J., Olsen, M., Poscente, N., & **Grace, S.L.** (2001). The impact of multiple roles and gender role beliefs on health and health behaviours in parents of young children. Social Science and Humanities Research Council (SSHRC) Society, Culture & Health of Canadians II. \$198 650 to April 2004. *Role: collaborator. #839-2000-1006*
8. **Grace, S.L.**, Gucciardi, E., DeMelo, M., & Lee, R. (2001). Evaluating nutrition outcomes in Portuguese clients with type 2 diabetes who attend a diabetes interactive group education program. Banting and Best Diabetes Centre. \$15 000 to December 2003. *Role: co-Principal investigator.*
9. **Grace, S.L.**, Stewart, D.E., Scholey, P., Holder, G., Kaur, R., Rukholm, E., Alter, D., Rush, J., Anand, S., Williamson, K., Harvey, P., Oh, P., & Bunker, S. (2005). Cardiovascular secondary prevention for vulnerable populations: an interdisciplinary approach to improving access to services and outcomes. CIHR ICRH Reducing Health Disparities & Promoting Equity for Vulnerable Populations – Research Program Development Grant. \$5,000 July to November. *Role: co-Principal investigator. HDD-77919*
10. Diaz-Granados, N., **Grace, S.L.**, Stewart, D.E., Wathen, N., Ross, L., Whitney, D., & Munce, S. (2005). Women most at risk for depression and their access to care: a literature review. Ontario Women's Health Council. \$60,000 September to December. *role: co-Principal investigator*
11. Nolan, R.P., Stewart, D.E., Rukholm, E., Angus, J., Picard, L., Michel, I., Alter, D., Franche, R.L., **Grace, S.L.**, Micevski, V., Rodin, G., Veenstra, H.L., Frasure-Smith, N., & Lesperance, F. (2001). Community outreach for Heart Health and Risk Reduction Trial (COHRT). Heart and Stroke Foundation of Ontario. \$1,164,283.00 to 2006. *Role: co-investigator. HBR-4857*
12. **Grace, S.L.**, Stewart, D.E., Abramson, B., Brooks, D., Jaglal, S., Scholey, P., Suskin, N., Arthur, H. & Evindar, A. (2003). An evidence-based health services evaluation of information and management continuity in heart patients. Canadian Institutes of Health Research / Canadian Health Services Research Foundation, and Ontario Ministry of Health and Long-Term Care. \$190,432.00 to Sept 2006. *Role: co-Principal investigator. PHS-73996/FRN 73996. [http://www.chsrf.ca/final\\_research/ogc/index\\_e.php](http://www.chsrf.ca/final_research/ogc/index_e.php)*
13. Tamim, H., Keir, P., Gledhill, N., **Grace, S.L.**, Jamnik, V., & MacPherson, A. (2006). Tai Chi Chuan workplace intervention for improving musculoskeletal fitness among female computer users. Centre of Research Expertise for the Prevention of Musculoskeletal Disorders Seed Grant. \$10,000 over 1 year. UW Award #3394901 SUB24 - WSIB (CRE-PREMUS).
14. Dinca-Panaitescu, S., El Morr, C., & **Grace, S.L.** (2007). Cardiac rehabilitation discharge summary pilot project: electronic discharge summary system prototype. SSHRC Small Grants Program. \$1,500 Jan-May.
15. **Grace, S.L.**, Stewart, D.E., Suskin, N., Alter, D.A., & Higginson, L. (2005). Contribution of patient and physician factors to cardiac rehabilitation referral and participation: a



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prospective, multi-level study. Canadian Institutes of Health Research. \$220,840 to May 2008. *Role: Principal investigator*. MOP-74431

16. **Grace, S.L.**, Stewart, D.E., Scholey, P., Holder, G., Kaur, R., Rukholm, E., Alter, D., Rush, J., Anand, S., Williamson, K., Harvey, P., Oh, P., Gupta, M., & Bunker, S. (2006). Cardiovascular secondary prevention for vulnerable populations: an interdisciplinary approach to improving access to services and outcomes. Reducing Health Disparities and Promoting Equity for Vulnerable Populations – Interdisciplinary Capacity Enhancement Grants CIHR IGH, ICRH and Heart and Stroke Foundation (HSF) of Canada. *Role: co-Principal investigator*. \$704,792 Apr 2006-Mar 2011. HOA-80676.
17. Oh, P., Nijhawan, R., Alter, D.A., Colella, T., Marzolini, S., & **Grace, S.L.** (2010). An innovative comprehensive cardiac rehabilitation program model for women. Academic Health Sciences Centre Alternate Funding Plan Innovation Fund. *Role: Co-investigator*. \$50,000. Apr 2010-Mar 2011.
18. **Grace, S.L.**, Suskin, N., Arthur, H.M., Prior, P., Reid, R., & Stewart, D.E. (2008). Comparing paper versus electronic transmission of cardiac rehabilitation summaries to primary care physicians: A multi-site multi-method study of information flow and content (the CR2DoC study). CIHR Operating Grant. *Role: Principal investigator*. \$310,792. Apr 2008-Mar 2012. MOP-74431.
19. Colella, T., Francis, J., Brooks, D., **Grace, S.L.**, Alter, D.A., Bayley, M., Suskin, N., Prior, P., Unsworth, K., Oh, P., Marzolini, S., Abramson, B., & Price, J. (2010). Initiating a current state / knowledge review on cardiac and stroke rehabilitation for women. ECHO: Improving Women's Health in Ontario. \$66,000 through Feb 2012. *Role: co-investigator*.
20. **Grace, S.L.**, Cyr, C., Rivera, T., Arthur, H.M., Chessex, C., O'Neill, B., Reid, R., Suskin, N. & Tu, J. (2011). Promoting systematic inpatient cardiac rehabilitation referral. CIHR Meetings, Planning & Dissemination Grant: Knowledge Translation Supplement. *Role: Principal Investigator*. \$100,000 for 1 year through February 2012. #TSH-112564.
21. **Grace, S.L.**, Warburton, D., Buckley, J., Stone, J.A., Sanderson, B., Sarrafzadegan, N., & Thompson, D. (2013). International collaboration in cardiovascular prevention and rehabilitation: Planning a global survey on cardiac rehabilitation. CIHR Planning Grant. \$24,987. March 2013 for 1 yr. *Role: principal investigator*.
22. Reid, R.D., **Grace, S.L.**, Blanchard, C.M., Chessex, C., Manuel, D., Krahn, M., Brownrigg, J., Kingsbury, K., & Pipe, A. (2012). Ecologically optimizing exercise maintenance in men and women following cardiac rehabilitation: A randomized controlled trial of efficacy with economics (ECO-PCR). HSFO Grant-in-Aid. \$160,266 over 2 years. *Role: co-PI*.
23. **Grace, S.L.**, Pilote, L., Arthur, H.M., Stewart, D.E., Oh, P., Melvin, K., Sternberg, L., & Brister, S. (2009). An RCT of women's adherence to women-only, home-based and traditional cardiac rehabilitation. (CR4HER). HSFO Grant-in-Aid. *Role: Principal investigator*. \$369,204. July 2009-June 2014. #NA 6682.
24. Kovacs, A., Irvine, J., Silversides, C., Kentner, M., **Grace, S.L.**, & Nolan R.P. (2012). The ACHD-Care Program: Evaluation of the Adult Congenital Heart Disease – Coping And Resiliency Program. CIHR Operating Grant. \$420,000 over 2 years. *Role: co-investigator*.

25. McKrindle, B., Kovacs, A., Walls, G., Wald, R., Oechlin, E., Chessex, C., Russell, J., **Grace, S.L.**, McKillop, A., & Banks, L. (2013). Increasing physical activity among children, adolescents and adults with congenital heart disease. Heart and Stroke Foundation – Ontario Bridge Funding. \$70,000 over 2 years. *Role: co-investigator*.
26. Mihailidis, A., **Grace, S.L.**, Chessex, C., Mak, S., & Arcelus, A. (2013). Autonomous and unobtrusive monitoring of the physiology and sedentariness of heart failure patients within the smart home environment. CIHR Operating Grant. \$144,960 over 2 years. *Role: co-principal investigator*.
27. Britto, R., Silva, L.D.N., Pereira, D.A.G., DaSilva, L.P., Lima, M.M.O., Ghisi, G.L.M., & **Grace, S.L.** (2014). Identifying facilitators and barriers to cardiovascular prevention and rehabilitation in the state of Minas Gerais, Brazil. Foundation for Research of the State of Minas Gerais (FAPEMIG) #03512. *Role: co-investigator*. 2 yrs. R\$58,193.00
28. Blanchard, C., Warburton, D., Rhodes, R.E., King-Schier, K., **Grace, S.L.**, Reid, R., Sweet, S., Giacomantonio, N., McGowan, E., Saunders, T., Rainham, D., & Witcher, C., (2014). Cardiac rehabilitation sedentary behaviour correlates (CARES). Heart and Stroke Foundation of Nova Scotia – Bridge Grant. *Role: co-investigator*. 1 yr. \$59,820.
29. Oh, P., Mitchell, M., Cookson, S., Alter, D.A., Faulkner, G., **Grace, S.L.** & Leahey, T. (2015). A randomized study of financial incentives for exercise among cardiac rehabilitation patients. MSH-UHN AMO Innovation Fund. *Role: co-investigator*. 1 yr (to Mar 31, 2016). \$68,931.
30. Ivers, N., Schwalm, J.D., Grimshaw, J., Natarajan, M., Kingsbury, K., Sherrard, H., Tepper, J., Oakes, G., Atzema, C., Bhatia, S., **Grace, S.L.**, Haynes, B., Hoch, J., Isaranuwatchai, W., Majumdar, S., Michie, S., Pesseau, J., So, D., Straus, S., Taljaard, M., Tu, J., Wittman, H., & Zwarenstein, M. (2014). Interventions to support long-term adherence and decrease cardiovascular events post-acute coronary syndrome (ISLAND-ACS). Ministry of Health and Long-Term Care, Health System Research Fund Capacity Award. *Role: co-investigator*. 3 years. \$1,039,055.

#### Non Peer-Reviewed Grants

1. **Grace, S.L.**, Jaglal, S., Brooks, D., Abramson, B., & Nolan, R.P. (2002). Evaluating an education tool to increase referral of women to cardiac rehabilitation. Ontario Ministry of Health and Long-Term Care. \$25 000 to Nov 2003. *role: Principal investigator*
2. Nolan, R.P., Stewart, D.E., Angus, J., Picard, L., Michel, I., Rukholm, E., Franche, R-L, Alter, D., Rodin, G., & **Grace, S.L.** (2002). COHRT: Gender-based mediators of risk factor reduction. Ontario Ministry of Health and Long-Term Care. \$21 450 to Nov 2003. *role: co-investigator*
3. Ontario Women's Health Network. (2003). Women's Health in Ontario: Bridging the gap through a network of services, Information, and discussion groups. Ontario Trillium Foundation. \$198,000 to Jan 2006. *Role: co-applicant*. File# 991 5321
4. **Grace, S.L.**, Abramson, B.L., Melvin, K., Sternberg, L., & Pilote, L. (2007). Women's adherence to cardiac rehabilitation by program model: a pilot randomized controlled trial. CIHR ICE Gender and sex determinants of cardiovascular disease: From bench to beyond

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(GENESIS). \$20,000 to August 2008. *Role: co-Principal investigator.*  
<http://www.womensresearch.ca/publications/ebulletin.php#cardiac>

5. **Grace, S.L.** (2013). Cardiac Rehabilitation PEer navigation to promote Enrolment and Referral (CR-PEER). Toronto General & Western Hospital Foundation. \$25,000. *Role: principal investigator.*
6. Benchmarking the Quality of Cardiac Rehabilitation at University Health Network through the Canadian Cardiac Rehab Registry. (2014). University Health Network, Peter Munk Cardiac Centre. \$20,000 July. 2 years.
7. **Grace, S.L.** (2017). Sex-based analyses of cardiac studies. Toronto General & Toronto Western Foundation – PMCC Women’s Cardiovascular Fund. \$22,500 for 1 year. *Role: principal investigator.*
8. **Grace, S.L.** (2018). Cardiac rehabilitation. Toronto General & Toronto Western Foundation – PMCC Medical Director’s Fund. \$25,000. *Role: principal investigator.*

#### Internal Grants

1. Dinca-Panaitescu, S., El Morr, C., & **Grace, S.L.** (2006). Cardiac rehabilitation discharge summary pilot project: Electronic discharge summary system prototype. York University, Atkinson Faculty of Liberal and Professional Studies, Minor Research Grants. \$1,600 for 1 year.
2. **Grace, S.L.** (2016). Global survey of cardiac rehabilitation: Availability and characteristics of programs. York University, Faculty of Health, Minor Research Grants. \$2,940 for 1 year.
3. **Grace, S.L.** (2017). Establishing the effects of cardiac rehabilitation on mortality and morbidity in middle-income countries: An RCT. York University Faculty Association, Sabbatical Fellowship. \$8,500 for 1 year.
4. **Grace, S.L.** (2017). Cardiac Rehab TriAl in mlddLe-income countries (CuRTAIL). SSHRC Research Opportunity Grant. \$2,000 over 12 months.

#### Contracts

1. CACR-CCS National Survey on Access to Cardiac Rehabilitation and Wait Times. (2010). Professional Research Services Agreement, Canadian Cardiovascular Society. \$4,000. *June-Dec.*
2. Cardiac Rehabilitation / Secondary Prevention Quality Indicator Data Definition Reconciliation and Preliminary Field Testing. (2013). Professional Research Services Agreement, Canadian Cardiovascular Society. \$12,000. *February-April.*
3. Cardiac rehabilitation referral audit. (2014). Cardiac Care Network of Ontario. \$35,000. *March.*
4. Cardiac Rehabilitation Foundations Certification. (2018). USV India. \$25,000 USD. 1 year.

#### Proposals Under Consideration

1. York University Research Chair (5 years).

#### Proposals in Preparation

1. Abrahamyan, L., **Grace, S.L.**, Krahn, M., Rac, V., Ross, H., Tomlinson, G., Virani, S., & Wijeyesundera, H. (2018). Deciphering referral and access to specialized heart failure clinics in the community: The why, who and when? HSCF. \$300,000. Role: co-principal investigator. 3 yrs.
2. Abrahamyan, L., **Grace, S.L.**, Krahn, M., Rac, V., Ross, H., Tomlinson, G., Virani, S., & Wijeyesundera, H. (2018). Deciphering referral and access to specialized heart failure clinics in the community: The why, who and when? CIHR Transitions in Care –Best and Wise Practices Grant. \$100,000. Role: co-principal investigator. 1 year.

#### Total Funding Dollars

TOTAL FUNDING (personnel and operating funds) **\$10,100,048**

TOTAL FUNDING AS PRINCIPAL INVESTIGATOR \$3,461,926

#### **PUBLICATIONS**

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=PureSearch&db=PubMed&details\\_term=Grace SL\[AU\]](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=PureSearch&db=PubMed&details_term=Grace SL[AU])

\* indicates trainee under supervision of S. Grace

Note: Last authorship indicates senior authorship.

ORCID ID: 0001-7063-3610

#### Peer-Reviewed Papers

1. **Grace, S. L.** & Cramer, K. (2002). Sense of self in the new millenium: male and female student responses to the TST. Social Behavior and Personality, 30(3), 271-280. April-May.
2. **Grace, S. L.**, Abbey, S., Irvine, J., Shnek, Z., Franche, R.L., & Stewart, D. (2002). Cardiac rehabilitation I: review of psychosocial factors. General Hospital Psychiatry, 24 (3), 121-126. May-June. doi:10.1016/S0163-8343(02)00178-0
3. **Grace, S. L.**, Abbey, S., Shnek, Z., Irvine, J., Franche, R.L., & Stewart, D. (2002). Cardiac rehabilitation II: referral and participation. General Hospital Psychiatry, 24 (3), 127-134. May-June. doi:10.1016/S0163-8343(02)00179-2
4. **Grace, S.L.** (2003). A review of aboriginal women's physical and mental health status in Ontario. Canadian Journal of Public Health, 94(3), 173-175. May-June.
5. Hamilton, J.\*, Kives, K.\*, Micevski, V., & **Grace, S.L.** (2003). Time perspective and health promoting behavior in a cardiac rehabilitation population. Behavioral Medicine, 28 (4), 132-139. Winter.
6. **Grace, S. L.** & Cramer, K. (2003). The elusive nature of self measurement: the self-construal scale versus the twenty statements test. Journal of Social Psychology, 143 (5), 649-668. October.
7. **Grace, S. L.**, Evindar, A.\*, & Stewart, D.E. (2003). The effect of postpartum depression on child cognitive development and behavior: A review and critical analysis of the literature. Archives of Women's Mental Health, 6 (4), 263-274. November. doi:10.1007/s00737-003-0024-6

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224. Supervia, M., Turk-Adawi, K., Lopez Jimenez, F., Pesah, E.\* , Rongjing, D., Britto, R., Bjarnason-Wehrens, B., Derman, W., Abreu, A., Babu, A., Santos, C., Khiong, J.S., Cuenza, L., Yeo, T.J., Scantlebury, D., Andersen, K., Gonzalez, G., Giga, V., Vulic, D., Vataman, E., Cliff, J., Kouidi, E., Yagci, I., Benaim, B., Kim, C., Fernandez, R., Radi, B., Gaita, D., Attila, S., Chen, S.Y., Roxburgh, B. Castillo Martin, J., Maskhulia, L., Burdiat, G., Salmon, R., Lomeli, R., Sovova, E., Hautala, A., Prasciene, E., Ambrosetti, M.,

Neubeck, L., Asher, E., Kemps, H., DeMaeyer, C., Eysymontt, Z., Farsky, S., Hayward, J., Prescott, E., Craddock, K., Dawkes, S., Santibanez, C., Zeballos, C., Pavy, B., Kiessling, A., Sarrafzadegan, N., Baer, C., Thomas, R., Hu, D., & **Grace, S.L.** Nature of cardiac rehabilitation services around the globe. BMJ.

225. Sanchez Delgado, J.C., Camargo Sepulveda, D.C., Cardona Zapato, A., Franco Pico, M.Y., Santos Blanco, L.M., Jacome Hortua, A.M., **Grace, S.L.**, Dutra de Souza, H.C., & Angarita Fonseca, A. The effects of phase III and IV cardiac rehabilitation: A systematic review. Physiotherapy.

#### Manuscripts in Preparation

226. Kabboul, N.\*, Tomlinson, G., Francis, T., **Grace, S.L.**, Chaves, G.\*, Rac, V., Daou-Kabboul, T., Bielecki, J., Alter, D.A., & Krahn, M. The comparative effectiveness of the core components of cardiac rehabilitation on mortality and morbidity: A systematic review and network meta-analysis. Lancet.
227. Mamataz, T.\*, Santiago Pio, C.\*, Turk-Adawi, K., Supervia, M., Pesah, E.\*, Lopez-Jimenez, F., Abdel-Hadi, R., El-Heneidi, A.A., & **Grace, S.L.** Cardiac rehabilitation dose around the globe: Variation and drivers.
228. Turk-Adawi, K., Supervia, M., Pesah, E., Lopez-Jimenez, F., Sadeghi, M., Sarrafzadegan, N., Afaneh, J., El Heneidy, A., Hafizullah, M., & **Grace, S.L.** Cardiac rehabilitation in the Eastern Mediterranean Region. International Journal of Cardiology.
229. Chang, I.S.J., Javaid, A.Q., Boger, J., **Grace, S.L.**, Arcelus, A., Mak, S., Chessex, C., & Mihailidis, A. Analysis of longitudinal and transversal ballistocardiogram in older adults with heart failure. IEEE Transactions in Biomedical Engineering.
230. Chang, I.S.J., Javaid, A.Q., Boger, J., **Grace, S.L.**, Arcelus, A., Mak, S., Chessex, C., & Mihailidis, A. Evaluation of ambient physiological monitoring system with older adults with heart failure.
231. Heine, M., Upton-Smith, A., Nel, S., **Grace, S.L.**, Pakosh, M., Derman, W., & Hanekom, S. Rehabilitation for non-communicable diseases of lifestyle in low-resource settings: A scoping review.
232. Medina-Inojosa, J.R., **Grace, S.L.**, Supervia, M., Somers, V., Thomas, R., & Lopez-Jimenez, F. What dose of cardiac rehabilitation reduces mortality and morbidity? A population-based study. JACC.
233. Abreu, A., Supervia, M., Turk-Adawi, K., Bjarnason-Wehrens, B., Lopez-Jimenez, F., Ambrosetti, M., Pesah, E., Andersen, K., Giga, V., Vulic, D., Gaita, D., Cliff, J., Kouidi, E., Yagci, I., Mooney, M., Simon, A., Maskhulia, L., Huatala, A., Prasciense, E., Kemps, H., De Maeyer, C., Eysymontt, A., Farsky, S., Hayward, J., Prescott, E., Craddock, K. & **Grace, S.L.** on behalf of the Global CR Program Survey Investigators. Cardiac rehabilitation in availability and delivery in Europe: How does it differ by region and compare to other high-income countries? EHJ.

234. Heine, M., Supervia, M., Turk-Adawi, K., Derman, W., Lopez Jimenez, F., Pesah, E., Naidoo, P., & **Grace S.L.** Cardiac rehabilitation in Africa. Cardiovascular Journal of Africa.
235. Babu, A., Turk-Adawi, K., Supervia, M., Lopez Jimenez, F., Pesah, E. \*, Contractor, A., & **Grace S.L.** Cardiac rehabilitation in India. Indian Heart Journal.
236. Supervia, M., Turk-Adawi, K., Lopez-Jimenez, F., Castillo, J., Pesah, E. \*, Melendez, A., Gimeno, M., & **Grace S.L.** Availability and nature of cardiac rehabilitation services in Spain. Rev Esp. Cardiol.
237. Atrey, A., Pesah, E. \*, Supervia, M., Turk-Adawi, K., Dawkes, S., Lopez-Jimenez, F., Cliff, J., Mooney, M., Hayward, J., & **Grace S.L.** Availability and nature of cardiac rehabilitation services in the United Kingdom. Heart.
238. Chaves, G.S.S. \*, Ghisi, G.L.M.G. \*, Servio, T.C., Britto, R.R., Pack, Q., & **Grace S.L.** Validation of the Hospital Administrator Cardiac Rehabilitation Attitudes (HACRA) scale: English, Spanish and Portuguese versions. European Journal of Cardiovascular Nursing.
239. Oldridge, N., Pakosh, M., & **Grace, S.L.** Review of recent exercise-based cardiac rehabilitation meta-analyses in patients with either coronary heart disease or heart failure. Future Cardiology. (invited).
240. Chaves, G.S.S. \*, Ghisi, G.L.M. \*, Britto, R.R., & **Grace, S.L.** Maintenance of gains, morbidity and mortality 1-year following cardiac rehabilitation in a middle-income country: A wait-list control crossover trial. JAHA.
241. Liu, X., **Grace, S.L.**, Ding, B., Liang, L., Xu, Z., & Zhang, Y. Cardiac rehabilitation beliefs among healthcare providers in China: A mixed-method study.
242. Thomas, E., Bunker, S., **Grace, S.L.**, & O'Neil, A. Improving monitoring and evaluation of cardiac rehabilitation programs: A call to action for Australia. Medical Journal of Australia.
243. Britto, R.R., Supervia, M., Turk-Adawi, K., Chaves, G.S.S., Pesah, E. \*, Lopez Jimenez, F., Gomes Pereira, D.A., & **Grace, S.L.** Cardiac rehabilitation availability and delivery in Brazil, with comparison to other middle-income countries. Arq Bras Cardiol.
244. Reid, R., Wooding, E., Blanchard, C., Moghei, M. \*, Harris, J., Ghisi, G.L.M. \*, Pipe, A., Chessex, C., & **Grace, S.L.** A randomized trial of an exercise maintenance intervention after cardiac rehabilitation. NEJM.
245. Supervia, M., **Grace S.L.**, Turk-Adawi, K., Anderson, T., Draper, T., Mola, A., & Lopez-Jimenez, F. Availability and nature of cardiac rehabilitation services in the United States.

## PRESENTATIONS

### Symposia / Workshops

1. Ahmad, F., Stewart, D.E., Cameron, J., **Grace, S. L.**, Meana, M., & Barata, P. (2002). Determinants of breast and cervical cancer screening among ethnic and rural populations. Enhancing Outcomes in Women's Health: Translating Psychosocial and Behavioural Research into Primary Care, Community Interventions, and Health Policy; American Psychological Association. Washington, DC. February.
2. Abbey, S., **Grace, S.L.**, Pagani, M., Nolan, R., Freedland, K., & Dimsdale, J. (2002). Current challenges and new approaches to psychological assessment and treatment in cardiac rehabilitation. American Psychosomatic Society. Barcelona, Spain. March. *Psychosomatic Medicine*; 64 (1), pp. 92-93.
3. **Grace, S.L.**, Uskul, A., Gucciardi, E., Barata, P. Ahmad, F. (2002). Gender and cultural issues in access to health care and information. Society for the Psychological Study of Social Issues Annual Conference. Toronto, ON. June.
4. Stewart, D.E., **Grace, S.L.**, Douki, S., Rondon, M., & Skaff, J.M. (2006). Depression in vulnerable female populations. World Psychiatric Association International Congress. Istanbul, Turkey. July. *Turkish Journal of Psychiatry*; 17(2; Suppl 1), p.51.
5. **Grace, S.L.**, Irvine, J., Nolan, R., Kovacs, A., Reitav, J., Leung, Y.W.\*, Gravely-Witte, S.\* , & Shanmugasegaram, S.\* (2009). Cardiac psychology and rehabilitation. American Psychological Association. Toronto, ON. August. CE Credit.
6. **Grace, S.L.**, Arthur, H.M., Fair, T., Suskin, N. Cyr, C., Winstanley, J. & Dafoe, W. (2009). Rehabbing Referral Rates: Innovative Cardiac Rehabilitation Referral Methods. Canadian Cardiovascular Congress. Edmonton, AB. October.
7. **Grace, S.L.**, Dafoe, W., Suskin, N., Simpson, C., Marcus, L., Chessex, C., & Audelin, MC. (2010). Cardiac Rehabilitation Wait Times. Canadian Cardiovascular Congress. Montreal, QC. October.
8. Graham, M., Sheldon, R., **Grace, S.L.**, McGillion, M., Carroll, S., Pipe, A., & Eisenberg, M. (2010). CCS 2010 Guidelines and Position Statements. Canadian Cardiovascular Congress. Montreal, QC. October.
9. **Grace, S.L.**, Oh, P., Norris, C.M., Pandey, A.S., Lavoie, A., Giacomantonio, N., & Poirier, P. (2012). Cardiac rehabilitation and secondary prevention quality indicators: "Measuring up" through the Canadian Cardiac Rehab Registry. Canadian Cardiovascular Congress. Toronto, ON. October.
10. **Grace, S.L.**, Britto, R., & Buckley, J. (2013). Pearls from other national CR associations: what can we learn? Vascular 2013. Montreal, QC. October.
11. Buckley, J., Woodruffe, S., Sarrafzadegan, N., Contractor, A., Carvalho, T., & **Grace, S.L.** (2014). Promotion and adoption of cardiovascular rehabilitation and secondary prevention in low and middle-income countries. World Congress of Cardiology. Melbourne, AU. May.
12. Reddy, S., Wood, D.A., Jackson, R., Jones, J., Redfern, J., & **Grace, S.L.** (2014). A global alliance to promote excellence in preventive and rehabilitative care. World Congress of Cardiology. Melbourne, AU. May.

13. Woodruffe, S., Hare, D., **Grace, S.L.**, & Shanmugasagaram, S\*. (2014). Mental health and CVD. World Congress of Cardiology. Melbourne, AU. May.
14. Hu, D., Contractor, A.S., Buckley, J., Ding, R., & **Grace, S.L.** (2015). Bridging the gap between guidelines and practice: Implementing cardiovascular prevention and rehabilitation in low and middle-income countries. 26<sup>th</sup> Great Wall International Congress of Cardiology / Asia-Pacific Heart Congress / International Congress of Cardiovascular Prevention and Rehabilitation. Beijing, China. October.
15. Lopez-Jimenez, F., Terzic, C., Herdy, A., Anchique, C.V., & **Grace, S.L.** (2015). Cardiac rehabilitation in the Americas: It is time to increase capacity. XXV Congreso Interamericano de Cardiologia. Santiago, Chile. December.
16. Wood, D., Wong, N., Jalani, A., Lopez, F., Kotseva, K., & **Grace, S.L.** (2016). International experiences and global approaches in cardiac rehabilitation and prevention. Saudi Heart Association Joint Session; World Congress of Cardiology. Mexico City, Mexico. June.
17. Lopez-Jimenez, F., Supervia Pola, M., Ding, R., & **Grace, S.L.** (2018). Scaling up cardiac rehabilitation delivery worldwide. American Association of Cardiovascular and Pulmonary Rehabilitation 32nd Annual Meeting. Louisville, KY. September.
18. **Grace, S.L.**, Thomas, E.E.\*, Moghei, M.\* Lambert, L., & Suskin, N. (2018). Cardiac rehabilitation quality. Canadian Cardiovascular Congress. Toronto, ON. October. *CJC*

#### Peer-Reviewed Oral Presentations

1. **Grace, S. L.** & Cramer, K. (2001). The nature of independent and interdependent self-construals: a focus on psychological relatedness. Social Area Preconference; Canadian Psychological Association. Quebec City, PQ. June.
2. Ahmad, S., **Grace, S.L.**, Stelfox, H.T., Tomlinson, G., & Cheung, A. (2001). Gender bias in cardiovascular advertisements. Royal College of Physicians and Surgeons of Canada Annual Conference on Achieving Quality Health Care Through Education, Professional Development and Research. Ottawa, ON. September.
3. **Grace, S.L.**, Evindar, A.\*, Kung, T.\*, Scholey, P., & Stewart, D.E. (2003). Retrospective evaluation of automatic referral to cardiac rehabilitation closest to home. Canadian Association of Cardiac Rehabilitation Annual Meeting. Toronto, ON. October. *JCR*; 23 (5), p. 387.
4. **Grace, S.L.**, Evindar, A.\*, Kung, T.\*, Scholey, P., & Stewart, D.E. (2004). Increasing access through automatic referral to cardiac rehabilitation closest to home. 8<sup>th</sup> World Congress on Cardiac Rehabilitation & Secondary Prevention. Dublin, Ireland. May. *European Journal of Cardiovascular Prevention & Rehabilitation*; 11 (1), p. 29.
5. **Grace, S.L.**, Abbey, S.E., Irvine, J., Shnek, Z., & Stewart, D.E. (2004). Prospective examination of anxiety persistence and its relationship to cardiac symptoms and recurrent cardiac events. Harvey Stancer Research Day, Department of Psychiatry, University of Toronto. Toronto, ON. June.
6. **Grace, S.L.**, Krepostman, S.\*, Brooks, D., Arthur, H., Scholey, P., Suskin, N., Jaglal, S., Abramson, B., & Stewart, D.E. (2005). Illness perceptions among cardiac patients: relation to depressive symptomatology and sex. American Heart Association, 2nd International Conference on Women, Heart Disease and Stroke. Orlando, FL. February. *Circulation*, 111(4), e41.



7. **Grace, S.L.**, Abbey, S., Kapral, M., Fang, J., Nolan, R.P., & Stewart, D.E. (2005). The effect of depressive history and persistence on 5-year mortality after an acute coronary syndrome. 31<sup>st</sup> Annual Harvey Stancer Research Day, Department of Psychiatry, University of Toronto. Toronto, ON. June. *John Cleghorn New Investigator Prize offered, but ineligible*.
8. **Grace, S.L.**, Abbey, S., Kapral, M., Fang, J., Nolan, R.P., & Stewart, D.E. (2005). The effect of depressive history and persistence on 5-year mortality after an acute coronary syndrome. University Health Network Research Day. Toronto, ON. October.
9. **Grace, S.L.**, Barry-Bianchi, S., Stewart, D.E., Rukholm, E., & Nolan, R.P. (2006). Physical activity behaviour, motivational readiness and self-efficacy among Ontarians with cardiovascular disease and diabetes. Canadian Association of Cardiac Rehabilitation Annual Meeting. Vancouver, BC. October. *Journal of Cardiopulmonary Rehabilitation, 26 (4): 274*. <http://www.cacr.ca/ed/am2006/am2006program.htm>
10. **Grace, S.L.**, Scholey, P., Suskin, N., Arthur, H., Brooks, D., Jaglal, S., Abramson, B.L., & Stewart, D.E. (2006). Automatic referral can double verified cardiac rehabilitation enrolment and reduce utilization delays. Canadian Cardiovascular Congress. Vancouver, BC. October. *Canadian Journal of Cardiology, 22D: 144D*.
11. Leung, Y.W.\* , Tamim, H., Arthur, H.M., Stewart, D.E. & **Grace, S.L.** (2006). Correlates associated with acute coronary syndrome patients' cardiac rehabilitation and/or mind-body therapy participation. Integrating CAM Research and Practice: A focus on outcome measures. 3rd Annual Canadian Interdisciplinary Network for Complementary & Alternative Medicine (IN-CAM) Research Symposium. Calgary, AB. November. *Journal of Complementary and Integrative Medicine, 3(1), article 7, p. 23*.
12. Nolan, R.P., **Grace S.L.**, Barry-Bianchi, S., & Mechettiuc, A. (2007). Community Outreach for Heart Health Risk Reduction Trial (COHRT). American Psychosomatic Society. Budapest, Hungary. March. *Psychosomatic Medicine, A104*.
13. Macchi, R., Pilote, L., Abramson, B., Sternberg, L., Melvin, K., & **Grace, S.L.** (2007). Women's adherence to cardiac rehabilitation by program model: design of a pilot randomized controlled trial. Graduate Student Research Day in Women's Health. Toronto, ON. May.
14. Brual, J.\*, Gravely-Witte, S.\*, Kayaniyil, S.\*, Stewart, D.E., & **Grace, S.L.** (2007). Distance and transportation as barriers to cardiac rehabilitation in urban and rural coronary artery disease outpatients. 5th Quebec International Symposium on Cardiopulmonary Prevention/Rehabilitation. Quebec City, PQ. June. *Clinical & Investigative Medicine, Vol 30 (3S): 26*.
15. **Grace, S.L.**, Suskin, N., Arthur, H.M., & Stewart, D.E. (2007). Automatic referral may reduce socioeconomic disparities in cardiac rehabilitation access. Canadian Association of Health Services and Policy Research Conference. Toronto, ON. June.
16. **Grace, S.L.**, Leung, Y.W.\* , Arthur, H.M., Abramson, B.L., & Stewart, D.E. (2007). A prospective multi-site study of women's outcomes following cardiac rehabilitation participation. Canadian Association of Health Services and Policy Research Conference. Toronto, ON. June.
17. Nolan, R., Stewart, D.E., **Grace, S.L.**, Angus, J., & Barry-Bianchi, S. (2007). Efficacy of a telephone-based CVD risk reduction strategy: The Community Outreach Heart Health and Risk Reduction Trial (COHRT). Harvey Stancer Research Day, Department of Psychiatry, University of Toronto. Toronto, ON. June.
18. Brual, J.\*, Gravely-Witte, S.\* , Stewart, D.E., Suskin, N., & **Grace, S.L.** (2007). Meeting the 30 minute drive time of accessible cardiac rehabilitation: How do urban and rural cardiac outpatients fare? Canadian Cardiovascular Congress. Quebec City, QC. October. *Canadian Journal of Cardiology, 23(SupplC): 233C*.

19. Gravely-Witte, S.\* , Tam, C., Stewart, D.E., Bunker, S., & **Grace, S.L.** (2008). The identification of depression among heart failure patients. 14th World Congress on Heart Disease. International Academy of Cardiology. Toronto, ON. July. *The Journal of Heart Disease*, 6(1):69.
20. **Grace, S.L.**, Gravely-Witte, S.\* , Brual, J.\* , Suskin, N., Higginson, L., Alter, D.A., & Stewart, D.E. (2008). Contribution of patient and physician factors to cardiac rehabilitation referral and enrolment: A prospective multi-level study. Canadian Association of Cardiac Rehabilitation Annual Meeting. Toronto, ON. October. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 28(5):335.
21. Tamim, H., Castel, E.S., Jamnik, V., Keir, P., **Grace, S.L.**, Gledhill, N., Macpherson, A.K. (2009). Tai Chi workplace program for improving musculoskeletal fitness among female computer users. WONCA Asia-Pacific Regional Conference. Hong Kong, China. June.
22. Shanmugasegaram, S.\* , Stewart, D.E., Winstanley, J., Parsons, C., Oh, P., & **Grace, S. L.** (2009). Psychometric validation of the cardiac rehabilitation barriers scale. Canadian Association of Cardiac Rehabilitation 19<sup>th</sup> Annual Meeting and Symposium. Edmonton, AB. October. *JCRP*, 29(5):334.
23. Gravely-Witte, S.\* , VanLangen, L.\* , Khan, S.\* , Stewart, D.E., Parsons, C., Oh, P. & **Grace S.L.**, on behalf of the CRCARE Investigators. The identification of depression among heart failure patients. Are there gender disparities? (2009). Women's Mental Health in Ontario: Building Networks and Research Capacity. Toronto, ON. October.
24. **Grace, S.L.**, Russell, K.L.\* , Fair, T., Wu, G., Oh, P.I., on behalf of the CRCARE Investigators. Best practice in cardiac rehabilitation referral: Integration across the continuum of care. (2010). GTA Rehab Network Best Practices Day. Toronto, ON. March.
25. **Grace S.L.**, Leung, Y.W.\* , Grewal, K.\* , Gravely-Witte, S.\* , Suskin, N., & Stewart, D.E. (2010). Patient outcomes following participation in cardiac rehabilitation programs of longer or shorter than 6 months: Does duration matter? The Canadian Association for Health Services and Policy Research (CAHSPR) Annual Meeting. Toronto, ON. May.
26. Shanmugasegaram, S.\* , Stewart, D. E., Ghosh, I., & **Grace, S. L.** (2010). Correlates of comorbid insomnia in coronary artery disease patients. CIHR Institute of Circulatory and Respiratory Health's Young Investigators Forum. Vancouver, BC. May.
27. Gravely-Witte, S.\* , Stewart, D.E., Brister, S., Ghosh, I. & **Grace, S.L.** (2010). A prospective multicentre study examining clinical and psychosocial outcomes following women's cardiac rehabilitation participation. Institute of Circulatory and Respiratory Health Young Investigators Forum. Vancouver, BC, May.
28. Leung, Y.W.\* , Stewart, D.E. & **Grace, S.L.** (2010). Posttraumatic growth among ethnocultural minority coronary artery disease patients. The 5th European Conference on Positive Psychology. Copenhagen, Denmark. June.
29. Leung, Y.W.\* , Stewart, D.E. & **Grace, S.L.** (2010). The relationship between posttraumatic growth and traditional and non-traditional coronary artery disease risk factors. The 5th European Conference on Positive Psychology. Copenhagen, Denmark. June.
30. Gravely-Witte, S.\* , VanLangen, L., Stewart, D.E., Anand, S., Reid, R., Wu, G., & **Grace, S.L.** (2010). Degree and correlates of heart failure clinic use. Canadian Association of Cardiac Rehabilitation Annual Symposium. Montreal, QC. October. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 30(5): 347.
31. Shanmugasegaram, S.\* , Russell, K.L., Kovacs, A.H., Stewart, D.E., & **Grace, S.L.** (2010). Sex differences in prevalence of major depression in coronary artery disease patients: A systematic review and meta-analysis of observational studies. Australasian Society for Psychiatric Research 2010 Conference. Sydney, AU. December.
32. Holloway, T.M., **Grace, S.L.**, Chessex, C., Oeschlin, E., Spriet, L.L., & Kovacs, A.H. (2011). Adult congenital heart disease patient participation in a traditional cardiac rehabilitation program. 58th Annual Meeting and 2nd World Congress of Exercise is Medicine of the

- American College of Sports Medicine. Denver, CO. June. *Medicine and Science in Sports and Exercise*, 43:5 Supplement, s78.
33. Polyzotis, P.A.\*, Reid, R., Fair, T., Unsworth, K., Evans, S., Parsons, C. & **Grace, S.L.** (2011). Primary care providers' receipt and perceptions of cardiac rehabilitation discharge summaries. Canadian Association of Cardiac Rehabilitation Annual Meeting and Symposium. Vancouver, BC. October. *JCRP*; 31(5):e1.
  34. Shanmugasegaram, S.\*, Kovacs, A. H., Ardern, C., Oh, P., Stewart, D. E., & **Grace, S. L.** (2011). Relationships among physical activity and correlates of depressive symptoms in female cardiac patients. Canadian Cardiovascular Congress. Vancouver, BC. October. *Canadian Journal of Cardiology*, 27(5):s217.
  35. Polyzotis, P.A.\*, Chessex, C., Chua, G., & **Grace, S.L.** (2011). Patient education through post-hospitalization transitions: Do Cardiac Outpatients Recall Being Provided Guideline-Recommended Information? Canadian Cardiovascular Congress. Vancouver, BC. October. *CJC*, 27(5):s311.
  36. Ghisi, G.L.M., Santos, R.Z., Oh, P., Benetti, M., & **Grace, S.L.** (2012). Binational comparison of barriers to cardiac rehabilitation use in Canada and Brazil. World Congress of Cardiology. Dubai, UAE. April. *Circulation*, 125(19): e73.
  37. Colella, T.J.F., Gravely, S., Minian, N., Francis, J., Cleverly, S., Campbell, P., Kingsbury, K., & **Grace SL.** (2012). Evaluating the effects of a systematic referral strategy with liaison: Does it improve women's access to cardiac rehabilitation? CIHR – Advancing Excellence in Gender, Sex and Health Research. Montreal, QC. October.
  38. Ghisi, G.L.M., **Grace, S.L.**, Evans, M.F., Thomas, S., & Oh, P. (2012). Development and psychometric validation of a new tool to assess educational needs in cardiac rehabilitation patients. CACR Annual Meeting and Symposium. Toronto, ON, October. *JCRP*, 32(5); 307.
  39. Pourhabib, S.\*, Chessex, C., Gravely, S., Rivera, T., Murray, J., & **Grace, S.L.** (2013). The impact of inpatient-provider discussions on enrollment in cardiovascular rehabilitation: Say what? Cardiac Rehabilitation Network of Ontario Symposium. Toronto, ON. May.
  40. Pourhabib, S.\*, Chessex, C., Gravely, S., Murray, J., & **Grace, S.L.** (2013). Patient-provider communication on the cardiac unit: What is said and how are related to cardiovascular rehabilitation referral rates. AACVPR 28th Annual Meeting. Nashville, Tennessee. October. *JCRP*, 33(5); 328-329.
  41. Ghisi, G.L.M.\*, **Grace, S.L.**, Thomas, S., Evans, M.F., & Oh, P. (2014). Healthcare providers' awareness of the information needs of their cardiac rehabilitation patients throughout the program continuum. World Congress of Cardiology. Melbourne, AU. May. *Global Heart*, 9(1S); e55.
  42. Ghisi, G.L.M.\*, **Grace, S.L.**, Thomas, S., Evans, M.F., & Oh, P. (2014). Development and psychometric validation of the 2nd version of the Coronary Artery Disease Education Questionnaire (CADE-Q II). AACVPR 29th Annual Meeting. Denver, CO. September. *JCRP*, 34(4); 281.
  43. Ali-Faisal, S.\*, Benz Scott, L., & **Grace, S.L.** (2015). Peer navigators to promote cardiac rehabilitation enrolmnt: preliminary results of a pilot randomized controlled trial. Stonybrook University's Converging Sciences Summit. Stonybrook, NY. April.
  44. Prince, S.A., Blanchard, C.M., **Grace, S.L.**, & Reid, R.D. (2015). Degree of objectively-measured sedentary time and its association with markers of cardiometabolic health among patients with coronary artery disease. University of Ottawa Heart Institute 28th Annual Research Day. Ottawa, ON. May.
  45. Ghisi, G.L.M.\*, **Grace S.L.**, Thomas, S., & Oh, P. (2015). Behavior determinants among cardiac rehabilitation patients receiving educational interventions. Annual Convention of the American Psychological Association. Toronto, ON. August.
  46. Prince, S.A., Blanchard, C.M., **Grace, S.L.** & Reid, R.D. (2015). Objectively-measured sedentary time and its association with markers of cardiometabolic health among patients

- with coronary artery disease. Canadian Cardiovascular Congress. Toronto, ON. October. *CJC*; 31(10):s209.
47. **Grace, S.L.**, Ghisi, G.L.M.\*, Anchique, C.V., Benaim, B., Lopez-Jimenez, F., Herdy, A.H., Inojosa, J.M., Terzic, C.M., & Janovik, L. (2015). Severity of depressive symptoms pre and post-cardiac rehabilitation: A comparison in Brazil, Canada, Colombia, the United States and Venezuela. 26th Great Wall International Congress of Cardiology, Asia Pacific Heart Congress, International Congress of Cardiovascular Prevention and Rehabilitation. Beijing, China. October. *JACC*, 66(16S):C232.
  48. Marinho, R.P.\*, Babu, A.S., & Lopez-Jimenez, F. & **Grace, S.L.** (2015). Cardiac rehabilitation reimbursement models around the globe. 26th Great Wall International Congress of Cardiology, Asia Pacific Heart Congress, International Congress of Cardiovascular Prevention and Rehabilitation. Beijing, China. October. *JACC*, 66(16S):C233.
  49. McKillop, A.L.\*, McCrindle, B.W., Dimitropoulos, G., **Grace, S.L.** & Kovacs, A.H. (2016). Physical activity perceptions and behaviours in emerging adults with congenital heart disease: A mixed-methods study. Canadian Cardiovascular Congress. Montreal, QC. October. *CJC*, 32(10):S248.
  50. Supervia, M., Turk-Adawi, K., Lopez-Jimenez, F., Pesah, E.\*, & **Grace S.L.** (2017). Global survey of cardiac rehabilitation programs: Availability and delivery around the world. International Society of Physical Medicine and Rehabilitation Medicine. Buenos Aires, Argentina. May.
  51. Santiago de Araujo Pio, C.\*, Marzolini, S., Pakosh, M., & **Grace, S.L.** (2017). Effect of cardiac rehabilitation dose on mortality and morbidity: how low can we go? A systematic review and meta-regression. European Society of Cardiology Congress. Barcelona, Spain. August. *European Heart Journal*, 38(suppl1):5971.
  52. Giannoccaro, J., Rouleau, C., Campbell, T.S., Arena, R., **Grace, S.L.**, Aggarwal, D., & Aggarwal, S. (2017). A preliminary mixed-methods study of barriers to follow-up care among coronary artery disease patients after completion of outpatient cardiac rehabilitation. CACPR Annual Meeting and Symposium. Vancouver, BC. October. *JCRP*;37(6):457.
  53. Ayyoub, L.\*, Hvizd, A., **Grace, S.L.**, & Bassett-Gunter, R.L. (2017). Glucofit: A pilot study evaluating a brief action planning intervention in individuals with type 2 diabetes following a community-based physical activity program. Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS). St. John's, NL. October. *Journal of Exercise, Movement and Sport*; 49(1):148.
  54. Fatimah, N., **Grace, S.L.**, Emaliyawati, E., & Somantri, I. (2017). Cardiac rehabilitation barriers in Indonesia. World NCD Congress. Chandigarh, India. November. *International Journal of Non-Communicable Diseases*; 2(5):S7.
  55. Pesah, E.\*, Turk-Adawi, K., Supervia, M., Lopez Jimenez, F., & **Grace, S.L.** (2018). Cardiac rehabilitation delivery in low and middle-income countries. Toronto Rehabilitation Institute Research Day. Toronto, ON. January.
  56. Gallagher, R., Supervia, M., Turk-Adawi, K., Candelaria, D., Ladak, L., Neubeck, L., & **Grace, S.L.** (2018). The global cardiac rehabilitation program survey: Program resources and impact in Australia. Australian Cardiac Rehabilitation Association Conference. Brisbane, AU. July.
  57. McCleary, N., Presseau, J., Schwalm, J-D., Witteman, H.O., Taljaard, M., Desveaux, L., **Grace, S.L.**, Natarajan, M., Grimshaw, J.M., & Ivers, N.M. (2018). Investigating behavioural mechanisms of Interventions Supporting Long-term Adherence aNd Decreasing cardiovascular events (ISLAND). European Health Psychology Society Conference. Galway, Ireland. August.
  58. **Grace, S.L.**, Pesah, E.\*, Supervia, M., Turk-Adawi, K., Bjarnason, B., Draper, T., Thomas, R., & Lopez-Jimenez, F. (2018). Cardiac rehabilitation quality: Variation by region and

country income classification? American Association of Cardiovascular and Pulmonary Rehabilitation 32nd Annual Meeting. Louisville, Kentucky. October. *JCRP*;

#### Peer-Reviewed Poster Presentations

1. **Grace, S.L.** (2001). Parental and familial antecedents of adult daughter gender attitudes and roles. Canadian Psychological Association. Quebec City, QC. June. *Canadian Psychology*; 42 (2a), p. 81.
2. **Grace, S.L.**, Lafreniere, K., & Tan, J. (2002). Gender differences in health based on perceptions of control and equality. Canadian Psychological Association. Vancouver, BC. May. *Canadian Psychology*; 43 (2a), p. 130.
3. **Grace, S.L.**, & Senn, C. (2002). Social, affective, and behavioural outcome in standard versus comprehensive methadone maintenance therapy. Canadian Psychological Association. Vancouver, BC. May. *Canadian Psychology*; 43 (2a), p. 130.
4. Jackevicius, C., **Grace, S.L.**, Abbey, S., Irvine, J., Shnek, Z., Micevski, V., & Stewart, D.E. (2002). Gender differences in patient-reported use and tolerability of medications post acute coronary syndromes. Canadian Cardiovascular Congress. Edmonton, AB. October.
5. Evindar, A.\* , **Grace, S.L.**, Brooks, D., Jaglal, S., Abramson, B., & Nolan, R. (2002). Evaluating an educational tool to increase referral of women to cardiac rehabilitation. University Health Network Annual Research Day. Toronto, ON. November.
6. DeMelo, D., Gucciardi, E., **Grace, S.L.**, & Lee, R. (2003). Randomized prospective evaluation of nutritional outcomes in Portuguese adults with type 2 diabetes who attend an interactive group education program. University Health Network Allied Health Research Day. Toronto, ON. January.
7. Franche, R.-L., Minore, B., Roussy, F., **Grace, S.L.**, Stewart, D.E., Kurm, M.J., Fancott, C., Kunkel, G. (2003). Multiple role strain, health, and healthrisk behaviors in Ontario healthcare workers. American Psychological Association and National Institute for Occupational Safety and Health. Toronto, ON. March.
8. **Grace, S.L.**, Evindar, A.\* , Brooks, D., Jaglal, S., Abramson, B., & Nolan, R (2003). Pilot evaluation of a tool to increase female patient-initiated communication regarding cardiac rehabilitation referral. Society of Behavioral Medicine. Salt Lake City, UT. March.
9. **Grace, S.L.**, Wong, M.\* , Li, L., & Gucciardi, E. (2003). Meal preparation in patients with type 2 diabetes and their spouses: a qualitative and quantitative study. Canadian Psychological Association. Hamilton, ON. June. *Canadian Psychology*; 44 (2a), p.29.
10. **Grace, S.L.**, Gucciardi, E., Borlido, C.\* , DeMelo, M., & Lee, R.N.F. (2003). Randomized prospective evaluation of nutrition education in Portuguese diabetes patients. American Psychological Association. Toronto, ON. August.
11. **Grace, S.L.**, Hamilton, J.\* , Kives, K.\* , & Micevski, V. (2003). Time perspective and health-promoting behavior in cardiac rehabilitation patients. American Psychological Association. Toronto, ON. August.
12. Gucciardi, E., DeMelo, M., Offenheim, A., & **Grace, S.L.** (2003). Determinants of diabetes education service use. Canadian Public Health Association. Calgary, AB. May. *Diabetes 52 (Suppl 1): A207*.
13. Abbey, S., **Grace, S.L.**, Irvine, J., Shnek, Z., & Stewart, D.E. (2003). Prospective examination of anxiety persistence and its relationship to cardiac symptoms and recurrent cardiac events. Canadian Cardiovascular Congress. Toronto, ON. October. *Canadian Journal of Cardiology*, 19A.
14. **Grace, S.L.**, Krepostman, S.\* , Abramson, B., Scholey, P., Brooks, D., Jaglal, S., Arthur, H., Suskin, N., & Stewart, D.E. (2003). Referral to and discharge from cardiac rehabilitation: key informant views on continuity of care. University Health Network Annual Research Day. Toronto, ON. November.

15. **Grace, S.L.**, Evindar, A.\*, Kung, T.\*, Scholey, P., & Stewart, D.E. (2004). Automatic referral to cardiac rehabilitation: reducing disparities in uptake. 8<sup>th</sup> World Congress of Cardiac Rehabilitation and Secondary Prevention. Ireland. May. *European Journal of Cardiovascular Prevention & Rehabilitation*; 11 (1), p. 89.
16. **Grace, S.L.**, Evindar, A.\*, Abramson, B., & Stewart, D.E. (2004). Physician factors affecting referral to cardiac rehabilitation. 8<sup>th</sup> World Congress of Cardiac Rehabilitation and Secondary Prevention. Ireland. May. *European Journal of Cardiovascular Prevention & Rehabilitation*; 11 (1), p. 90.
17. Ponzio, M.\*, Gucciardi, E., Weiland, M., Masi, R., Lee, R.N.F., & **Grace, S.L.** (2004). Gender, ethnocultural and psychosocial barriers to nutrition self-management in Italian women and men with type 2 diabetes: a qualitative and quantitative study. Canadian Society for Clinical Investigation / CIHR. Ottawa, ON. September.
18. McDonald, J.\*, Caruso, V., Fishman, D. & **Grace, S.L.** (2004). Patient preferences for on-site versus home-based cardiac rehabilitation. Canadian Association of Cardiac Rehabilitation. Calgary, AB. October.
19. Mitoff, P.\*, Wesolowski, M.\*, Abramson, B.L., & **Grace, S.L.** (2004). Patient provider communication regarding referral to cardiac rehabilitation. Canadian Association of Cardiac Rehabilitation. Calgary, AB. October.
20. **Grace, S.L.**, Evindar, A.\*, Abramson, B., & Stewart, D.E. (2004). Physician factors affecting referral to cardiac rehabilitation. University Health Network Annual Research Day. Toronto, ON. November.
21. McDonald, J.\*, Caruso, V., & **Grace, S.L.** (2004). Patient preferences for on-site versus home-based cardiac rehabilitation. University Health Network Annual Research Day. Toronto, ON. November.
22. **Grace, S.L.**, Abbey, S., Pinto, R., Shnek, Z., Irvine, J., & Stewart, D.E. (2005). Depression longitudinally post-cardiac event. American Heart Association, 2nd International Conference on Women, Heart Disease and Stroke. Orlando, FL. February. *Circulation*, 111(4), e58.
23. Ponzio, M.\*, Gucciardi, E., Weiland, M., Masi, R., Lee, R.N.F., & **Grace, S.L.** (2005). Gender, ethnocultural and psychosocial barriers to nutrition self-management in Italian women and men with type 2 diabetes: a qualitative and quantitative study. University Health Network Allied Health Research Day. Toronto, ON. February.
24. Riley, D.L.\*, Krepostman, S.\*, Stewart, D.E. & **Grace, S.L.** (2005). Continuity of care in cardiac patients: from cardiac rehabilitation to primary care physicians. 6th International Conference on the Scientific Basis of Health Services: Improving Health by Advancing Health Care, and Canadian Association for Health Services and Policy Research. Montreal, PQ. September.
25. Krepostman, S.\*, Scholey, P., Stewart, D.E., & **Grace, S.L.** (2005). A qualitative pilot study examining automatic referral mechanisms to cardiac rehabilitation. University Health Network Research Day. Toronto, ON. October.
26. Riley, D.L.\*, Stewart, D.E., & **Grace, S.L.** (2005). Continuity of cardiac care: cardiac rehabilitation participation and other correlates. Canadian Institutes of Health Research Institute of Gender and Health annual meeting. Vancouver, BC. November.
27. **Grace, S.L.**, Williams, A., Stewart, D.E., & Franche, R-L. (2006). Health-promoting behaviour changes through pregnancy, maternity leave, and return to work: effects of role spillover and other correlates. Ontario Women's Health Council Research Days. Ottawa, ON. April.
28. Gravely-Witte, S.\*, Stewart, D.E., & **Grace, S.L.** (2006). Cardiologist perceptions of a gender bias in cardiac rehabilitation referral. Ontario Women's Health Council Research Days. Ottawa, ON. April.

29. Diaz-Granados, N., Azar, R., Cheng, C., Coulombe, L., Fear, J.M., **Grace, S.L.**, Gucciardi, E., Poynter, B., Steele, L., McDermott, S., Munce, S., Ross, L., Strohm, S., Wang, S., Wathen, N., Webster, F., Whitney, D., & Stewart, D.E., & (2006). A literature review of depression among women: focusing on Ontario. 3<sup>rd</sup> Annual Women's Mental Health Research Day, Department of Psychiatry, University of Toronto. Toronto, ON. May.
30. Leung, Y.\* , Stewart, D.E., & **Grace S.L.** (2006). Frequency and correlates of alternative forms of physical activity in acute coronary syndrome patients. CIHR ICRH Young Investigator Forum. Winnipeg, MB. May.
31. Kayaniyil, S.\* , Payne, N., Riddell, M., & **Grace, S.L.** (2006). Pilot evaluation of a diabetes rehabilitation program in rural Ontario. The Heart & Stroke / Richard Lewar Centre of Excellence in Cardiovascular Research Annual Scientific Day. Toronto, ON. May.
32. Nolan, R.P., Barry-Bianchi, S.M., Mechettiuc, A.E., **Grace, S.L.**, & Stewart, D.E. (2006). Therapeutic goals for behavioral intervention among hypertensive subjects at high vs. low risk for cardiovascular disease. The 16<sup>th</sup> Scientific Meeting of the European Society of Hypertension. Madrid, Spain. June. *Journal of Hypertension*, 24:S173.
33. Gill, J.\* , & **Grace, S.L.** (2006). The relationship among exercise frequency and duration and depressive symptoms. Harvey Stancer Research Day, Department of Psychiatry, University of Toronto. Toronto, ON. June.
34. Kayaniyil, S.\* , Gravely-Witte, S.\* , Alter, D., & **Grace, S.L.** (2006). Correlates of patient trust in their cardiac specialist. Canadian Cardiovascular Congress. Vancouver, BC. October. *Canadian Journal of Cardiology*, 22D: 180D.  
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35. Payne, N., Kayaniyil, S.\* , Riddell, M., & **Grace, S.L.** (2006). Pilot evaluation of a diabetes rehabilitation program in rural Ontario. Canadian Society for Exercise Physiology. Halifax, NS. November *Appl.Physiol.Nutr.Metab.* 31(S1):S27.
36. Sabourin, E.L.\* , Stewart, D.E., & **Grace, S.L.** (2006). Knowledge transfer of cardiac rehabilitation research: a qualitative examination of patient perceptions. University Health Network Annual Research Day. Toronto, ON. November.
37. McDonald, A.\* , Rotman, L.\* , Melvin, K., Gravely-Witte, S.\* , Stewart, D.E., & **Grace, S.L.** (2006). Factors related to cardiologists' intentions to refer to cardiac rehabilitation. University Health Network Annual Research Day. Toronto, ON. November.
38. **Grace, S.L.**, Leung, Y.W.\* , & Stewart, D.E. (2007). Affective symptoms and antidepressant usage in acute coronary syndrome patients. American Psychosomatic Society. Budapest, Hungary. March. *Psychosomatic Medicine*.
39. Thombs, B.D., Ziegelstein, R.C., Stewart, D.E., Abbey, S. & **Grace, S.L.** (2007). Increased risk of mortality after an acute coronary syndrome among patients with comorbid anxiety and depression. 15<sup>th</sup> European Congress of Psychiatry. Madrid, Spain. March. *Eur Psychiatry* 2007, 22:S290.
40. Thombs, B.D., Ziegelstein, R.C., Stewart, D.E., Abbey, S. & **Grace, S.L.** (2007). Depression during hospitalization for acute coronary syndrome predicts physical function one year later. 15<sup>th</sup> European Congress of Psychiatry. Madrid, Spain. March. *Eur Psychiatry* 2007; 22:S249.
41. Thombs, B.D., Ziegelstein, R.C., Stewart, D.E., Abbey, S. & **Grace, S.L.** (2007). Both depression and self-reported physical health during hospitalization for an acute coronary syndrome predict mortality one year later. 15<sup>th</sup> European Congress of Psychiatry. Madrid, Spain. March. *Eur Psychiatry* 2007, 22:S249.
42. Gravely-Witte, S.\* , Stewart, D.E., Suskin, N., & **Grace, S.L.** (2007). Depression and other correlates of smoking status in CAD outpatients. The Heart & Stroke / Richard Lewar Centre of Excellence in Cardiovascular Research Annual Scientific Day. Toronto, ON. May.

44. Brual, J.\*, Gravely-Witte, S.\*, Stewart, D.E. & **Grace, S.L.** (2007). From referral, enrollment to participation: do distance and drive time affect cardiac rehabilitation utilization rates? The Heart & Stroke / Richard Lewar Centre of Excellence in Cardiovascular Research Annual Scientific Day. Toronto, ON. May.
45. Link, I., Stewart, D.E., Williamson, K.M., Rush, J.W., Reid, R.D., Anand, S.S., Fair, T., Rukholm, E., Oh, P., & **Grace, S.L.** (2007). The Cardiac Rehabilitation Care Continuity through Automatic Referral Evaluation (CRCARE) study: design and methods. The Heart & Stroke / Richard Lewar Centre of Excellence in Cardiovascular Research Annual Scientific Day. Toronto, ON. May.
46. Brual, J.\*, Gravely-Witte, S.\*, Stewart, D.E., Suskin, N., & **Grace, S.L.** (2007). Home-based versus clinic-based cardiac rehabilitation: does geography influence the type of program in which patients participate? Institute of Circulatory and Respiratory Health Leadership in Science Forum. Toronto, ON. June.
47. Kayaniyil, S.\*, Leung, Y.\*, Suskin, N., Stewart, D.E., & **Grace, S.L.** (2007) Concordance of self and program-reported rates of cardiac rehabilitation referral, enrollment and participation. Canadian Association of Health Services and Policy Research Conference. Toronto, ON. June.
48. Grewal, K.\*, Link, I., Leung, Y.\*, Stewart, D.E., Anand, S., & **Grace, S.L.** (2007) Improving access to cardiac rehabilitation among South Asian patients through innovative referral methods: a qualitative study. Canadian Association of Health Services and Policy Research Conference. Toronto, ON. June.
49. Brual, J.\*, Gravely-Witte, S.\*, Stewart, D.E., Suskin, N., Higginson, L., Alter, D., & **Grace, S.L.** (2007). How geographically accessible is outpatient cardiac rehabilitation? Measuring drive times and distance. Canadian Association of Health Services and Policy Research Conference. Toronto, ON. June.
50. Leung, Y.W.\*, Stewart, D.E., Abbey S.E. & **Grace, S.L.** (2007). The prevalence and correlates of oral supplementation use among acute coronary syndrome patients. Canadian Association of Health Services and Policy Research Conference. Toronto, ON. June.
51. **Grace, S.L.**, Gravely-Witte, S.\*, Suskin, N., Alter, D., Higginson, L., & Stewart, D.E. (2007). Cardiologists' awareness of cardiac rehabilitation sites. Canadian Association of Cardiac Rehabilitation Annual Meeting and Symposium. Quebec City, PQ. October. *JCRP* 27(5): 348.
52. Leung, Y.W.\*, Ceccato, N.\*, Stewart, D.E., & **Grace, S.L.** (2007). A prospective examination of patterns and correlates of exercise maintenance in coronary artery disease patients. Canadian Association of Cardiac Rehabilitation Annual Meeting and Symposium. Quebec City, PQ. October. *JCRP* 27(5): 347.
53. Leung, Y.W.\*, Grewal, K.\*, Kayaniyil, S.\*, Stewart, D.E., & **Grace, S.L.** (2007). Gender differences in motivations and perceived effects of mind-body therapy (MBT) practice among acute coronary syndrome patients: Why do women use MBT? Canadian Association of Cardiac Rehabilitation Annual Meeting and Symposium. Quebec City, PQ. October. *JCRP* 27(5): 346.
54. **Grace, S.L.**, Gravely-Witte, S.\*, Suskin, N., Higginson, L., Alter, D., & Stewart, D.E. (2007). Completeness and accuracy of risk factor reporting in cardiologists' outpatient charts. Canadian Cardiovascular Congress. Quebec City, QC. October. *Canadian Journal of Cardiology*, 23(SupplC): 233C.
55. Kayaniyil, S.\*, Link, I., Stewart, D.E., Grace, S.L. (2007) Lower CHD awareness and knowledge among high risk ACS patients. Canadian Cardiovascular Congress. Quebec City, QC. October. *Canadian Journal of Cardiology*, 23(SupplC): 104C.



56. Grewal, K.\*, Stewart, D.E., & **Grace, S.L.** (2007). Ethnocultural differences in social support among acute coronary syndrome patients. Canadian Cardiovascular Congress. Quebec City, QC. October. *Canadian Journal of Cardiology*, 23(SupplC): 196C.
57. Grewal, K.\*, Stewart, D.E., & **Grace, S.L.** (2007). Ethnic differences in illness perceptions among cardiac patients. University Health Network Research Day. Toronto, ON. October.
58. Leung, Y.W.\*, Gravely-Witte, S.\*, Brual, J.\*, Macpherson, A., Irvine, J., Stewart, D.E., Pilote, L., & **Grace, S.L.** (2008). Correlates of posttraumatic growth among cardiac patients: Are there any sex differences? American College of Cardiology 57th Annual Scientific Session. Chicago, IL. March. *Journal of the American College of Cardiology*, 51(10): A269.
59. Racco, C.\*, Li, J., Pilote, L., Stewart, D.E., Melvin, K., Sternberg, L., Abramson, B., & **Grace, S.L.** (2008). Prevalence and correlates of cardiac anxiety in female ACS patients: A pilot study. Harvey Stancer Research Day, Department of Psychiatry, University of Toronto. Toronto, ON. June.
60. **Grace, S.L.**, Tam, C., Reid, R., Williamson, K., & Stewart, D.E. (2008). Use of physical activity as a depression treatment in cardiac patients. 14th World Congress on Heart Disease / International Academy of Cardiology. Toronto, ON. July. *The Journal of Heart Disease*, 6(1), 108.
61. **Grace, S.L.**, Grewal, K.\*, & Stewart, D.E. (2008). Differences in factors affecting cardiac rehabilitation referral by physician specialty. 14<sup>th</sup> World Congress on Heart Disease. Toronto, ON. July. *The Journal of Heart Disease*, 6(1), 105.
62. **Grace, S.L.**, Gravely-Witte, S.\*, Brual, J.\*, Alter, D.A., Suskin, N., Higginson, L., Stewart, D.E. (2008). Sociodemographic differences in patient perceptions of physician endorsement of cardiac rehabilitation. American Congress of Rehabilitation Medicine. Toronto, ON. October. *Archives of Physical Medicine and Rehabilitation*, 89(10): e22.
63. Landry, M.\*, Brooks, D., **Grace, S.L.**, & Thomas, S. (2008). Multilevel correlates of women's physical activity behavior following participation in a primary prevention program. American Congress of Rehabilitation Medicine. Toronto, ON. October. *Archives of Physical Medicine and Rehabilitation*, 89(10): e46.
64. Landry, M.\*, Brooks, D., **Grace, S.L.**, & Thomas, S. (2008). How well do extant classifications of mobility-related assistive devices support outcomes researchers? American Congress of Rehabilitation Medicine. Toronto, ON. October. *Archives of Physical Medicine and Rehabilitation*, 89(10): e47.
65. **Grace, S.L.**, Gravely-Witte, S.\*, Li, J., Fair, T., Suskin, N. (2008). Wait times and delays from cardiac rehabilitation referral receipt to intake. Canadian Association of Cardiac Rehabilitation Annual Meeting. Toronto, ON. October. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 28(5): 338.
66. **Grace, S.L.**, Tam, C., Leung, Y.\*, Oh, P., Reid, R., Fair, T., Anand, S., Rush, J., Williamson, K., Gupta, M., Braga, M., Petro, J., Brister, S., & Stewart, D.E. (2008). Potential of innovative cardiac rehabilitation referral techniques to increase utilization rates: Preliminary results of the CRCARE study. Canadian Cardiovascular Congress. Toronto, ON. October. *Canadian Journal of Cardiology*, 24: 195E.
67. Shanmugasagaram, S.\*, Leung, Y.W.\*, Macpherson, A., Stewart, D.E., Oh, P., Reid, R., Fair, T., Williamson, K., & **Grace, S.L.** (2008). Factor structure of the multi-level cardiac rehabilitation barriers scale. Canadian Cardiovascular Congress. Toronto, ON. October. *Canadian Journal of Cardiology*, 24: 195E.
68. Dupak, K., Rush, J., Stewart, D.E., & **Grace, S.L.** (2008). A preliminary examination of C-reactive protein and TNF- $\alpha$  in ACS patients at high cardiovascular risk. Canadian Cardiovascular Congress. Toronto, ON. October. *Canadian Journal of Cardiology*, 24: 660E.

69. Leung, Y.W.\* , Stewart, D.E., & **Grace, S.L.** (2008). The relationship between in-hospital illness perceptions and quality of life one year later among acute coronary syndrome patients. Canadian Cardiovascular Congress. Toronto, ON. October. *Canadian Journal of Cardiology*, 24: 298E.
70. **Grace, S.L.**, Gravely-Witte, S.\* , Shanmugasegaram, S.\* , Brual, J.\* , Suskin, N., Higginson, L., & Stewart, D. E. (2009). A multi-site examination of age differences in cardiac rehabilitation barriers. American College of Cardiology 58<sup>th</sup> Annual Scientific Session. Orlando, FL. March. *Journal of the American College of Cardiology*, 53: A218.
71. Racco, C.\* , Barbosa, N.\* , Pilote, L., Sternberg, L., Abramson, B., Melvin, K. & **Grace, S.L.** (2009). Female heart patient's perceptions of innovative cardiac rehabilitation models: Home-based programs. Women's Health 2009: the 17<sup>th</sup> Annual Congress. Williamsburg, VA. March. *Journal of Women's Health*, 18(5), 756.
72. **Grace, S.L.**, Unsworth, K., Prior, P., Arthur, H.M., Yee, J.\* , & Suskin, N. (2009). Evaluating the flow and content of web-based cardiac rehabilitation discharge summaries to family physicians: the CR2DoC pilot study. Canadian Association of Health Services and Policy Research Annual Meeting. Calgary, AB. May.
73. Shanmugasegaram, S.\* , Stewart, D.E., Parsons, C., Oh, P., & **Grace, S.L.** (2009). Comorbidities as barriers to cardiac rehabilitation. Canadian Association of Health Services and Policy Research Annual Meeting. Calgary, AB. May.
74. Shanmugasegaram, S.\* , Stewart, D.E., Oh, P., Parsons, C., & **Grace, S.L.** (2009). Barriers to cardiac rehabilitation referral by mode of referral. Canadian Institutes of Health Research, Institute of Circulatory and Respiratory Health, Young Investigator Forum. Ottawa, ON. May.
75. Yee, J.\* , Barbosa, N., Parsons, C., Lotto, A., Jamnik, V., Suskin, N., Reid, R., Stewart, D.E., & **Grace, S.L.** (2009). Primary care physicians' perceptions of cardiac rehabilitation intake summaries: Qualitative evaluation of summary content and utilization. Canadian Institutes of Health Research, Institute of Circulatory and Respiratory Health, Young Investigator Forum. Ottawa, ON. May.
76. **Grace, S.L.**, Gravely-Witte, S.\* , Shanmugasegaram, S.\* , Kayaniyil, S.\* , Brual, J.\* , Suskin, N., & Stewart, D. E. (2009). A multi-site examination of sex differences in cardiac rehabilitation barriers by participation status. Organization for the Study of Sex Differences Third Annual Meeting. Toronto, ON. June.
77. Leung, Y.W.\* , Gravely-Witte, S.\* , Irvine, J., Macpherson, A., Stewart, D.E. & **Grace, S.L.** (2009). A systematic review of the effect of depression on mortality and morbidity in cardiac patients: effect of assessment time-point. 35<sup>th</sup> Annual Harvey Stancer Research Day. Toronto, ON. June.
78. **Grace, S.L.**, Grewal, K.\* , Abbey, S.E., Irvine, J., Leung, Y.W.\* , & Stewart, D.E. (2009). Relationship between timing of depressive symptom onset and in-hospital complications among acute coronary syndrome inpatients. American Psychological Association Annual Meeting. Toronto, ON. August.
79. Yee, J.\* , Suskin, N., Arthur, H.M., Reid, R., Lotto, A., Stewart, D.E., & **Grace, S.L.** (2009). Primary care physician preferences for intake reports from cardiac rehabilitation: Preliminary results. Canadian Association of Cardiac Rehabilitation Annual Meeting and Symposium. Edmonton, AB. October. *JCRP*, 29(5): 337.
80. Yee, J.\* , VanLangen, L.\* , Parsons, C., Stewart, D.E., Brister, S., & **Grace, S.L.** (2009). Sex differences in depressive symptoms among cardiac patients. Canadian Cardiovascular Congress. Edmonton, AB, October. *Canadian Journal of Cardiology*, 25SB: 368.
81. Gupta, M., Khan, S.\* , Van Langen, L.\* , Parsons, C., Stewart, D. E. & **Grace, S.L.** (2009). Do South Asian patients with coronary disease have environments conducive to physical

- activity? Canadian Cardiovascular Congress. Edmonton, AB, October. *Canadian Journal of Cardiology*, 25SB: 078.
82. **Grace, S.L.** (2010). Improving access to cardiac rehabilitation through automatic referral. International Forum on Quality and Safety in Healthcare. Nice, France. April.
  83. Gravely-Witte, S.\* , Leung, Y.W.\* , Nariani, R., Tamim, H., Oh, P., & **Grace, S.L.** (2010). A systematic review of cardiac rehabilitation referral strategies: Effect on referral and enrollment. Canadian Association for Health Services and Policy Research (CAHSPR) Annual Meeting. Toronto, ON. May.
  84. Racco, C.\* , Brister, S., Stewart, D.E., Oh, P., Pilote, L. & **Grace, S.L.** (2010). Enrolment and change in women's risk factor status and psychosocial wellbeing following referral to hospital versus home-based cardiac rehabilitation: A pilot quasi-experimental study. Women's Mental Health Conference: Building Networks and Research Capacity. Toronto, ON. October.
  85. Shanmugasegaram, S.\* , Stewart, D.E., Anand, S., Chessex, C., Reid, R., Oh, P., & **Grace, S.L.** (2010). Development of the French version of the cardiac rehabilitation barriers scale. Canadian Association of Cardiac Rehabilitation 20<sup>th</sup> Annual Meeting and Symposium. Montreal, QC. October. *JCRP*, 30(5), 354.
  86. Racco, C.\* , Shanmugasegaram, S.\* , Brister, S., Stewart, D.E., Oh, P., Pilote, L. & **Grace, S.L.** (2010). Women's cardiac rehabilitation program model preferences: A pilot study. Canadian Association of Cardiac Rehabilitation Annual Meeting and Symposium. Montreal, QC. October. *JCRP*, 30(5):353.
  87. Shanmugasegaram S.\* , Stewart, D. E., Oh, P., Chan, V., & **Grace, S.L.** (2010). Measuring barriers to cardiac rehabilitation use: Conceptual overlap and uniqueness in three scales. Canadian Association of Cardiac Rehabilitation Annual Meeting and Symposium. Montreal, QC. October. *JCRP*, 30(5), 353.
  88. Leung, Y.W.\* , Flora, D., Gravely-Witte, S.\* , Irvine, J., Carney, R.M. & **Grace, S.L.** (2010) The timeframe of depression and outcomes among coronary artery disease patients: A meta-analysis. Canadian Association of Cardiac Rehabilitation (CACR) Annual Meeting and Symposium. Montreal, QC. October. *JCRP*, 30(5): 351.
  89. Shanmugasegaram, S.\* , Alter, D.A., Oh, P., Stewart, D. E., Van Langen, L., Wu, G., & **Grace, S.L.** (2010). Relationships among subjective socioeconomic status and traditional and emerging risk factors in heart disease. Canadian Cardiovascular Congress. Montreal, QC. October. *Canadian Journal of Cardiology*, 26(Suppl. D), 97D.
  90. Shanmugasegaram, S.\* , Racco, C.\* , Oh, P., Stewart, D. E., Brister, S. J., Pilote, L., & **Grace, S.L.** (2010). Relative importance of cardiac rehabilitation barriers in women cardiac patients. Canadian Cardiovascular Congress. Montreal, QC. October. *Canadian Journal of Cardiology*, 26(Suppl. D), 98D.
  91. Holloway, T.M., **Grace, S.L.**, Russell, K.L., Caruso, V., Al-Sukhni, M., & Chessex, C. (2011). Retrospective evaluation of a cardiac rehabilitation program. GTA Rehab Network Best Practices Day. Toronto, ON. March.
  92. Leung Y.W.\* , Stewart D.E., Alter, D.A., & **Grace S.L.** (2011). Effect of systematic inpatient cardiac rehabilitation referral on major acute coronary events and mortality. IHI International Forum on Quality and Safety in Healthcare. Amsterdam, Netherlands. April.
  93. Shanmugasegaram, S.\* , Stewart, D. E., Oh, P., Anand, S., Reid, R., & **Grace, S. L.** (2011). Sociodemographic differences in provider endorsement of cardiac rehabilitation. EuropRevent 2011 Congress. Geneva, Switzerland. April. *European Journal of Cardiovascular Prevention and Rehabilitation*, 18(Suppl. 1), S46.
  94. Shanmugasegaram, S.\* , Oh, P., Stewart, D. E., & **Grace, S. L.** (2011). Cardiac

- rehabilitation barriers by program type. EuroPREvent 2011 Congress. Geneva, Switzerland. April. *European Journal of Cardiovascular Prevention and Rehabilitation*, 18(Suppl. 1), S49.
95. Shanmugasegaram, S.\*, Oh, P., Rukholm, E., Stewart, D. E., & **Grace, S. L.** (2011). Barriers to participation in cardiac rehabilitation for rural inhabitants. EuroPREvent 2011 Congress. Geneva, Switzerland. April. *European Journal of Cardiovascular Prevention and Rehabilitation*, 18(Suppl. 1), S48.
  96. Shanmugasegaram, S.\*, Kovacs, A. H., Oh, P., Stewart, D. E., & **Grace, S. L.** (2011). Patient-recalled incidence of screening and treatment for depressive symptoms in coronary artery disease patients. EuroPREvent 2011 Congress. Geneva, Switzerland. April. *European Journal of Cardiovascular Prevention and Rehabilitation*, 18(Suppl. 1), S25.
  97. Shanmugasegaram, S.\*, Alter, D. A., Oh, P., Stewart, D. E., & **Grace, S. L.** (2011). Socioeconomic status and barriers to participation in cardiac rehabilitation. EuroPREvent 2011 Congress. Geneva, Switzerland. April. *European Journal of Cardiovascular Prevention and Rehabilitation*, 18(Suppl. 1), S46.
  98. Delisle, V.C., Abbey, S.E., Beck, A.T., Dobson, K.S., Dozois, D.J.A., **Grace, S.L.**, Stewart, D.E., Ziegelstein, R.C., & Thombs, B.D. (2011). The influence of somatic symptoms on BDI versus BDI-II scores in patients hospitalized following myocardial infarction. National Student Conference of the Canadian Society of Epidemiology and Biostatistics. Montreal, Quebec. June.
  99. Leung, Y. W.\* , Kentner, A.C., Reid, R., Oh, P., Wu, G., Alter, D.A, & **Grace, S.L.** (2011). The role of systematic inpatient cardiac rehabilitation referral in increasing equitable access and utilization. Building a Healthier Ontario Forum, Population Health Improvement Research Network (PHIRN). Toronto, ON. September.
  100. **Grace, S.L.**, Tan, Y., Purdham, D., Alter, D., Kingsbury, K., & Oh, P. (2011). Mind the gap: Discrepancy between volume of cardiac revascularization procedures performed and cardiac rehabilitation capacity in Ontario. Canadian Association of Cardiac Rehabilitation (CACR) Annual Meeting and Symposium. Vancouver, BC. October. *JCRP*, 31:e4.
  101. Ghisi, G.L.M., Santos, R.Z., Schweitzer, V., Barros, A.L., Recchialo, T.L., Oh, P., Benetti, M., & **Grace, S.L.** Development and validation of a Portuguese version of the cardiac rehabilitation barriers scale. Canadian Association of Cardiac Rehabilitation (CACR) Annual Meeting and Symposium. Vancouver, BC. October. *JCRP*, 31:e4.
  102. Soltan, A.\* , Leung, Y.W.\* , Rush, J., Gupta, M., Wu, G., & **Grace, S.L.** (2011). A prospective multi-centre study of inflammatory biomarkers following cardiac hospitalization: Relation to physical activity and socioeconomic status. Canadian Association of Cardiac Rehabilitation (CACR) Annual Meeting and Symposium. Vancouver, BC. October. *JCRP*; 31:e6.
  103. Polyzotis, P.A.\* , Reid, R., Chessex, C., Chua, G., & **Grace, S.L.** (2011). Identification of smoking status among hospitalized cardiac patients: Are we doing enough to promote smoking cessation? Canadian Cardiovascular Congress. Vancouver, BC. October. *CJC*, 27(5): s132.
  104. Gravely, S., Reid, R.D., Oh, P., Ross, H, Stewart, D.E. & **Grace, S.L.** (2011). A prospective examination of disease management program use by complex cardiac outpatients. Toronto Rehab Research Day. Toronto, ON. November.
  105. Colella, T., Gravely, S., Pakosh, M., **Grace, S.L.**, Francis, J., Marzolini, S., & Benz-Scott, L. (2012). Are women still missing from outpatient cardiac rehab programs? A systematic review update (2001-2011). Women's Health 2012: 20<sup>th</sup> Annual Congress. Washington, DC. March.

106. Melvin, R.G.\*, Kentner, A.C., Murray, J., Rivera, T., Parsons, C., Briggs, A., Suskin N., & **Grace, S.L.** (2012). Continuity of care from stroke prevention clinics to outpatient vascular rehabilitation: Effect on patient enrolment. World Congress of Cardiology. Dubai, UAE. April. *Circulation*, 125(19): e60.
107. Stone, J.A., Buckley, J.P., Warburten, D.E.R., Shanmugasegaram, S.\*, Bredin, S.S.D., & **S.L. Grace** on behalf of the Global Advocacy Panel on Cardiovascular Rehabilitation (GAP-CR). (2012). Global charter on cardiovascular rehabilitation: A call for action. World Congress of Cardiology. Dubai, UAE. April. *Circulation*, 125(19): e160.
108. Melvin, R.G.\*, Kentner, A.C., Graves, P., Russell, K.L., Chessex, C., O'Neill, B.J., Suskin, N., & **Grace, S.L.** (2012). Systematic cardiac rehabilitation referral with patient education for percutaneous coronary intervention patients at a large tertiary care facility. World Congress of Cardiology. Dubai, UAE. April. *Circulation*, 125(19): e59.
109. Pourhabib, S.\*, Matthews, J., Murray, J., Fair, T., Kentner, A., & **Grace, S.L.** (2012). Assessing and optimizing patient-provider communication regarding cardiovascular rehabilitation. 13th Annual Cardiac Rehabilitation Network of Ontario Education Day. Toronto, ON. May.
110. Pourhabib, S.\*, Murray, J., Neabel, B., **Grace, S.L.** (2012). Patient-provider communication in the promotion of patient transition to cardiovascular rehabilitation after mild non-disabling stroke or transient ischemic attack. 15th Annual Stroke Collaborative. Toronto, ON. October.
111. Cahill, M.\*, Arthur, H.M., Chessex, C., Brister, S., & **Grace, S.L.** (2012). Depression in female cardiac patients: Burden, screening, provider communication and treatment. Advancing Excellence in Gender, Sex and Health Research Conference. Montreal, QC. October.
112. Cahill, M.\*, Arthur, H.M., Oh, P., Chessex, C., Brister, S., & **Grace S.L.**, (2012). Satisfaction and preference for cardiac rehabilitation program models among female participants. CACR Annual Meeting and Symposium. Toronto, ON. October. *JCRP*; 32(5):309.
113. Cahill, M.\*, Arthur, H.M., Kovacs, A., Chessex, C., & **Grace, S.L.** (2012). Burden, screening, and treatment of psychosocial distress among women in cardiac rehabilitation. CACR Annual Meeting and Symposium. Toronto, ON. October. *JCRP*; 32(5):309.
114. Wang, V.N., **Grace, S.L.**, & Mak, S. (2012). Exercise and cardiac rehabilitation awareness, knowledge and behaviour among ambulatory heart failure patients. CACR Annual Meeting and Symposium. Toronto, ON. October. *JCRP*; 32(5):309.
115. Brady, S.\*, Purdham, D., Oh, P., & **Grace, S.L.** (2012). Referral to cardiac rehabilitation following revascularization in Ontario. CACR Annual Meeting and Symposium. Toronto, ON. October. *JCRP*; 32(5):308.
116. **Grace, S.L.**, Tan, Y., Nguyen, H.\*, Ritvo, P., & Irvine, J. (2013). The mental health status of ethnocultural minorities in Ontario. American Psychosomatic Society 71th Annual Scientific Meeting. Miami, USA. March. *Psychosomatic Medicine*, 75(3): A125.
117. Kowal, T. P.\*, Chessex, C., Murray, J., & **Grace, S. L.** (2013). Integrated Cardiac Rehabilitation: How do Polyvascular Patients Fare? American Psychosomatic Society 71st Annual Scientific Meeting. Miami, FL. March. *Psychosomatic Medicine*, 75(3): A135.
118. Beckstead, J., Pezzo, M., Beckie, T., Shahraki, F., Kentner, A.C., & **Grace, S. L.** (2013). Individual differences in physicians' judgments of patient benefit from cardiac rehabilitation. American Psychosomatic Society 71st Annual Scientific Meeting. Miami, FL. March. *Psychosomatic Medicine*, 75(3): A135.

119. Shanmugasegaram, S.\*, Buckley, J., & **Grace, S.L.** (2013). Cardiac rehabilitation services in low- and middle-income countries: A scoping review. EuroPrevent. Rome, Italy. April.
120. Pourhabib, S.\*, Chessex, C., Gravely, S., Murray, J., & **Grace, S.L.**, (2013). Patient-provider communication on the cardiac unit: What is said and how are related to cardiovascular rehabilitation referral rates. CIHR-ICHR Young Investigators Forum. Toronto, ON. May.
121. **Grace, S.L.**, Scarcello, S., Newton, J., O'Neill, B., Kingsbury, K., Rivera, T., & Chessex, C. (2013). Hospital administrators' perceptions and attitudes toward cardiac rehabilitation. 121st American Psychological Association Annual Convention. Honolulu, Hawai'i. August.
122. **Grace, S. L.**, Andraos, C.\*, Stewart D.E. & Abbey, S. (2013). Preferences for single-sex cardiac rehabilitation programs. American Psychological Association. Honolulu, Hawaii. July-August.
123. Andraos, C.\*, Britto, R., Suskin, N., & **Grace, S.L** (2013). Strategies to increase cardiac rehabilitation enrollment: A narrative review. Canadian Association of Cardiac Rehabilitation – Vascular 2013. Montreal, PQ. October. *JCRP*, 33(5):342.
124. Colella, T.J.F., Gravely, S., **Grace, S.L.**, Francis, J., Marzolini, S., Oh, P., & Benz Scott, L. (2013). Women and referral to outpatient cardiac rehabilitation: Does the gender bias still exist? A meta-analysis. Vascular 2013. Montreal, PQ. October. *Cdn J Cardio*, 29(10): s274-275.
125. Shanmugasegaram, S.\*, Tang, C.\*, Tan, Y., Chow, C.-M., Oh, P., Tomlinson, G. A., Cho, N., & **Grace, S. L.** (2013). A comparison of cardiac rehabilitation barriers in North American and Chinese-Canadian outpatients. Toronto Rehabilitation Institute's 9th Annual Research Day. Toronto, ON. November.
126. Samayoa, L., Mola, A., Terzic, C.M., Thomas, R.J., & **Grace, S.L.** (2013). Ethnocultural diversity in cardiac rehabilitation: A call to action. Toronto Rehabilitation Institute's 9th Annual Research Day. Toronto, ON. November.
127. Britto, R., Ghisi, G.L.M.\*, Motamedi, N., & **Grace, S.L.** (2014). Sociodemographic correlates of disease-related knowledge in cardiac rehabilitation participants in Toronto, Canada. World Congress of Cardiology. Melbourne, AU. May. *Global Heart*, 9(1S); e162.
128. Ghisi, G.L.M.\*, Abdallah, F. & **Grace, S.L.**, Thomas, S., & Oh, P. (2014). A systematic review of patient education in cardiac patients: do they increase knowledge and promote health behavior change? World Congress of Cardiology. Melbourne, AU. May. *Global Heart*, 9(1S); e262.
129. Ghisi, G.L.M.\*, Pencar, T., Lafontant, M.P., Motamedi, N., & **Grace, S.L.** (2014). Translation and pilot testing of the Spanish Version of the Cardiac Rehabilitation Barriers Scale (CRBS). Canadian Association of Health Services and Policy Research (CAHSPR) Annual Conference. Toronto, ON. May.
130. Taherzadeh, G.\*, Reid, R.D., Blanchard, C.M., Chessex, C., & **Grace, S.L.** (2014). Quantity, and socio-ecological correlates of exercise at completion of supervised cardiac rehabilitation. British Association of Cardiovascular Prevention and Rehabilitation. Derry, Ireland. October.
131. Somanader, D.S., Tan, Y., Chessex, C., Fair, T., & **Grace, S.L.** (2014). Quality of cardiac rehabilitation programs in the Greater Toronto Area. Toronto General Research Institute Research Day. Toronto, ON. October.
132. Midence, L.\*, Arthur, H.M., Oh, P., Chessex, C., Brister, S., Stewart, D.E., & **Grace, S.L.** (2014). Women's health behaviours following referral to three different cardiac rehabilitation program models: A randomized controlled trial. TGRI Research Day. Toronto, ON. October.

133. Takhar, J.\*, **Grace, S.L.**, Reid, R. (2014). Ecologically-optimizing exercise maintenance in men and women post-cardiac rehabilitation: Analysis of a trial intervention with regard to fidelity, adherence and satisfaction. Toronto General Research Institute Research Day. Toronto, ON. October.
134. Oh, P., Alter, D.A., Evans, S., Fair, T., **Grace, S.L.**, Harris, J., Hopkins-Rosseel, D., Johnson, M., Kmill, C., Sandison, N., & Tahsinul, A. (2014). Improvements in cardiovascular disease risk factors and self-efficacy in patients attending cardiac rehab. Canadian Association of Cardiovascular Prevention and Rehabilitation Annual Symposium. Vancouver, BC. October. *JCRP*, 34: 362.
135. Prince-Ware, S.A., Reed, J.L., Mark, A.E., Blanchard, C., **Grace, S.L.**, & Reid, R. (2014). An examination of acceleromometer cut-points for quantifying physical activity in cardiac populations. Canadian Cardiovascular Congress. Vancouver, BC. October. *Cdn J Cardio*, 30(10): s308.
136. Midence, L. \*, Arthur, H.M., Oh, P., Brister, S., Chessex, C., & **Grace, S.L.** (2014). Cardiac rehabilitation program adherence among women following referral to different program models: A randomized controlled trial. American Heart Association Scientific Sessions. Chicago, Illinois. November. *Circulation*, 130(2):A19230.
137. Kovacs, A.H., Kentner, A.C., **Grace, S.L.**, Nolan, R., Silversides, C., & Irvine, J. (2015). Initial feasibility results of a group coping and resilience program for adults with congenital heart disease. American College of Cardiology Annual Scientific Session. San Diego, California. March. *JACC*, 65(10S):A550.
138. Midence, L. \*, Holtzman, S., Stewart, D.E., Kovacs, A., & **Grace, S.L.** (2015). Psychosocial outcomes among women referred to different cardiac rehabilitation program models. Annual Convention of the American Psychological Association. Toronto, ON. August.
139. Somanader, D.S.\*, Tan, Y., Chessex, C., Fair, T., Ginsburg, L. & **Grace, S.L.** (2015). Quality of cardiac rehabilitation programs in the Greater Toronto Area. American Psychological Association Annual Convention. Toronto, ON. August.
140. Harris, J.M., **Grace, S.L.**, Baker, P., Midence, L. \*, Yee, E. \*, & Reed, J.L. (2015). Heart wise exercise programmes: Do they do what we say they do? Canadian Association of Cardiovascular Prevention and Rehabilitation Annual Symposium. Toronto, ON. October. *JCRP*; 35(5): 373.
141. Gallant, S. \*, Somanader, D. \*, Chessex, C., Harris, J., & **Grace, S.L.** (2015). Where do patients exercise 1 year post-cardiac rehabilitation? Canadian Association of Cardiovascular Prevention and Rehabilitation Annual Symposium. Toronto, ON. October. *JCRP*; 35(5): 370.
142. Gallant, S. \*, Reid, R., Harris, J., & **Grace, S.L.** (2015). Location, modality and degree of exercise over 18 months in cardiac rehabilitation graduates. Canadian Cardiovascular Congress. Toronto, ON. October. *CJC*; 31(10):s23.
143. Chaves, G., Ghisi, G., Servio, T.C., Oh, P., **Grace, S.L.**, & Britto, R. (2015). Effects of cardiac rehabilitation and cardiovascular risk factors in Brazilian patients assisted by public health care: Protocol of a randomized controlled trial. Canadian Cardiovascular Congress. Toronto, ON. October. *CJC*; 31(10):s16.
144. Midence, L. \*, Oh, P., & **Grace, S.L.** (2015). Women's cardiac rehabilitation barriers by program model: A randomized controlled trial. Canadian Association of Cardiovascular Prevention and Rehabilitation Annual Symposium. Toronto, ON. October. *JCRP*; 35(5):367-375.
145. Midence, L. \*, Oh, P., **Grace, S.L.** (2015). Women's risk factor control by cardiac rehabilitation program model: A randomized controlled trial. Canadian Association of Cardiovascular Prevention and Rehabilitation Symposium. Toronto, ON. October. *JCRP*; 35(5):367-375.

146. Midence, L.\* , Oh, P., **Grace, S.L.** (2015). Women's health care use following cardiac rehabilitation. Canadian Association of Cardiovascular Prevention and Rehabilitation Symposium. Toronto, ON. October. *JCRP*; 35(5):367-375.
147. Mackay, M.H., Young, Q.R., **Grace, S.L.**, Lear, S., Gao, M., Abbey, S. & Thompson, C.R. (2016). Pilot study of a therapist-assisted, internet-based, cognitive behavioural therapy for cardiac patients with depression. International Society for Research on Internet Interventions. Seattle, WA. March.
148. Reed, J.L., Harris, J.M., Cotie, L.M., & **Grace, S.L.** (2016). What do we know about women versus men who attend Heart Wise Exercise sessions? Canadian Women's Heart Health Summit. Ottawa, ON. April. *Cdn J Cardio*; 32(4); s7.
149. Ghisi, G.L.M.\* , dosSantos, R.Z., Britto, R., Bonin, C.D.B., Servio, T.C., Schmidt, L.F., Benetti, M., & **Grace, S.L.** (2016). Validation of a scale to assess patients' comprehension of frequently-used cardiology terminology: The cardiac TERM scale in Brazilian-Portuguese. European Society of Cardiology Congress. Rome, Italy. August. *Eur Heart J*; 37S:1125.
150. Supervia, M., Lopez-Jimenez, F., Turk-Adawi, K., Bjarnason-Wehrens, B., Thomas, R., & **Grace, S.L.** (2016). Protocol for a global survey of cardiac rehabilitation programs: Comparing availability and delivery around the world. AACVPR. New Orleans, LA. September.
151. Santiago Pio, C.A.\* , Marzolini, S., Pakosh, M., & **Grace, S.L.** (2016). Dose of cardiac rehabilitation across the globe. Toronto General Research Institute Research Day. Toronto, ON. October.
152. Britto, R.R., Ghisi, G.L.M.\* , Servio, T.C., Santos, C.V.A., Coronado, R.F., Rivas-Estany, E., Santibanez, C., Gonzalez, G., Burdiat, G., Lopez-Jimenez, F., Herdy, A.H., & **Grace, S.L.** (2016). Perceptions of cardiology administrators about cardiac rehabilitation in South America and the Caribbean. Canadian Association of Cardiovascular Prevention and Rehabilitation Annual Symposium. Montreal, QC. October. *JCRP*; 36(5):387.
153. Ali, S.\* , Ghisi, G.L.M.\* , Britto, R., & **Grace, S.L.** (2016). Ethnocultural differences in cardiac rehabilitation barriers. Toronto Rehabilitation Institute's Annual Research Day. Toronto, ON. November.
154. Pesah, E.\* , Supervia, M., Turk-Adawi, K., Lopez Jimenez, F., Bogdanska, N.\* , & **Grace, S.L.** (2017). Cardiac rehabilitation delivery in low and middle-income countries: A review. Canadian Association of Health Services and Policy Research Conference. Toronto, ON. May.
155. Supervia, M., Turk-Adawi, K., Castillo Martin, J., Lopez Jimenez, F., Pesah, E.\* , Bogdanska, N.\* , & **Grace, S.L.** (2017). Cardiac rehabilitation in Spain: Preliminary results from the International Council of Cardiovascular Prevention and Rehabilitation Survey [Rehabilitación Cardíaca en España: Resultados preliminares de la Encuesta del Consejo Internacional de Prevención y Rehabilitación Cardiovasculares]. 16<sup>th</sup> Curso Teórico-Práctico; Sociedad de Rehabilitación Cardio-Respiratoria (SORECAR). Badalona, Spain. March. [https://issuu.com/sociedadspanoladerehabilitacioncar9/docs/actualizacio\\_cc\\_81n\\_20en\\_20rehabili](https://issuu.com/sociedadspanoladerehabilitacioncar9/docs/actualizacio_cc_81n_20en_20rehabili)
156. Ali, S.\* , Moghei, M.\* , Krahn, M., Chessex, C., & **Grace, S.L.** (2017). A longitudinal examination of healthcare utilization and associated time and out-of-pocket costs for cardiovascular disease patients in a publicly-funded healthcare system. The Heart & Stroke / Richard Lewar Centre of Excellence in Cardiovascular Michael J. Sole Annual Cardiovascular Scientific Day. Toronto, ON. April.
157. Joseph, P., Bonsignore, A., **Grace, S.L.**, Sockalingam, S., & Oh, P. (2017). Perceived benefits and barriers to exercise among patients with class II/III obesity. Canadian Association of Physical Medicine & Rehabilitation. Niagara Falls, ON. May.



158. Pesah, E.\* , Supervia, M., Turk-Adawi, K., Lopez Jimenez, F. & **Grace, S.L.** (2017). Psychiatric screening and treatment in cardiac rehabilitation programs around the world. Harvey Stancer Research Day, Department of Medicine, University of Toronto. Toronto, ON. June.
159. O'Neil, A., Thomas, E., Poffley, A., & **Grace, S.L.** (2017). A global perspective of cardiac rehabilitation registries: a systematic review. European Society of Cardiology Congress. Barcelona, Spain. August. *European Heart Journal*; 38(Suppl):711.
160. Moghei, M.\* , Oh, P., Chessex, C., & **Grace, S.L.** (2017). Cardiac rehabilitation quality improvement in Canada. American Association of Cardiovascular and Pulmonary Rehabilitation 32nd Annual Meeting. Charleston, SC. October. *JCRP*; 37(5):363-385.
161. Chaves, G.S.S.\* , Ghisi, G.L.M.\* , **Grace, S.L.**, Oh, P., Ribeiro, A., & Britto, R.R. (2017). Functional capacity, risk factors status and heart-health behaviours in cardiac rehabilitation enrollees in a middle-income country. CACPR Annual Meeting and Symposium. Vancouver, BC. October. *JCRP*;37(6):456.
162. Thomas, E.\* , Oldenburg, B., Barr Taylor, C., Hare, D.L., Lotfaliany, M., **Grace, S.L.**, & O'Neil, A. (2017). Effect of cardiac rehabilitation on long-term all-cause hospital readmissions: A prospective cohort study. 3<sup>rd</sup> Annual MDHS ECR Network Symposium, University of Melbourne. Melbourne, AU. October.
163. Pesah, E.\* , Turk-Adawi, K., Supervia, M., Lopez Jimenez, F., Bogdanska, N.\* , & **Grace, S.L.** (2017). Cardiac rehabilitation delivery in low- and middle-income countries: Availability, characteristics and barriers. World NCDs Congress. Chandigarh, India. November. *International Journal of Non-Communicable Diseases*; 2(5):s57-58.
164. Medina Inojosa, J., **Grace, S.L.**, Thomas, R.J., & Krause, H., Vickers Douglas, K., Palmer, B., & Lopez-Jimenez, F. (2017). Antidepressant use by class and major adverse cardiac events in coronary artery disease patients. American Heart Association. *Circ*;136:a20725. Anaheim, CA. November.
165. Supervia Pola, M., Turk-Adawi, K., Pesah, E., Lopez Jimenez, F., Rongjing, D., Britto, R., Derman, W., Bjarnason-Wehrens, B., Abreu, A., Khiong, J.S., Andersen, K., Gonzalez, G., Giga, V., Yeo, T.J., Scantlebury, D., Vulic, D., Vataman, E., Cuenza, L., & **Grace, S.L.** (2018). Availability and quality of cardiac rehabilitation around the globe: Patients, served, providers and core components. American College of Cardiology Annual Scientific Sessions. Orlando, FL. March. *JACC*;71(11): SupplA 1881. DOI: [10.1016/S0735-1097\(18\)32422-7](https://doi.org/10.1016/S0735-1097(18)32422-7)
166. Thomas, E.\* , **Grace, S.L.**, Boyle, D., Henley-Smith, S., Gallagher, R., Neubeck, L., Cox, N., Manski-Nankervis, J., O'Neil, A. (2018). Developing a Victorian cardiac rehabilitation registry: a mixed-methods study. Australian Cardiac Rehabilitation Association Conference. Brisbane, AU. July.
167. Supervia, M., Turk-Adawi, K., Lopez Jimenez, F., Pesah, E.\* , Lazovic, M., Terzic, C., & **Grace, S.L.** (2018). The role and impact of physical medicine and rehabilitation in cardiac rehabilitation programs around the world. International Society of Physical Medicine and Rehabilitation. Paris, France. July. *Ann Phys Med & Rehabil*; 61:e274.
168. Thomas, E.\* , **Grace, S. L.**, Boyle, D., Henley-Smith, S., Gallagher, R., Neubeck, L., Cox, N., Manski-Nankervis, J., & O'Neil, A. (2018). Feasibility of utilising an electronic data scraping tool to develop a cardiac rehabilitation registry. Cardiac Society of Australia and New Zealand Annual Conference. Brisbane, Australia. August. *Heart, Lung & Circulation*
169. Turk-Adawi, K., Supervia, M., Lopez-Jimenez, F., Pesah, E.\* , Afaneh, J., Alhashemi, M., Sadeghi, M., Sarrafzadegan, N. & **Grace, S.L.** (2018). Cardiac rehabilitation in the Eastern Mediterranean Region: How does it compare to the world? World Congress of Cardiology & Cardiovascular Health. Dubai, United Arab Emirates. December.

170. Turk-Adawi, K., Supervia, M., Lopez-Jimenez, F., Pesah, E.\*, Rongjing, D., Britto, R., Bjarnason-Wehrens, B., Derman, W., Abreu, A. & **Grace, S.L.** (2018). Cardiac rehabilitation availability and density around the globe. World Congress of Cardiology & Cardiovascular Health. Dubai, United Arab Emirates. December. (moderated poster)

### Invited Presentations

1. Cardiac rehabilitation referral and participation (2001). *Behavioural Sciences and Health Division Rounds, Toronto General Research Institute*. Toronto, ON. December.
2. Benefits and Barriers in Evaluating the Efficacy of Diabetes Education in the Portuguese Community (2002). *Hospitals & Community Collaborating for the Future: A Women's Health Conference*. Ontario Hospital Association. Toronto, ON. July.
3. Cardiac Rehabilitation Referral: The Role of Self-Efficacy (2002). *Department of Social Psychology Research Seminar, University of Toronto*. Toronto, ON. November.
4. Increasing Referral of Women to Cardiac Rehabilitation: A prospective evaluation (2002). *Behavioural Sciences and Health Division Rounds, Toronto General Research Institute*. Toronto, ON. November.
5. Automatic referral to cardiac rehabilitation (2004). *Behavioural Sciences and Health Division Rounds, Toronto General Research Institute*. Toronto, ON. January.
6. Cardiac care and women's health in Ontario hospitals: A quality improvement story (2004). *The Women's Health Conference: Accountability for Excellence*. Ontario Women's Health Council of the Ministry of Health and Long-Term Care, Ontario Hospital Association, and Hospital Report Research Collaborative. Toronto, ON. February.  
[http://www.womenshealthcouncil.on.ca/userfiles/page\\_attachments/library/1/OWHC\\_Summary\\_Report\\_English\\_2033\\_2699143.pdf](http://www.womenshealthcouncil.on.ca/userfiles/page_attachments/library/1/OWHC_Summary_Report_English_2033_2699143.pdf)
7. Cardiac Care for Women (2004). *Meeting the Challenge: Linking accountability, sensitivity, and best practices in women's health*. St. Joseph's Health Center Conference, Toronto, ON. September.
8. Referral to Cardiac Rehabilitation (2004). *Behavioural Sciences and Health Division Rounds, Toronto General Research Institute rounds*. Toronto, ON. December.
9. Depression and Heart Disease: Course, correlates, and relation to mortality (2005). *Behavioural Sciences and Health Division Rounds, Toronto General Research Institute*. Toronto, ON. March.
10. Continuity in Cardiac Care for Women (2005). *The Women's Health Challenge, St. Joseph's Health Center Conference*, Toronto, ON. September.
11. Gender and Cardiovascular Disease: Psychosocial and health services issues. (2005). *Women's Health Scholar Seminar Series, Women's College Hospital*. Toronto, ON. November.
12. Cardiac Psychology: Depression as a Risk Factor (2006). *Health Psychology Seminar, York University*. Toronto, ON. January.
13. Pilot multi-site randomized trial of telephone-based cardiac rehabilitation for reducing cardiac risk and depression in women with acute coronary syndrome (2006). *Gender and sex determinants of cardiovascular disease: From bench to beyond (GENESIS) 2<sup>nd</sup> Annual Meeting*. Montreal, PQ. February.
14. Automatic Referral to Cardiac Rehabilitation: Access and Equity (2006). *Behavioural Sciences and Health Division Rounds, Toronto General Research Institute*. Toronto, ON. September.
15. Antidepressant usage in acute coronary syndrome patients (2007). *Health Psychology Seminar, York University*. Toronto, ON. February.
16. A simultaneous test of the relationship between identified psychosocial risk factors and self-reported recurrent events in coronary artery disease patients. (2009). *Behavioural*

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- Sciences and Health Division Rounds, Toronto General Research Institute. Toronto, ON. February.*
17. Continuity of Care in Cardiac Rehabilitation: Referral and Discharge Communication. (2009). *Rehabilitation Rounds, University of Ottawa Heart Institute. Ottawa, ON. March.*
  18. Rehabbing Referral Rates: Increasing the flow of inpatients to cardiac rehabilitation. (2009). *Cardiology Grand Rounds, London Health Sciences Centre. London, ON. April.*
  19. Cardiac Rehab: The effect of referral, geography and program model for TRI. (2009). *Best Practice and Research Forum, Toronto Rehabilitation Institute. Toronto, ON. April.*
  20. Comparing psychosocial risk factors head-to-head: Effect on cardiac prognosis. (2009). *Health Psychology Seminar, York University. Toronto, ON. April.*
  21. Inpatient cardiac rehabilitation referral strategies: What is best practice? (2009). *Toronto Rehabilitation Institute Cardiac Rehabilitation Symposium: Advances in Programs, Practice and Policy. Toronto, ON. May. Keynote.*
  22. Access to primary care for female cardiac patients. (2009). *One Size Doesn't Fit All: Access to Primary Care for Vulnerable Populations. CIHR-IGH and CIHR-IHSPR. Toronto, ON. May.*
  23. Rehabbing referral rates: Implementing a standard discharge order to cardiac rehabilitation for PCI patients. (2009). *Cath Lab Multidisciplinary Rounds, UHN. Toronto, ON. June.*
  24. Automatic referral to cardiac rehabilitation: What, why and how? (2009). *Atlantic Cardiac Rehabilitation Network Annual Meeting. Saint John, NB. September.*
  25. Depression and cardiac rehabilitation: Current challenges and recommendations. (2009). *Atlantic Cardiac Rehabilitation Network Annual Meeting. Saint John, NB. September.*
  26. Rehabbing Referral Rates: Implications for cardiac rehabilitation programs. (2009). *Canadian Association of Cardiac Rehabilitation Annual Symposium. Edmonton, AB. October.*
  27. Referral of CABG Patients to Chronic Disease Management Programs: Is our practice consistent with guidelines? (2009). *Cardiovascular Surgery Academic Rounds, University Health Network. Toronto, ON. November.*
  28. Referral of CAD Inpatients to Chronic Disease Management Programs: Is our practice consistent with guidelines? (2009). *Cardiology Academic Rounds, University Health Network / Mount Sinai Hospital. Toronto, ON. December.*
  29. A heartfelt sadness: What is the connection between depression and heart disease? (2010). *CIHR Café Scientifique. Windsor, ON. March.*
  30. Comparing referral strategies to cardiac rehabilitation: How do we maximize enrollment? (2010). *Physical Education & Health, University of Toronto. Toronto, ON. March.*
  31. Is timing everything? A meta-analysis of the impact of pre-morbid and post-morbid depression onset on mortality and morbidity among coronary artery disease patients. (2010). *Behavioural Sciences and Health Division Rounds, Toronto General Research Institute. Toronto, ON. April.*
  32. Depression & heart disease: Burden, effects, screening and treatment. (2010). *Hospitalist Rounds, York Central Hospital. Toronto, ON. April.*
  33. Referral of CABG Patients to Chronic Disease Management Programs: Is your practice consistent with guidelines? (2010). *Cardiology Regional Grand Rounds, David Braley Cardiac Vascular and Stroke Research Institute, Hamilton Health Sciences Centre. Hamilton, ON. May.*
  34. Inter-provider Communication for Optimal Chronic Disease Management. (2010). *Research Rounds, McMaster University. Hamilton, ON. May.*
  35. Rehabbing Referral Rates: Comparative Effectiveness of Cardiac Rehabilitation Referral Strategies in Ontario. (2010). *Cardiology Grand Rounds, St. Mary's Regional Cardiac Care Centre. Kitchener, ON. June.*

36. Rehabbing Referral Rates: Comparative Effectiveness of Cardiac Rehabilitation Referral Strategies in Ontario. (2010). *William-Osler Health Centre*. Brampton, ON. June.
37. How to expand the reach of cardiac rehab into underserved populations. (2010). *American Association of Cardiovascular and Pulmonary Rehabilitation*. Milwaukee, Wisconsin. October.
38. Opportunities for Cardiac and Pulmonary Rehabilitation to Grow Through Diversity – Keynote Panelist. (2010). *American Association of Cardiovascular and Pulmonary Rehabilitation*. Milwaukee, Wisconsin. October.
39. Post-Acute Cardiac Care: Heart Failure Clinics and Cardiac Rehabilitation. (2010). *Cardiac and Circulatory Physiology Research Rounds, Peter Munk Cardiac Centre, University Health Network*. Toronto, ON. October.
40. Wait Times and Issues in Accessing CR – Release of Survey Findings by CACR and CCS. (2010). *Canadian Association of Cardiac Rehabilitation Annual Symposium*. Montreal, PQ. October.
41. Systematizing Inpatient Referral to Cardiac Rehabilitation at your institution: implementing the joint policy position of the CACR and CCS. (2011). *Canadian Association of Cardiac Rehabilitation Webinar*. January.
42. 'Why we do... and What we do': Cardiac Rehabilitation and Secondary Prevention. (2011). *Safer Healthcare Now! AMI National Call*. February. <https://cpsp-icsp.webex.com/cpsp-icsp/lsr.php?AT=pb&SP=TC&rID=8489222&act=pb&rKey=a748fe4ad99d6600>
43. Healthcare Communication Among Chronic Disease Management Programs and Primary Care. (2011). *Health Psychology Seminar, York University*. Toronto, ON. March.
44. Flow of cardiac rehabilitation intake and discharge summaries: What do primary care providers want? (2011). *Rehabilitation Rounds, University of Ottawa Heart Institute*. Ottawa, ON. April.
45. Exercise, Lifestyle and Prevention of Heart Disease: The experience and the prescription. (2011). *State of the Art Lecture, Great Debates & Innovations in Cardiology*. Toronto, ON. May.
46. Improving early access to cardiac rehabilitation. (2011). *Canadian Association of Cardiac Rehabilitation Annual Symposium*. Vancouver, BC. October.
47. Enhancing access to cardiovascular rehabilitation. (2011). *Global Advocacy Panel on Cardiac Rehabilitation*. Vancouver, BC. October.
48. Lost in Transition: Cardiac patient and clinical information flow across the care continuum. (2011). *Research Grand Rounds, St. John's Rehab Hospital*. Toronto, ON. December.
49. Intake and discharge communication from cardiac rehabilitation to primary care. (2012). *Canadian Association of Cardiac Rehabilitation Webinar*. March.
50. Cardiovascular Rehabilitation: Referral, Equity and Waits. (2012). *Cardiovascular Surgery Academic Rounds, University Health Network*. Toronto, ON. March.
51. Women and Cardiovascular Disease: What are the differences? Cardiovascular Rehabilitation. (2012). *World Congress of Cardiology*. Dubai, UAE. April.
52. Inpatient-provider communication regarding cardiac rehabilitation. (2012). *Behavioural Sciences and Health Division Rounds, Toronto General Research Institute*. Toronto, ON. April.
53. Cardiac Rehabilitation Referral Tools. (2012). *Cardiac Rehabilitation Network of Ontario Annual Symposium*. Toronto, ON. May.
54. Global Charter on Cardiac Rehabilitation: A call for action. (2012). *Canadian Association of Cardiac Rehabilitation Webinar*. May.
55. Development of Pan-Canadian Cardiac Rehabilitation / Secondary Prevention Quality Indicators. (2012). *Alberta Provincial Project for Outcomes Assessment in Coronary Heart Disease (APPROACH) National Meeting*. Calgary, AB. June.

56. Patient-provider communication at the bedside about cardiac rehabilitation: Effect on referral and enrollment (2012). *American Psychological Association*. Orlando, FL. August.
57. Stroke outpatient flow to vascular rehabilitation. (2012). *Stroke Collaborative*. Toronto, ON. October.
58. Measuring performance and improving quality in cardiac rehabilitation. (2012). *Canadian Association of Cardiac Rehabilitation Annual Symposium*. Toronto, ON. October.
59. International Council on Cardiovascular Rehabilitation and Prevention. (2013). *Global Forum on CVD Prevention in Clinical Practice - EuroPrevent*. Rome, Italy. April.
60. Cardiac Rehab Quality Indicators – How do we measure up? (2013). *Cardiac Rehabilitation Network of Ontario Annual Symposium*. Toronto, ON. May.
61. Development and field testing of cardiovascular rehabilitation quality indicators. (2013). *University Health Network Clinical Epidemiology – Health Services Research Rounds*. Toronto, ON. May.
62. A scoping review of cardiac rehabilitation services in low and middle-income countries: Basis for a global charter and call to action. (2013). *Jornadas ASCARDIO – Asociacion Cardiovascular Centroccidental*. Barquisimeto, Venezuela. May.
63. A continuum in cardiovascular care: identifying cardiac disease and referral to cardiac rehabilitation. (2013). *Jornadas ASCARDIO – Asociacion Cardiovascular Centroccidental*. Barquisimeto, Venezuela. May.
64. Availability of cardiovascular rehabilitation: From local to global observations. (2013). *Toronto General Research Institute Research Day*. Toronto, ON. October.
65. Patient-provider communication at the bedside about cardiac rehabilitation: Effect on referral and enrollment (2014). *Health Psychology Seminar, York University*. Toronto, ON. January.
66. Screening and treatment of depression in cardiac rehabilitation. (2014). *World Congress of Cardiology*. Melbourne, AU. May.
67. Simplified strategies of cardiac rehabilitation programmes in LMICs: Perspectives from the International Council of Cardiovascular Rehabilitation and Prevention. (2014). *World Congress of Cardiology*. Melbourne, AU. May.
68. Undertaking research on secondary prevention and cardiac rehabilitation. (2014). *World Congress of Cardiology*. Melbourne, AU. May.
69. Cardiac rehabilitation quality: How do we measure up? (2014). Distinguished Speaker for *Cardiac Sciences Day, University of Alberta and Mazankowski Alberta Heart Institute*. Edmonton, AB. June.
70. Increasing the availability and use of cardiac rehabilitation. (2014). *Cardiovascular Division Rounds, Toronto General Research Institute*. Toronto, ON. July.
71. CCR 2.0: Variable enhancements and quality assessment. (2014). *Canadian Association of Cardiovascular Prevention and Rehabilitation Webinar*. September.
72. Canadian Cardiovascular Society Quality Indicators for Cardiac Rehabilitation. (2014). *Cardiac Care Network of Ontario Forum – Standards for the Provision of Cardiovascular Rehabilitation in Ontario*. Toronto, ON. September.
73. Canadian quality indicators for cardiovascular rehabilitation and prevention. (2014). Keynote. *British Association for Cardiovascular Prevention and Rehabilitation Annual Conference*. Derry, Ireland. October.
74. Factors influencing uptake and adherence in female patients. (2014). Keynote. *British Association for Cardiovascular Prevention and Rehabilitation Annual Conference*. Derry, Ireland. October.
75. Canadian Cardiac Rehab Registry 2.0 Launch. (2014). *Canadian Association of Cardiovascular Prevention and Rehabilitation Annual Meeting*. Vancouver, BC. October.
76. Cardiac rehab quality indicators collected and reported: so what? (2014). *Cardiac Quality Collaborative, Canadian Cardiovascular Congress*. Vancouver, BC. October.

77. Cardiac rehabilitation around the world. (2014). *American Heart Association*. Dallas, TX. November.
78. The International Council of Cardiovascular Prevention and Rehabilitation (ICCPR): A consensus statement on delivering CR in low-resource settings. (2014). *Canadian Association of Cardiovascular Prevention and Rehabilitation Webinar*. November.
79. Cardiac rehabilitation referral and access. (2015). *Research Seminar Series, Health, Leisure and Human Performance Research Institute, University of Manitoba*. Winnipeg, MB. April.
80. Current issues in depression and cardiovascular disease. (2015). *American Psychological Association*. Toronto, ON. August.
81. Depression and cardiac rehabilitation. (2015). *Best Practice & Research Forum, Cardiovascular Rehabilitation and Prevention Program, Toronto Rehabilitation Institute, University Health Network*. Toronto, ON. October.
82. Psychological problems of the infarcted woman. (2015). *Sociedad Espanola de Cardiologia / El 8 Congreso de la Sociedad Iberoamericana de Prevencion y Rehabilitacion Cardiovascular*. Bilbao, Spain. October.
83. Consensus statement for implementation in low and middle income countries: what's practical and what's not. (2015). *26th Great Wall International Congress of Cardiology / Asia Pacific Heart Congress / International Congress of Cardiovascular Prevention and Rehabilitation*. Beijing, China. November.
84. Depression and cardiac rehabilitation. (2015). *Health Psychology Seminar, York University*. Toronto, ON. November.
85. Depression screening in cardiac rehabilitation (2015). *Sociedad Interamericano de Cardiologia*. Santiago, Chile. December.
86. Cardiac rehabilitation registries: Current needs and requirements (2015). *Sociedad Interamericano de Cardiologia*. Santiago, Chile. December.
87. Depression and cardiac rehabilitation. (2016). *Heart Friends Around the World (sponsored by the World Heart Federation)*. Kolkata, India. January. (delivered via videoconference due to visa requirements).
88. Autonomous monitoring of physiological signals in heart failure patients. (2016). *Cardiology Academic Rounds, University Health Network / Mount Sinai Hospital*. Toronto, ON. March.
89. Ensuring access to the majority of those in need. (2016). *Cardiac Rehabilitation Think Tank. University of Alberta Mazankowski Heart Institute/ Western Canada CR Symposium*. Banff, AB. April.
90. Issues surrounding cardiac rehabilitation programs and women. (2016). *Canadian Women's Heart Health Summit*. Ottawa, ON. April.
91. How to adapt cardiac rehabilitation services for different resource settings. (2016). *World Congress of Cardiology*. Mexico City, Mexico. June.
92. Cardiac rehabilitation under-utilization: the importance of reimbursement. (2016). *World Congress of Cardiology*. Mexico City, Mexico. June.
93. Guidelines for secondary prevention and rehabilitation in middle and low-income countries. (2016). *World Congress of Cardiology*. Mexico City, Mexico. June.
94. Innovative experiences in CR programs. (2016). *Congresso Brasileiro de Fisioterapia Cardiovascular / XVIII Simposio Internacional*. Belo Horizonte, Brazil. June.
95. Cardiac rehabilitation quality indicators. (2016). *Congresso Brasileiro de Fisioterapia Cardiovascular / XVIII Simposio Internacional*. Belo Horizonte, Brazil. June.
96. Benefits of cardiac rehabilitation in secondary prevention. (2017). *Mayo Clinic Cardiology Update at Cabo: A focus on prevention*. Cabo, Mexico. January.

97. Depression, cardiovascular disease and rehabilitation. (2017). *Kangbuk Samsung Diabetes and Vascular Center – Banting and Best Diabetes Centre 1<sup>st</sup> International Symposium*. Seoul, South Korea. September.
98. Cardiac rehab around the globe. (2017). *Cardiorespiratory Fitness Team Rounds, Toronto Rehabilitation Institute, University Health Network*. Toronto, ON. October.
99. Cardiac rehabilitation in the secondary prevention on non-communicable diseases globally. (2017). *World NCD Congress*. Chandigarh, India. November.
100. Cardiac rehabilitation around the globe: how can we scale up? (2017). *Toronto Rehabilitation Institute Research Rounds, University Health Network*. Toronto, ON. November. <https://www.youtube.com/watch?v=WHefi5IH1cl&feature=youtu.be>
101. Cardiac rehabilitation around the globe: Availability/capacity and characteristics. (2018). *Clinical Epidemiology / THETA Rounds, Toronto General Hospital Research Institute, University Health Network*. Toronto, ON. January.
102. Cardiac rehabilitation benefits women... So how do we increase utilization? (2018). *Canadian Women's Heart Health Summit*. Ottawa, ON. April.
103. How does cardiac rehabilitation in Canada compare with other countries of the world? (2018). *University of Alberta Mazankowski Heart Institute / Jim Pattison Cardiac Rehabilitation Symposium*. Banff, AB. April.
104. Cardiac rehabilitation around the globe (2018). *American Association of Cardiovascular and Pulmonary Rehabilitation*. Louisville, Kentucky. September.
105. How does cardiac rehabilitation in the UK compare with other countries of the world? (2018). *British Association of Cardiovascular Prevention and Rehabilitation*. Glasgow, Scotland. October.
106. Cardiac rehabilitation around the globe, and what can it tell us about delivery in Canada? (2018). *Canadian Association of Cardiovascular Rehabilitation*. Toronto, ON. October.
107. Strategies to increase utilization of cardiac rehabilitation. (2018). *Vermont Center of Behavior and Health Monthly Conference*. Burlington, VT. November

## WORK IN PROGRESS

1. Guidelines to promote patient utilization of cardiac rehabilitation, with implementation tools
2. Evaluating delivery of cardiac rehabilitation in low-resource settings
3. Heart failure clinic referral policies and practices

## TEACHING

### York University Undergraduate Teaching

2004, 2005	Psychology of Physical Activity, KINE 2000 (team taught)
2005	Introduction to Health, KINE 2020 (team taught)
W & F2006	Heart Disease: Behavioural, Psychosocial and Health Services Issues, KINE 4720
W2013	Heart Disease: Behavioural, Psychosocial and Health Services Issues, KINE 4720
W2014	Heart Disease: Behavioural, Psychosocial and Health Services Issues, KINE 4720
W2015	Secondary Prevention of Heart Disease: Cardiac Rehabilitation in a Global Context, KINE 4720 (name change)
W2016	Secondary Prevention of Heart Disease: Cardiac Rehabilitation in a Global Context, KINE 4720

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S2016	Secondary Prevention of Heart Disease: Cardiac Rehabilitation in a Global Context, KINE 4720
W2019	Secondary Prevention of Heart Disease: Cardiac Rehabilitation in a Global Context, KINE 4720

York University Graduate Teaching

2006	Behavioural Cardiology and Cardiac Rehabilitation, KAHS 6144
2013	Behavioural Cardiology and Cardiac Rehabilitation, KAHS 6144
2015	Behavioural Cardiology and Cardiac Rehabilitation, KAHS 6144
2016	Behavioural Cardiology and Cardiac Rehabilitation, KAHS 6144
2019	Behavioural Cardiology and Cardiac Rehabilitation, KAHS 6144

Other Teaching

1995-1997	Teaching Assistant, Lakehead University
1998-1999	Teaching Assistant, University of Windsor
1999-2000	Sessional Instructor, Introductory Psychology, University of Windsor
2003	Sessional Instructor, Health Psychology, University of Toronto

**TRAINEES AND SUPERVISION**

Sabbatical Visitors

2013-2014	Raquel R. Britto, PT, PhD Universidade Federal de Minas Gerais
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Post-doctoral Fellows

2013-2014	Karam Turk-Adawi, UHN Research Intern <ul style="list-style-type: none"><li>• now Assistant Professor, Qatar University</li></ul>
2014-2015	Sobia Ali-Faisal, Toronto General & Western Hospital Foundation & Stony Brook University, NY, \$50,000 <ul style="list-style-type: none"><li>• now Lecturer, University of Prince Edward Island</li></ul>
2014-2015	Gabriela Melo Ghisi, Heart and Stroke / Richard Lewar Centre of Excellence, University of Toronto, \$25,000. <ul style="list-style-type: none"><li>• American Association of CardioVascular and Pulmonary Rehabilitation Beginning Investigator Award Nominee</li></ul>
2015-2018	Gabriela Melo Ghisi, Canadian Institutes of Health Research FRN#14291, York University, \$90,000 <ul style="list-style-type: none"><li>• Now Associate Scientist, University Health Network</li></ul>

Visiting Trainees

2016-2017	International Visiting Research Trainee, Gabriela Chaves, PhD Student, University Federal of Minas Gerais, Brazil <ul style="list-style-type: none"><li>• FAPEMIG Scholarship; ~USD\$1300/month + flights</li></ul>
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Graduate Students - Primary Supervisor



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- 2001-2002 *Internship Supervisor* of PhD Candidate, Paula Barata, University of Windsor, Department of Psychology
- 2004-2006 *Supervisor* of MA Student, Dana Riley, York U KaHS
- Now Professor at University of Guelph
  - HSF Studentship 2005-2006 \$18,000
- “A mixed methods study of continuity of cardiac care from cardiac rehabilitation to primary care physicians”
- Earned PhD at University of Ottawa and Ottawa Heart Institute
  - Completed post-doctoral fellow (2012-2014) with Population Health Improvement Research Network (PHIRN)
  - Now P, Canadian Institute for Health Information
- 2005-2011 *Supervisor* of MA & PhD Student, Yvonne Leung, York U KaHS (PhD student as of Fall 07)
- CIHR ICRH Young Investigator Forum Travel Award 2006 \$1500
  - IN-CAM Conference Travel Award 2006 \$1000
  - CIHR ICE GENESIS Scholarship 2006-2008 \$17,000/yr
- MA: “A Multi-Method Study of the Prevalence, Correlates and Perceived Effects of Mind-Body Therapeutic Practice in Acute Coronary Syndrome Patients”
- OGS Doctoral Scholarship 2009-2010 \$15,000
  - HSF Doctoral Award 2009-2012 \$21,000/yr
  - CIHR Frederick Banting and Charles Best CGS Doctoral Award 2009-2012 \$35,000/yr
  - Cardiac Health Foundation of Canada, Graduate Scholarship Award 2010, \$3,000
- PhD: “Posttraumatic Growth among Coronary Artery Disease Patients: Prevalence, Correlates, and Relation to Mortality”
- CIHR Post-doctoral Fellowship, University Health Network, Psychosocial Oncology, 2011-2013
  - Scientific Associate, University Health Network, Psychosocial Oncology, 2014-2016
  - Now Research Scientist, deSouza Institute
- 2006-2008 *Supervisor* of MSc Student, Sheena Kayaniyil, York U KaHS
- HSF Studentship 2006-2008 \$18,000/yr
- “Degree and correlates of knowledge and awareness of CHD among acute coronary syndrome patients”
- Now PhD student at U of T in Nutrition Sciences
- 2006-2008 *Supervisor* of MSc Student, Keerat Grewal, York U KaHS
- OGS master’s studentship, 2006 \$15,000
  - CGS master’s studentship, 2007 \$17,500
- “Improving access to cardiac rehabilitation among Punjabi patients through innovative referral methods: A qualitative study”
- Now MD student at U of T
- 2006-2008 *Supervisor* of MSc Student, Janette Brual, York U KaHS
- HSF Studentship 2007-2009 \$18,000/yr
- “Cardiac rehabilitation referral, enrollment and participation by drive time and distance”
- Now PhD student at Queen’s University in Geography
- 2007-2011 *Supervisor* of PhD Student, Shannon Gravely, York U KaHS
- CIHR Doctoral Award 2007-2010, \$22,000/yr

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- CIHR ICRH Young Investigator Forum Travel Award 2010 \$900
  - Cardiac Health Foundation of Canada, Graduate Scholarship Award 2010, \$3,000
- “A multi-method examination of sex differences in heart failure clinic access”
- Now Research Assistant Professor at University of Waterloo, International Tobacco Control Policy Evaluation Project
- 2007-2009 *Supervisor* of MSc Student, Cassandra Racco, York U KaHS  
 “The Cardiac Rehabilitation for her Heart Event Recovery (CR4HER) pilot study”
- 2007-2013 *Supervisor* of MSc Student, Shamila Shanmugasegaram, York U KaHS
- OGS master’s studentship 2007-2008 \$15,000
  - CIHR CGS master’s award 2008-2009 \$17,500
  - CIHR ICRH Young Investigator Forum Travel Award 2009 \$1500
  - Cardiac Health Foundation of Canada Graduate Scholarships 2009 \$3,000
- “Psychometric properties of the Cardiac Rehabilitation Barriers Scale”
- Supervisor* of PhD Student, Shamila Shanmugasegaram, York U KaHS
- CIHR Frederick Banting and Charles Best Canada Graduate Scholarships – Doctoral Award 2009-2012 \$35,000/yr
  - CIHR ICRH Young Investigator Forum Travel Award 2010 \$900
  - World Health Organization Intern, Cardiac Rehabilitation in Low and Middle-Income Countries, 2011
  - CIHR CGS – Michael Smith Foreign Study Supplement Award FSS-116909 2011 \$6000 “Cardiac rehabilitation services in low-income countries: A scoping review”
- “Cardiac Rehabilitation Barriers among Under-Represented Groups, and the Role of Targeted Program Model Allocation”
- 2008-2010 *Supervisor* of MSc Student, Jonathon Yee, York U KaHS  
 “Evaluating the flow and content of cardiac rehabilitation intake summaries to primary care”
- CIHR Banting and Best CGS – Master’s Award 2009 \$17,500
  - CIHR ICRH Young Investigator Forum Travel Award 2009 \$1500
  - Now, Chiropractic student
- 2010-2012 *Supervisor* of MSc Student, Peter Polyzotis, York U KaHS
- Ahepa Family Scholarship 2011 \$500
- “Evaluating the flow and content of cardiac rehabilitation discharge summaries to primary care”
- Now Case Manager, Workplace Safety Insurance Board
- 2011-2013 *Supervisor* of MSc Student, Megan Cahill (now Hurley), York U KaHS
- Cardiac Health Foundation of Canada Graduate Scholarships 2012 \$3,000
- “Burden, screening and treatment of depressive and anxious symptoms among women in cardiac rehabilitation”
- 2011-2013 *Supervisor* of MSc Student, Sanam Pourhabib, York U KaHS
- Awarded “best poster” at Cardiac Rehabilitation Network of Ontario Annual Meeting, Toronto ON. May 2012.
  - American Association of Cardiovascular and Pulmonary Rehabilitation Beginning Investigator Award Nominee
  - Now PhD student, University of Nottingham
- “Assessing and optimizing patient-provider communication regarding cardiovascular rehabilitation”
- 2011-2013 *Supervisor* of MSc Student, Tomasz Kowal, York U KaHS

- Awarded “best poster” at GTA Rehab Network Annual Meeting, Toronto ON. March 2013.
  - Now, Chiropractor, Align Health and Wellness
- 2011-2012 “A prospective, multi-site evaluation of integrated vascular rehabilitation: outcomes of cardiac and non-cardiac patients”  
*Supervisor of MFSc Student, Michelle Bedard, York U KaHS*
- Now, RKin with St. Elizabeth Health Care
- 2012-2013 “Functional decline on the cardiac rehabilitation queue”  
*Supervisor of MFSc Student, Stephanie Bennett, York U KaHS*
- 2012-2013 “Exercise maintenance post-cardiac rehabilitation”  
*Supervisor of MFSc Student, Cassandra Collins, York U KaHS*
- Now RKin, West Park
- 2012-2014 “Integrated vascular rehabilitation”  
*Supervisor of MSc Student, Christine Andraos, York U KaHS*
- Now Exercise Physiologist, MedPoint
- 2012-2014 “Women’s preferences for cardiac rehabilitation program model”  
*Supervisor of MSc Student, Golnoush Taherzadeh, York U KaHS*
- 2012-2016 “Degree and socio-ecological correlates of exercise at cardiac rehabilitation program completion”  
*Supervisor of PhD Student, Liz Samayoa-Midence, York U KaHS*
- Now, Research Associate II, UHN TRI
- “Comparing women’s cardiac rehabilitation program adherence and health behaviours following referral to different program models: A randomized controlled trial”
- American Psychological Association Division 38 Outstanding Student Presentation Award, \$500. 2015.
  - Cardiac Health Foundation of Canada Graduate Scholarships 2015. \$3,000
  - Now Medical Editor
- 2013-2015 *Supervisor of MSc Student, Kujaany Kana, York U KaHS*
- “Cost-effectiveness of an intervention to facilitate exercise maintenance in the year post-cardiac rehabilitation”
- Now, Optometry student, University of Waterloo
- 2013-2015 *Supervisor of MSc Student, Deborah Somanader, York U KaHS*
- “Cardiac rehabilitation quality indicators”
- Now Clinical Associate, Cardiac Care Network of Ontario
- 2013-2014 *Supervisor of MFSc Student, Jaskirat Takhar, York U KaHS*
- “Patient adherence to and satisfaction with an intervention to facilitate exercise maintenance in the year post-cardiac rehabilitation”
- Now MD student, University of Hawaii
- 2013-2014 *Supervisor of MFSc Student, Chelsea Salsberg, York U KaHS*
- “A survey of cardiac rehabilitation programs in Canada: How can we scale up?”
- 2014-2016 *Supervisor of MSc Student, Sabrina MacGregor, York U KaHS*
- “Depressive symptom changes, psychopharmacologic therapy and outcomes in cardiac rehabilitation participants”
- 2014-2015 *Supervisor of MFSc Student, Lauren Johnston, York U KaHS*
- “Cardiac rehabilitation referral and enrolment across an academic health sciences centre with eReferral and peer navigation”
- Now, RKin, Mackenzie Health, Cardiac Rehabilitation
- 2015-2016 *Supervisor of MFSc Student, Nina Sieh, York U KaHS*

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	“Exercise rehabilitation in ventricular assist device recipients: A meta-analysis of effects on physiological and clinical outcomes”
	<ul style="list-style-type: none"> <li>• Now RKin, University Health Network, Toronto Western Hospital, Cardiovascular Prevention and Rehabilitation Program</li> </ul>
2015-2017	<i>Supervisor</i> of MSc Student, Saba Ali, York U KaHS “Patient satisfaction with cardiac rehabilitation”
2015-	<i>Supervisor</i> of PhD Student, Mahshid Moghei, York U KaHS “The economics of cardiac rehabilitation delivery”
2015-	<i>Supervisor</i> of PhD Student, Carolina Santiago Pio, York U KaHS “Promoting patient utilization of cardiac rehabilitation – systematic review and knowledge translation”
2016-2018	<i>Supervisor</i> of MSc Student, Ella Pesah, York U KaHS “Cardiac rehabilitation delivery in low and middle-income countries”
	<ul style="list-style-type: none"> <li>• CIHR ICS Travel Award, 2017, \$1,000</li> </ul>
2016-2017	<i>Supervisor</i> of MFSc Student, Hailey Malkin, York U KaHS “ICCPR Certification program for cardiac rehabilitation programs and healthcare professionals in low and middle-income countries”
2017-	<i>Supervisor</i> of MFSc Student, Michelle Tran, York U KaHS “Cardiac rehabilitation delivery in Canada”
2018-	<i>Supervisor</i> of MSc Student, Taslima Mamataz, York U KaHS “Cardiac rehabilitation dose”
2017-	<i>Supervisor</i> of MSc Student, Drashti Pete, York U KaHS “Heart function clinic referral”

### Thesis Committees

2004-2005	<i>Committee Member</i> , MA Thesis, Jenelle Power, York U KaHS “A Qualitative Study Examining Psychosocial Distress, Coping, and Social Support Across the Stages and Phases of Epithelial Ovarian Cancer”
2004-2006	<i>Committee Member</i> , MA Thesis, Claire Curtis, York U KaHS “Cognitive factors in the risk for obesity: A mediational model”
2004-2007	<i>Committee Member</i> , MA Thesis, Melissa Jovellanos, York U KAHS “The experience of cancer pain across the adult lifespan”
2004-2007	<i>Committee Member</i> , MSc Thesis, Mireille Landry, U of T Graduate Department of Rehabilitation Sciences (PT) “Women’s patterns of physical activity following participation in an exercise-based primary prevention program”
2005-2006	<i>Committee Member</i> , PhD Comprehensive Examination Committee, Natalie Ceccato, U of T Department of Public Health Sciences “Physician exercise advice to pregnant patients”
2005-2007	<i>Committee Member</i> , MSc Thesis, Ananya Banerjee, U of T Graduate Department of Exercise Sciences “Success stories of South Asian patients attending cardiac rehabilitation: A qualitative study”
2005-2007	<i>Committee Member</i> , MA, Lynn Gauthier, York U KaHS “Acceptance of pain: A preliminary study in advanced cancer patients”
2007-2009	<i>Co-supervisor</i> , MA, Shahram Zaheer, York U KaHS “The role of norms of openness, participative leadership, and ease of reporting on patient safety culture”
2008-2011	<i>Committee Member</i> , PhD, Brad Meisner, York U KaHS

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2009-2011	“Aging expectations and health-related behaviour among adults aged 40 years and older” <i>Committee Member</i> , MSc, Shazareen Khan, U of T Graduate Department of Exercise Sciences, Faculty of Physical Education and Health
2010-2016	“Life after cardiac rehabilitation: An evaluation of lifestyle, injury and care” <i>Committee Member</i> , PhD, Nader Kabboul, U of T Graduate Department of Pharmaceutical Sciences
2010-2014	“The economics of cardiac rehabilitation” <i>Committee Member</i> , PhD, Gabriela Melo Ghisi, U of T Graduate Department of Exercise Sciences, Faculty of Physical Education and Health
2011-2016	“Patient education in cardiac rehabilitation: The role of knowledge on behaviour change and its mediators” <i>Committee Member</i> , PhD, Adam McKillop, U of T
2013-2015	“Increasing physical activity among children, adolescents and adults with repaired Tetralogy of Fallot” <i>Committee Member</i> , MHSc, Jianfeng Qiu, U of T Institute of Biomedical and Biomaterial Engineering
2014-2015	“Implementation of a passive electrocardiography monitoring system for the homecare environment” <i>Committee Member</i> , MSc, Jacqueline Gabelhouse, University of British Columbia, Faculty of Health and Social Development
2016-2017	“A comparison of traditional versus alternative outpatient cardiac rehabilitation program models” <i>Committee Member</i> , MSc, Luma Ayyoub, York U KaHS
2017-2019	“Glucokit: An evaluation of community-based exercise program and brief action planning for individuals with and/or at risk for type 2 diabetes” <i>External Supervisor</i> , PhD, Emma Thomas, Melbourne School of Population & Global Health, University of Melbourne, Australia
	“Cardiac rehabilitation registries”

### Oral Examinations

2005	<i>Outside Examiner</i> , MA Thesis Defence, Andrea Gibas, York University, Department of Psychology
	“Descriptive Examination of the Pain of Fabry Disease”
2005	<i>Outside Examiner</i> , MA Thesis Defence, Carmen Bewell, York University, Department of Psychology
	“Excessive exercise and the eating disorders: The influence of sensitivity to reward”
2005	<i>Outside Examiner</i> , PhD Dissertation Defence, Mirella Stroink, York University, Department of Psychology
	“The experiences of second-generation Canadians: The nature, origins, and outcomes of bicultural conflict”
2006	<i>Chair</i> , Heather Wright, PhD Comprehensive Examination, York U KaHS
	“Neuroendocrine response to acute and chronic heat stress”
2006	<i>Chair</i> , PhD Comprehensive Examination Committee, Robbie Howlett, York U KaHS
	“Acceptability of HPV Vaccine and Knowledge of HPV”
2007	<i>Dean’s Representative</i> , MA Thesis Defence, Michelle Majcen, York U KaHS
	“It’s more than the running’: The psychosocial impact of a marathon training program on midlife women”

- 2007 *Dean's Representative*, PhD Defence, Robbie Howlett, York U KaHS  
"Acceptability of HPV Vaccine and Knowledge of HPV"
- 2007 *Outside Examiner*, MA Thesis, Allison Saunders, York University, Department of Psychology  
"Predictors and trends of adherence to blood pressure self-monitoring among hypertensive type II diabetic patients"
- 2009 *Outside Examiner*, PhD Dissertation Defence, Fergal O'Hagan, UofT, Department of Exercise Science  
"Return to Work with Cardiac Illness: A Qualitative Exploration from the Workplace"
- 2009 *Outside Examiner*, PhD Dissertation Defence, Debra Rotondi-Trevisan, York U Psychology  
"Psychological and Quality of Life Outcomes of Primary and Secondary Prevention Implantable Cardioverter Defibrillator Recipients: A Longitudinal Study"
- 2009 *Chair*, MSc Thesis Defence, Jake Yoon, UofT, Graduate Department of Rehabilitation Science  
"Early Aerobic Exercise Intervention After Stroke: Improving Aerobic and Walking Capacity"
- 2011 *Dean's Representative*, PhD Dissertation Defence, Ban Al-Sahab, York U KaHS  
"Early menarche: Prevalence, predictors, outcomes"
- 2011 *Outside Examiner*, MA Thesis Defence, Maxine Wintre, York U Psychology  
"Risk and Resilience to Depressive Symptoms in a Longitudinal Study of University Students"
- 2012 *Outside Examiner*, MA Thesis Defence, Dean Hodge, York U Psychology  
"Effects of Perceiving Control over Positive versus Negative Outcomes"
- 2013 *Outside Examiner*, PhD Dissertation Defense, Karen Roberts, York U Psychology  
"State-trait inventory of cognitive and somatic anxiety: Psychometric properties and experimental manipulation to evaluate incremental validity"

### External Examinations

- 2004 *External Examiner*, MSc Thesis, Shawn Brady, University of Toronto Graduate Department of Rehabilitation Science, Faculty of Medicine  
"Pre-operative factors of enrollment in cardiac rehabilitation in individuals after coronary artery bypass graft surgery"
- 2009 *External Examiner*, PhD Dissertation, Tiffany Hunt-Shanks, University of Ottawa, Department of Psychology  
"Anxiety and depression in cardiac patients: A psychometric evaluation of the HADS and a Longitudinal Investigation of Exercise, Gender and Affective Functioning"
- 2011 *External Examiner*, PhD Dissertation, Shane N. Sweet, University of Ottawa, Department of Psychology  
"Self-determination theory and self-efficacy theory: Can they work together to predict physical activity in cardiac rehabilitation?"
- 2014 *External Examiner*, MSc Thesis, Hayley Horwood, University of Otago, School of Physical Education, Sport and Exercise Sciences  
"Attendance to community-based cardiac rehabilitation: Reasons and outcomes"

Primary Supervisor - Undergraduate

- 2001-2002 *Supervisor* of Medical student research projects, Determinants of Community Health II (DOCH), University of Toronto  
Anisa Mnyusiwalla “The role of gender in the effect of depression on diabetes control”  
Kelly Kives “Time perspective and health promoting behavior in a cardiac rehabilitation population”
- 2002-2003 *Supervisor* of Medical student research projects, DOCH II, University of Toronto  
Mildred Wong “Gender and nutrition management in type 2 diabetes”  
Tabitha Kung “Increasing access through automatic referral to cardiac rehabilitation closest to home”
- 2002-2003 *Supervisor* of BHSc Thesis, Marisa Ponzio, University of Toronto, Biology  
“Gender, ethnocultural, and psychosocial barriers to nutrition self-management in Italian women and men with Type 2 diabetes: A qualitative and quantitative study”
- MD/PhD student at McGill University
- 2003-2004 *Supervisor* of Medical student research projects, DOCH II, University of Toronto  
Jennifer McDonald “Patient preferences for home-based versus hospital-based cardiac rehabilitation”  
Peter Mitoff “Patient-provider communication regarding referral to cardiac rehabilitation”
- 2005-2006 *Supervisor* of Independent Study, YorkU KaHS  
Erika Sabourin “Cardiac Rehabilitation Knowledge Transfer”
- 2006 *Supervisor* of Independent Study, YorkU KaHS  
Angela McDonald “Factors related to cardiologists’ intentions to refer to cardiac rehabilitation”
- 2010 *Supervisor* of Independent Study, YorkU KaHS  
Melissa McCrady “Cardiac rehabilitation program survey”
- 2011-2012 *Supervisor* of Medical student research projects, DOCH II, University of Toronto  
Scott Brady “Referral to cardiac rehabilitation following revascularization in Ontario”  
Han Nguyen “The mental health status of ethnocultural minorities in Ontario”  
Christine Tang “Differences in Sociodemographic, Clinical, and Psychosocial Factors Between Chinese and North American Cardiac Outpatient, and their Relationship to Cardiac Rehabilitation Participation, Healthcare Utilization, Quality of Life and Exercise Behavior”
- 2011-2012 *Supervisor* of Independent Study and Honours Thesis, York U KaHS  
Farnaz Shahraki “Individual differences in physicians’ judgments of patient benefit from cardiac rehabilitation”
- 2012-2013 *Supervisor* of Medical student research project, DOCH II, University of Toronto  
Bahar Moghaddam  
“Ethnocultural differences in cardiac rehabilitation utilization, risk reduction and heart-health behaviours”
- 2013-2014 *Supervisor* of Independent Study, YorkU KaHS  
Nickan Motamedi “Ind. Study Research: Cardiac Rehabilitation”
- 2014-2015 *Supervisor* of Medical student research project, DOCH II, University of Toronto  
Briar Findlay  
“Cardiac rehabilitation outcomes by ethnocultural background: Results from the Canadian Cardiac Rehab Registry”

Primary Supervisor – Other

Clinical Research Interns, Post-Graduate Diploma Program, Humber College (selected):  
 Sharmila Sriranjani, Yongyao Tan (Clinical Research Coordinator, Sick Kids), Amanda Kentner  
 (now Assoc. Prof, Massachusetts College of Pharmacy and Health), Beatrice Luu (CRA II, Mt.  
 Sinai), Clara Tam (Mgr., Centre for Addiction & Mental Health), Mary Attia-Nassim (Clinical  
 Research, University Health Network), Iwona Link (Clinical Trial Manager, Janssen Inc.),  
 Jennifer Li (Quality Assurance Supervisor, Princess Margaret Cancer Centre)

**SERVICE**Service Within York University*School of Kinesiology and Health Science*

2004 Ontario Graduate Scholarship (OGS) Rating Committee  
 2004 Social Sciences and Humanities Research Council (SSHRC) graduate  
 scholarship rating committee  
 2004-2005 Nominating Committee  
 2004-2005 File Preparation Committee, for Tenure and Promotion of Lucy Gagliese  
 2005 Adjudicating Committee, for Tenure and Promotion of Lucy Gagliese  
 2005-2006 Library Representative  
 2005-2006 Search Committee, Psychology of Physical Activity  
 2006-2007 University Honours and Awards Committee (Secretary)  
 2006 Ontario Graduate Scholarship (OGS) Rating Committee  
 2007 File Preparation committee, for Tenure and Promotion of Hala Tamim  
 2007 Adjudicating committee, for Tenure and Promotion of Hala Tamim  
 2007 OGS in Science and Technology Rating Committee  
 2009 CIHR CGS Master's Rating Committee  
 2011-2013 Member, Knowledge Translation Committee  
 2012-2014 Member, Graduate Executive  
 2013-2014 Member, Tenure & Promotion Committee  
 2013-2014 Member, Nominating Committee  
 2014-2016 Chair, Tenure & Promotion Committee  
 2014-2016 Chair, Adjudicating Committee, for promotion of Joe Baker  
 2014-2015 Member, File Preparation Committee, for promotion of Joe Baker  
 2014-2016 Member, Adjudicating Committee, for promotion of Alison Macpherson  
 2014-2015 Member, File Preparation Committee, for tenure & promotion of Michael Rotondi  
 2014-2015 Chair, Adjudicating Committee, for tenure & promotion of Michael Rotondi  
 2014-2016 Chair, Adjudicating Committee, for promotion of Denise Henriques  
 2014-2016 Member, Adjudicating Committee, for promotion of Lauren Sergio  
 2014-2016 Member, File Preparation Committee, for promotion of Lauren Sergio  
 2014-2017 Chair, File Preparation Committee, for promotion of Neil Smith  
 2014-2017 Member, Adjudicating Committee, for promotion of Neil Smith

*Faculty-Level*

2005-2007 Awards Committee, Faculty of Graduate Studies (Chair 2006-2007)  
 2005- Steering Committee Member, Graduate Diploma in Health Psychology,  
 Departments of Psychology and KaHS, <http://www.psych.yorku.ca/health/>  
 2006-2007 Tenure and Promotion Committee, Faculty of Health  
 2011 York University – Ontario Health Study Work Group  
 2011-2013 KaHS Representative, Experiential Education Work Group, Faculty of Health



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2016 Member, Search Committee, Director - Dahdaleh Institute for Global Health

*University-Level*

2011-2014 Senator

Service to the Larger Community

*University Health Network*

- Member, Clinical Research Advisory Committee, Toronto General Research Institute, University Health Network (UHN), 2006-2007
- Member, Research Committee, Peter Munk Cardiac Centre, University Health Network, 2010-2011
- Member, Cardiology Clinical Trials Committee, Peter Munk Cardiac Centre, University Health Network, 2011-2012
- Member, Search Committee, Peter Munk Cardiac Centre Chair in Multinational Clinical Trials, 2012
- Grant Reviewer, Centre for Mental Health Research, University Health Network, 2016
- Scientist appointment reviewer, Toronto Rehabilitation Institute, 2016-2017
- Panelist, "Appointments with Universities", Mentorship Series, Toronto Rehabilitation Institute, 2017
- Member, Research/Outcomes working group, Cardiac Rehabilitation and Prevention Program EHR Migration Committee, Toronto Rehabilitation Institute, 2017-2018
- Member, Selection Committee, Toronto Rehab Scholarship in rehabilitation-related research for students with disabilities, 2017-
- Clinical Expert, Monitoring Health and Function Program, Toronto Rehabilitation Institute, 2017-
- Member, Mentoring working group, Toronto Rehabilitation Institute, 2017-
- Judge, Global Health and Social Innovation Program, Toronto District School Board & iDAPT Centre for Rehabilitation Research, 2018  
<https://toronto.ctvnews.ca/video?clipId=1400964>  
<http://toronto.citynews.ca/video/2018/05/24/students-show-off-health-innovations-to-researchers/>

*Other Local Service*

- Member, Women's Mental Health Research Day Organizing Committee, University of Toronto Department of Psychiatry, 2005-2006  
<http://www.utpsychiatry.ca/DivisionsAndPrograms/WomensMentalHealthProgram.asp>
- Member, Chronic Disease Management and Primary and Secondary Prevention Working Group, Central Local Health Integration Network (LHIN), 2009-2010
- Member, Research and Education User Group, York Central Hospital, 2010
- External Assessor, Program Review, The Exercise Science & Lifestyle Management Graduate Certificate, Humber College, 2012

*Provincial*

- Executive Board Member and Treasurer, Ontario Women's Health Network (OWHN), 2000-2003  
<http://www.owhn.on.ca/>
- Member, Ontario Cardiac Rehabilitation Registry (OCRR) Working Group, 2005-2006  
<http://www.ocrr.ca/cardio/index.php?m=2>

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- Member, Ontario Rehabilitation Research Advisory Network (ORRAN) Executive, <http://www.orrn.ca/>, 2005-2007
  - Member, Ministry of Health and Long-Term Care, Ontario Women's Health Council (OWHC) Research Days steering committee, 2005-2006
  - Member, Cardiac Care Network of Ontario (CCN), Cardiovascular Chronic Disease Management working group, 2009-2012
  - Co-chair, Ontario Health Study (OHS), Psychosocial Health Working Group, 2010-2011 <https://ontariohealthstudy.ca/en/meet-researchers>
  - Member, Grant Allocation Committee, Heart and Stroke Foundation of Ontario (HSFO), 2010-2011
  - Vice-Chair, Grant Allocation Committee, Heart and Stroke Foundation of Ontario, 2011-2012
  - Chair, Vascular Health Strategy (CCN), Knowledge Management Working Group, 2012-2014
  - Member, Expert Advisory Panel on Post-Acute, Community-Based Care for CHF Patients, Health Quality Ontario (HQO), 2013-2014
  - Member, Research Advisory Committee, Heart and Stroke Foundation of Ontario, 2014-2016
  - Member, Cardiac Working Group, Rehabilitation Call-to-Action, CorHealth Ontario (formerly Cardiac Care Network), 2017-2018

*National*

- Member, Canadian Association of Cardiac Rehabilitation (CACR) Research Committee, 2003-2007
- Member, CACR Registry Working Group, 2005-2007
- Member, Canadian Association for Health Services and Policy Research (CAHSPR) Communications Committee, 2006-2007
- Member, Board of Directors, CACR, 2006-2008
- Member, National Scientific Advisory Ad Hoc Committee, CACR, 2009
- Member, Safer Healthcare Now! Acute Myocardial Infarction Faculty, 2010-2012
- Vice-Chair, Canadian Cardiac Rehab Registry (CCRR) Research Sub-Committee, 2010-2012
- Member, Canadian Cardiac Rehab Registry Research Sub-Committee, 2012-2016
- Member, Canadian Cardiac Rehab Registry Data Dictionary Revision Task Force, 2013-2014
- Chair, Cardiac Rehabilitation / Secondary Prevention Quality Indicators Chapter Working Group, Canadian Cardiovascular Society (CCS) / Canadian Association of Cardiovascular Prevention and Rehabilitation, and member CCS Quality project steering committee, 2011-
- Member, Guidelines Executive Committee, Canadian Association of Cardiovascular Prevention and Rehabilitation (CACPR), 2017-
- Research Liaison, Cardiologica User's Group, Canadian Cardiac Rehabilitation Registry, 2017-

*International*

- Chair, American Psychological Association, Division 38 Health Psychology, Health Research Council, 2011-2013
- Member, American Psychological Association, Division 38 Structure Task Force, 2011-2012

- Secretary-Treasurer, International Council of Cardiovascular Rehabilitation and Prevention (ICCPR), 2012-2015
- Secretary, ICCPR, 2015-2016
- Acting Chair, ICCPR, 2016
- Vice-chair, ICCPR Certification Working Group, 2016-
- Chair, ICCPR, 2017-
- Reviewer, World Health Organization HEARTS Package (strengthening management of CVD risk factors in primary care) toolkits, 2017
- Member, World Heart Federation Task Force on Roadmaps, 2018-

#### Editorial Board Member

Journal of Cardiopulmonary Rehabilitation & Prevention, 2007-2018, <http://www.icrjournal.com/>  
Rehabilitation Research and Practice, 2010-2013, <http://www.hindawi.com/journals/rrp/>

#### Grant Reviews

- Grant Review Committees:
  1. Grant Review Committee Member, CIHR Gender, Sex & Health Committee, 2006
  2. Member, Review panel for University of Toronto Department of Psychiatry's annual research grant competition, 2006
  3. Grant Review Committee Member, CIHR Health Research Training A – PhD Committee, 2009-2010
  4. Grant Review Committee Member, CIHR Health Services Evaluation and Interventions Research (HS1), 2012
  5. Grant Review Committee Member, Heart and Stroke Foundation of Canada, Sub-Committee VII "Health Services, Behaviour, Psychology, and Public Health", 2013-2016
  6. Peer Reviewer, CIHR Foundation Scheme, Stage 1, 2015 2<sup>nd</sup> Live Pilot
- Ad Hoc Grant Reviews:
  1. British Heart Foundation
  2. Canadian Institutes of Health Research
  3. Canada Research Chairs Program
  4. Health Research Board, Ireland
  5. Heart and Stroke Foundation of Canada
  6. M.S.I. Foundation, Alberta
  7. National Heart Foundation of Australia
  8. National Health Service, United Kingdom
  9. Nova Scotia Health Research Foundation, Canada
  10. University of Ottawa Heart Institute, Ontario
  11. Social Sciences and Humanities Research Council, Canada

#### Conference Service / Committees

1. Poster Judge, *University Health Network Research Day*, Health Informatics Platform, 2004
2. Abstract Reviewer, *American Psychological Association, Health Psychology Division*, Annual Meeting, 2004-2006
3. Abstract Reviewer, *Canadian Association of Cardiac Rehabilitation, Annual Meeting*, 2004-2007
4. Abstract Reviewer, *Society of Behavioral Medicine, Annual Meeting*, 2005

5. Abstract Reviewer, *American Psychosomatic Society, Annual Meeting*, 2010
6. Abstract Reviewer, *CIHR Institute of Gender and Health, Summer Institute*, 2011
7. Oral Session Judge, *Cardiac Sciences Day, Alberta Health Services*, 2014
8. Abstract Judge, *British Association of Cardiovascular Prevention and Rehabilitation Annual Meeting*, 2014
9. Congress Programme Committee Member, Preventive Cardiology, *World Congress of Cardiology and Cardiovascular Health*, 2015-2016
10. Poster Judge, *Toronto Rehabilitation Institute Research Day*, 2016, 2018
11. Best Paper Judge, *Toronto Rehabilitation Institute Research Day*, 2018

## KNOWLEDGE TRANSFER

### Policy Transfer

- Meeting with Sr. Policy Analyst, Rehabilitation Program Policy Unit, Mental Health and Rehabilitation Reform Branch; 2004.
- Meeting with Chronic Disease Unit, Health System Strategy Division, Ontario Ministry of Health & Long-Term Care; March 2009, throughout Spring & Summer 2010 to provide input into Priority Programs in the area of chronic disease management.

### Clinical Transfer

- Uptake of automatic referral systems/strategies for cardiac rehabilitation in provincial and international jurisdictions. E.g., University of Ottawa Heart Institute, Vermont, University Health Network, York Central Hospital, Southlake Regional Health Centre, Rouge Valley
- Talks regarding hospital-specific CR referral and enrollment rates, 2009-2010. Trillium Health Centre, Sunnybrook Health Sciences Centre, York Central Hospital, Toronto General Hospital, Toronto Western Hospital, Toronto Rehabilitation Institute, Ottawa Heart Institute, Windsor Regional Hospital, Hotel Dieu Grace Hospital, St. Mary's General Hospital, William-Osler Health Centre.
- Chronic Disease Management session for healthcare providers at York Central Hospital, September, 2009
- Presentation at York Central Hospital Director's Forum to promote research, February 2010

### Lay Transfer

<http://expertfile.com/experts/drsherry.grace>

### Presentations

1. Facilitator of Women and E-Health Public Education Lecture Series (2002). *University Health Network Women's Health Program*. Toronto, ON. April.
2. Facilitator of Women, Work and Health Public Education Lecture Series (2002). *University Health Network Women's Health Program*. Toronto, ON. October.
3. Panel discussant at an event focused on Women's Heart Health hosted by the GE International Woman's Network, in partnership with the Heart and Stroke Foundation - September 22, 2010
4. Invited presentation at University Health Network "Women with Heart" Public Education series, entitled "Women's Preferences for Cardiac Rehab", February 21, 2013

### Television

1. Global news. "HOW TO IMPROVE HEART HEALTH" November 5, 2012.  
<https://www.youtube.com/watch?v=INtGOdj9JLE>
2. CP24 Toronto. "HEART-HEALTHY LIFESTYLES ACROSS THE LIFESPAN" JUNE 16, 2014  
<https://review.bellmedia.ca/view/848909173>
3. Breakfast Television. "KEEPING YOUR HEART STRONG AND HEALTHY!" February 1, 2017.  
<http://www.bttoronto.ca/videos/keeping-your-heart-strong-and-healthy/>
4. CTV Your Morning. "A BROKEN HEART IS A REAL MEDICAL CONDITION". July 5, 2017  
<http://www.ctv.ca/YourMorning/Video/A-broken-heart-is-a-real-medical-condition-vid1160794>
5. CTV News Kitchener, Edmonton, Toronto and Calgary. "CARDIAC REHAB — MORE IS BETTER, BUT HOW MUCH IS ENOUGH?" November 16-19, 2017.  
<http://kitchener.ctvnews.ca/video?clipId=1255251&binId=1.1807092&playlistPageNum=1>
6. The Agenda with Steve Paikin. "CARING FOR A WOMAN'S HEART". April 11, 2018.  
<https://tvo.org/video/programs/the-agenda-with-steve-paikin/caring-for-a-womans-heart>

### Print

1. Toronto Star. "FEMALE HEART ATTACK VICTIMS LESS LIKELY TO BE REHABILITATED". May 3, 2002.
2. Globe and Mail. Women's health: A special interest supplement. "HOW ONE PROGRAM SPREAD THE WORD ACROSS CANADA". September 23, 2002. W3.
3. Toronto Star. "STUDY FINDS MDS IGNORED SARS SYMPTOMS TO WORK". September 9, 2005.
4. National Post. "DOCS WORRIED ABOUT SICK PATIENTS AND LOST INCOME IN SARS; SOME CAME TO WORK SICK". September 9, 2005.  
<http://www.canada.com/search/story.html?id=3769a674-5e3d-4d9a-9ee2-0cbd82c1645b>
5. Today's Parent. "BLESS YOUR HEART: THE LATEST NEWS ON HOW TO KEEP YOUR TICKER HEALTHY". November 2006. 49-50.  
[http://www.todaysparent.com/lifeasparent/yourhealth/article.jsp?content=20061002\\_154052\\_3460&page=1](http://www.todaysparent.com/lifeasparent/yourhealth/article.jsp?content=20061002_154052_3460&page=1)
6. Globe and Mail. "SEND MORE PATIENTS FOR CARDIAC REHAB, DOCTORS URGED". February 14, 2011. <http://www.theglobeandmail.com/life/health/andre-picard/send-more-patients-for-cardiac-rehab-doctors-urged/article1906854/>
7. Canadian Press. "REFER HEART PATIENTS FOR CARDIAC REHAB BEFORE THEY LEAVE HOSPITAL, STUDY URGES". February 14, 2011. [http://www.winnipegfreepress.com/arts-and-life/life/home\\_family/refer-heart-patients-for-cardiac-rehab-before-they-leave-hospital-study-urges-116188254.html](http://www.winnipegfreepress.com/arts-and-life/life/home_family/refer-heart-patients-for-cardiac-rehab-before-they-leave-hospital-study-urges-116188254.html)
8. Times of India. "FEMALES-ONLY CARDIAC REHAB HELPS TO REDUCE ANXIETY, DEPRESSION". February 4, 2016. <http://timesofindia.indiatimes.com/life-style/health-fitness/health-news/Females-only-cardiac-rehab-helps-reduce-anxiety-depression/articleshow/50852804.cms>
9. Vancouver Sun. "FEWER WOMEN THAN MEN FINISH REHAB AFTER HEART ATTACK, STUDY FINDS" April 26, 2017. <http://vancouversun.com/news/local-news/fewer-women-than-men-finish-rehab-after-heart-attack-study-finds>
10. Globe and Mail. "STUDY SHOWS WOMEN LESS LIKELY THAN MEN TO PARTICIPATE IN CARDIAC REHAB." April 27, 2016. <http://www.theglobeandmail.com/life/health-and-fitness/health/study-shows-women-less-likely-than-men-to-participate-in-cardiac-rehab/article29772309/>
11. Canadian Living. "HEART TO HEART". March, 2018.
12. Toronto Star. "THE HEART CAN ACTUALLY BREAK FROM EMOTIONAL STRESS". April 30, 2018.  
<https://www.thestar.com/life/2018/04/30/the-heart-can-actually-break-from-emotional-stress.html>

Radio

1. KCSN Radio California. "LOW REFERRAL RATES, LOW INCOME KEEP WOMEN OUT OF CARDIAC REHAB PROGRAMS". May 8, 2002.
2. Radio Canada International, Indo-Canadian Report. "SOCIAL AND FAMILY SUPPORT LACKING FOR HEART PATIENTS". October 26, 2007.
3. Doctor Radio, Sirius XM. "REFERRAL TO CARDIAC REHAB -IT SAVES LIVES." April 11, 2011. <http://www.siriusxm.com/doctorradio>
4. Doctor Radio, Sirius XM. "HEALTH DISPARITIES IN CARDIAC REHABILITATION." October 20, 2011. <http://www.siriusxm.com/doctorradio>
5. Classical 96.3 Toronto & Zoomer Radio AM740 Toronto. "MAJOR GAP IN CONTINUITY OF PATIENT CARE AFTER REHABILITATION, STUDY FINDS". January 9, 2013.
6. Newstalk 1010 CFRB Toronto. "CARDIAC REHAB — MORE IS BETTER, BUT HOW MUCH IS ENOUGH?" November 16-19, 2017.
7. CBC Metro Morning. "HOW WOMEN ARE TREATED DIFFERENTLY FOR HEART HEALTH IN TORONTO" February 1, 2018. <http://www.cbc.ca/news/canada/toronto/programs/metromorning/how-women-are-treated-differently-for-heart-health-in-toronto-1.4513819?autoplay=true>
8. CBC Radio Ontario Morning –Part 3. "WOMEN'S HEART HEALTH". February 1, 2018. <http://www.cbc.ca/listen/shows/ontario-morning-from-cbc-radio/episode/15517438>
  - Did 14 interviews – syndicated across Canada (Halifax, Thunder Bay, Sudbury, Saintn John, Kitchener, Fredericton, Labrador, Yellowknife, Saskatoon, Prince George, Kamloops)
9. CBC Radio Canada International. "WOMEN DYING OF HEART DISEASE UNNECESSARILY" February 1, 2018. <http://www.rcinet.ca/en/2018/02/01/heart-attack-different-female-diagnosis-treatment-risk/>
10. 640 Toronto Radio. "HEART & STROKE 2018 HEART REPORT HIGHLIGHTS IMMEDIATE NEED TO FOCUS ON WOMEN'S HEART HEALTH". February 1, 2018. <https://omny.fm/shows/tasha-kheiriddin/heart-stroke-2018-heart-report-highlights-immediat>
11. CKLW Windsor. "WOMEN'S HEART HEALTH". February 1, 2018.
12. Zoomer Radio. "WOMEN'S HEART HEALTH". February 11, 2018. <http://www.zoomerradio.ca/show/zoomer-week-in-review/podcast-zoomer-week-in-review/zoomer-week-review-podcast-february-11th/>

Web (Selection)

1. News release from the Center for the Advancement of Health, "LOW REFERRAL RATES, LOW INCOME KEEP WOMEN OUT OF CARDIAC REHAB PROGRAMS". May 3, 2002.
2. Heart and Stroke Foundation website. "WOMEN NOT GETTING THE MESSAGE ABOUT CARDIAC REHAB." <http://ww2.heartandstroke.ca/Page.asp?PageID=33&ArticleID=2233&Src=heart&From=SubCategory>
3. Nursing Spectrum. "STUDY FINDS WHAT KEEPS WOMEN OUT OF CARDIAC REHAB PROGRAMS". July 2002. <http://community.nursingspectrum.com/MagazineArticles/article.cfm?AID=7269>
4. Ontario Women's Health Network E-Bulletin. "CARDIAC REHABILITATION: NOT JUST A MAN'S WORLD." August 29, 2002. <http://www.owhn.on.ca>
5. Senior Health Week. "MEN FAR MORE LIKELY TO GET CARDIAC REHABILITATION FOLLOWING HEART ATTACK." August 26, 2003. <http://www.seniorhealthweek.org/NewsStories/cardiac-story-a18.htm>

6. Patient Health International. "CANADIAN STUDY FINDS WOMEN LESS LIKELY TO RECEIVE HEART ATTACK DRUGS". December 2003.  
[http://www.patienthealthinternational.com/conditionarchive/cond25\\_item1069.aspx](http://www.patienthealthinternational.com/conditionarchive/cond25_item1069.aspx)
7. Center for the Advancement of Health: Health Behavior in the News. "WOMEN LESS LIKELY TO GET LIFE-SAVING DRUG DURING HEART ATTACK." DECEMBER 10, 2003.  
<http://www.cfah.org/hbns/news/attack12-10-03.cfm>
8. Ontario Women's Health Council. "CARDIAC CARE AND WOMEN'S HEALTH IN ONTARIO HOSPITALS: A QUALITY IMPROVEMENT STORY". April 2004.  
[http://www.womenshealthcouncil.on.ca/userfiles/page\\_attachments/OWHC\\_Summary\\_Report\\_English.pdf](http://www.womenshealthcouncil.on.ca/userfiles/page_attachments/OWHC_Summary_Report_English.pdf)
9. University Health Network Net Results Express. "ANXIETY UNDER-TREATED IN HEART PATIENTS" December 2004.  
<http://www.uhnres.utoronto.ca./news/NRX/NRxDec2004.html>
10. Health Behavior News Service. "TORONTO PHYSICIANS REVEAL FEARS WHILE COPING WITH SARS OUTBREAK". September 2005.  
<http://www.cfah.org/hbns/getDocument.cfm?documentID=1115>
11. Infection Control Today. "TORONTO PHYSICIANS REVEAL FEARS WHILE COPING WITH SARS OUTBREAK". September 2005.  
<http://www.infectioncontrolday.com/hotnews/59h1820294054.html#>
12. News-Medical.net "STUDY OF 2003 OUTBREAK OF SARS REVEALS FEARS." September 2005.  
<http://www.news-medical.net/?id=12861>
13. myDNA.com News Centre. "HOW SARS FEARS AFFECTED HEALTHCARE PROVIDERS." September 2005.  
[http://www.mydna.com/resources/news/200509/news\\_20050901\\_tordoc.html](http://www.mydna.com/resources/news/200509/news_20050901_tordoc.html)
14. ABC News. "STUDY: SARS CARE TOOK TOLL ON HEALTH WORKERS". September 2005.  
<http://abcnews.go.com/Health/Healthology/story?id=1112567>
15. Reuters. "PAST DEPRESSION MAY HELP HEART ATTACK RECOVERY". November 29, 2005.  
[http://today.reuters.com/news/newsArticle.aspx?type=healthNews&storyID=2005-11-29T234350Z\\_01\\_ARM985400\\_RTRUKOC\\_0\\_US-DEPRESSION-HEART-ATTACK.xml&archived=False](http://today.reuters.com/news/newsArticle.aspx?type=healthNews&storyID=2005-11-29T234350Z_01_ARM985400_RTRUKOC_0_US-DEPRESSION-HEART-ATTACK.xml&archived=False)
16. Medscape. "PAST DEPRESSION MAY HELP PATIENTS DEAL WITH BEING HOSPITALIZED FOR CARDIAC EVENTS". December, 2005. <http://www.medscape.com/viewarticle/518065>
17. Sydney Morning Herald. "HEARTY DEPRESSION." December 1, 2005.  
<http://smh.com.au/news/depression/hearty-depression/2005/11/30/1133311101583.html>
18. Canadian Cardiovascular Society. WAIT TIME ALLIANCE 2010 REPORT CARD RELEASED. June 17, 2010. [http://www.ccs.ca/advocacy/WTA/CMA\\_WTAI\\_CR-wait-time\\_data\\_available.pdf](http://www.ccs.ca/advocacy/WTA/CMA_WTAI_CR-wait-time_data_available.pdf)
19. Biomed Middle East. "HEALTHCARE PRACTITIONERS CAN INCREASE REFERRALS TO CARDIAC REHABILITATION PROGRAMS BY 40%." [http://biomedme.com/general/healthcare-practitioners-can-increase-referrals-to-cardiac-rehabilitation-programs-by-40\\_34268.html](http://biomedme.com/general/healthcare-practitioners-can-increase-referrals-to-cardiac-rehabilitation-programs-by-40_34268.html)  
February 15, 2011.
20. Becel Centre for Heart Health eNewsletter. "CARDIAC REHABILITATION SAVES WOMEN'S LIVES, BUT LACK OF REFERRALS AND OTHER ISSUES POSE BARRIERS". [www.loveyourheart.ca](http://www.loveyourheart.ca).  
September 1, 2011.
21. University Herald. "LACK OF REHAB FACILITIES HURT CARDIAC PATIENTS".  
<http://www.universityherald.com/articles/10415/20140715/lack-of-rehab-facilities-hurt-cardiac-patients.htm>. July 15, 2014.
22. Canadian Cardiovascular Society. "FIELD-TESTING WORKS FOR TWO KEY QUALITY INDICATORS IN CARDIAC REHABILITATION." <http://bridge.ccs.ca/index.php/en/component/content/article/31->

- [ddqi-en/ddqi-news-en/110-field-testing-works-for-two-key-quality-indicators-in-cardiac-rehabilitation](#). August 1, 2014.
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## MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

- American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR)
- Canadian Association of Cardiovascular Prevention and Rehabilitation (CACPR)
- Canadian Cardiovascular Society (CCS)
- European Association of Preventive Cardiology (EAPC/ESC)

## BIOGRAPHICAL SKETCH

Sherry L. Grace, PhD, FCCS holds her primary appointment as Full Professor in the Faculty of Health at York University. She is also appointed at the University Health Network, University of Toronto, as Sr. Scientist with Toronto Rehabilitation Institute's Cardiovascular Rehabilitation & Prevention Program, and is a member of the Peter Munk Cardiac Centre.

Prof. Grace's research centers on optimizing post-acute cardiovascular care globally, as well as cardiac psychology. She has published over 200 papers, and authored clinical practice guidelines. She led the development of the pan-Canadian quality indicators for cardiac rehabilitation, as well as national policy positions on systematic referral and utilization interventions.

Prof. Grace has earned awards from the American and Canadian Associations of Cardiovascular Rehabilitation, among other societies. Finally, she was instrumental in the development of the International Council on Cardiovascular Prevention and Rehabilitation, serving on the Executive Board since inception.

## LAY RESEARCH SUMMARY

Heart disease is among the leading causes of disability globally. It is recommended that heart patients attend cardiac rehabilitation (CR). This is an outpatient chronic disease management program, promoting heart-health behaviour changes such as exercise, diet and smoking cessation, as well as risk factor management and psychosocial well-being. Participation in CR results in improved quality of life, less re-hospitalization and 25% less death, compared to patients who do not participate.

Unfortunately, research demonstrates that only ~30% of patients have access to CR, and this is even lower in women and ethnocultural minorities, among other groups. Rates are even lower in low- and middle-income countries, where there the epidemic of heart disease is at its' worst. There are a combination of factors relating to patients (e.g., transportation barriers, work and family obligations), physicians (e.g., failure to refer), and the health care system itself (e.g., lack of programs, insufficient resources) that lead to this low CR use. Accordingly, the objective of

Professor SL Grace's program of research is to address these barriers to CR participation, so we can reach and treat all heart patients.

This has involved, for example, establishing that systematically referring all heart patients to CR in the hospital before they go home, results in 8 times more patients accessing CR. This research formed the basis of a national policy position on CR referral. Another line of study involved the development of a scale to measure CR barriers; this scale is now being used around the world (translated to 8 languages) to identify patient's barriers, which can then be mitigated to achieve greater CR use.

Finally, Professor Grace's work has also been instrumental in understanding the delivery of CR provincially, nationally and globally, and the impact of this delivery on patient health. For example, she has shown that only half of countries globally even offer CR, and that CR as delivered in low and middle-income countries also results in improved outcomes for patients. Through her service to major cardiac societies from a national to international level, she works to ensure gaps in CR care are recognized and addressed.

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